

# Asbury Park Kids' Races

Saturday, August 11, 2018 approx. 9:45 am start  
to benefit local charities

- For Kids Ages 1 - 14
- Distances from 50 Yards
- Running, Refreshments, FUN!!!
- Medals to All Finishers.
- Kids' Races Follow Asbury Sheehan Classic 5K,  
4th Event in **Jersey Shore Grand Prix**
- Sunset and Ocean Avenues, Asbury Park

AGE	DISTANCE
up to 4	50 yards
5 & 6	100 yards
7 & 8	200 yards
9 & 10	440 yards
11-14	one half mile

First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Age (on race day): \_\_\_\_\_ Male: \_\_\_\_\_ Female \_\_\_\_\_

Email address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Shirt Size (circle ONE - no exceptions): Youth Sizes: S M L

## Kid's Race Entry Fee:

Pre-entry (thru Aug. 1): \$5.00

Race day: \$10.00

Entry Fee: \$ \_\_\_\_\_ TOTAL



Make check payable to: AP5K Kids' Races, P.O. Box 46, Long Branch, NJ, 07740

VISIT US ONLINE AT [www.asburypark5k.org](http://www.asburypark5k.org)

or email: [info@asburypark5k.org](mailto:info@asburypark5k.org)

I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I agree to abide by any race official relative to my ability to safely complete the run. I assume all risks associated with running this event including but not limited to falls, contact with other participants, the effect of the weather, including low or high temperatures and/or humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, myself and anyone entitled to act on my behalf waive and release the Jersey Shore Grand Prix, Jersey Shore Running Club, the Road Runners Club of America, the Asbury Park 5K, its officers, members and race volunteers, the City of Asbury Park and its Departments and employees, and all sponsors, their representatives, employees and successors from any and all claims and liabilities of any kind arising out of my participation in this event or carelessness of the persons named in this waiver. Further, I grant to all of the foregoing to use any photographs, motion pictures, recordings or any other record of event for legitimate purposes. I understand this event will be held rain or shine - no refunds will be issued.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

In case of emergency notify: \_\_\_\_\_ Phone: \_\_\_\_\_