



CORPORATE CHALLENGE

PRESENTED BY:  Elevance Health

INDIANA SPORTS CORP CORPORATE CHALLENGE EVENT RULES – TEAM OBSTACLE RELAY

- Each company may enter one (1) team of four (4) employees. Each team must include two (2) male/non-binary participants and two (2) female/non-binary participants.
- Participants CANNOT wear cleats during this event.
- All four (4) team members must complete the course requirements as a team before the final time is recorded.
- The first runner will complete the Inflatable Boot Camp Obstacle course, then tag the second runner
- The second runner will navigate through six (6) tires, then attempt six (6) softball throws—two (2) attempts at each bin—from distances of 5 ft, 10 ft, and 15 ft. Failure to successfully land at least one (1) softball in any bin will result in a penalty of five (5) burpees. Upon completing the throwing station, the runner will sprint approximately 25 ft and tag the third member of the team.
- Team member three (3) and four (4) will complete the same course as team members one (1) and two (2), respectively.
- Once team member four (4) completes their portion of the course, the entire team will complete the Corporate Challenge puzzle, followed by one (1) tire flip.
- Scoring and determination of finish place will be based on final time for the relay team.
- Ten (10) second penalties will be assessed for each obstacle that is not successfully completed or if a team member takes off before the previous participant tags their hand.

Boot Camp Obstacle Course Flow:

- **Tunnel Crawl:** Participants begin by crawling through an enclosed tunnel that opens into a larger challenge area.
- **Laser Field:** Participants continue on their hands and knees through a maze of stretched red cables, staying low while moving efficiently through the obstacle.
- **A-Frame Rope Crossing:** Participants climb onto a large inflatable A-frame tower and use the suspended ropes to swing across the pit. If a participant slips, the inflatable landing area provides a safe reset point.
- **Climbing Wall and Slide Finish:** The final obstacle is a climbing wall that rises to nearly 20 feet at its peak. Participants climb to the top, slide down, and exit the Boot Camp Challenge.

(All obstacles are subject to change.)