



CORPORATE CHALLENGE

PRESENTED BY Elevance Health



ARE YOU READY?

The Indiana Sports Corp Corporate Challenge presented by Elevance Health is just a few weeks away, and we're excited to host your team at this year's event on Friday, June 26 and Saturday, June 27. To help you prepare for this year's competition, we encourage you to check out the [participant page](#) for rules and details on all the events.

Training to prepare for the competition? Show us what you've been up to by posting a photo on social media using #CorporateChallenge and by tagging Indiana Sports Corp on Instagram, Facebook, X, or LinkedIn.

FRIENDS & FAMILY REGISTRATION

Did you know Corporate Challenge has participation events the whole family can enjoy? While they can't earn points for your team, you can have your family join you at Corporate Challenge in the following events:

- 3K Fitness Walk (strollers are welcome)
- 5K Run/Walk*
- 10K Run/Walk*

**\$10 fee if family members would like a timing chip – [click here](#) to register*

Yoga, Zumba, and Total Body Fitness classes are held every hour:

- Friday at 9:30, 10:30, 11:30, and 12:30
- Saturday at 8:00, 9:00, 10:00, and 11:00

Family members should not register as participants on your team. Instead, all family members must sign the [friends and family waiver](#) and receive a wristband onsite at a waiver station.

MOVEMENT CHALLENGE

Starting Monday, June 15 at 8 AM all Corporate Challenge participants can compete in a virtual Movement Challenge that will run until 11:59 PM on June 25. Participants **do not need to register** for the Movement Challenge separately. Employees will manually log miles ran, walked, hiked, or jogged by inputting them on Runsignup.com. For step-by-step instructions on how to enter your miles, [click here](#).

[This conversion chart](#) should be used to convert non step-based activities such as cycling or yoga to Movement Challenge miles. 300 points will be awarded for teams that hit various milestones based on division. Participants who pass individual milestones will be entered into a drawing to win prizes at the conclusion of the Challenge. The [Movement Challenge Calculator](#) can be used to convert exercise into steps.

Milestones that must be reached to earn points for your team are as follows:

- Division 1 - 500 miles
- Division 2 - 1,000 miles
- Division 3 - 1,500 miles
- Division 4 - 2,000 miles

Participants do not need to re-register to compete in the Movement Challenge and can log miles each day during the competition.

HEALTH & WELLNESS WEBINARS

PRESENTED BY
 Franciscan HEALTH

Indiana Sports Corp is proud to partner with Franciscan Health as our Health & Wellness event partner. All Corporate Challenge participants can earn points by attending the three (3) Franciscan Health & Wellness Webinars starting on Thursday, May 28 at 12 PM.

In addition to the Virtual Health & Wellness Webinars, we will also offer virtual yoga classes starting Tuesday, May 26 at 12 PM. Earn team points while improving your physical and mental health by attending the Virtual Corporate Challenge events below!

May 26

Virtual Yoga Class – 12 PM

Hosted by Purvi Lippincott

[Past Webinar Recording](#)

May 28

Health & Wellness Webinar – 12 PM

Presented by Franciscan Health

Topic: [Workplace Wellness](#)

[Past Webinar Recording](#)

June 2

Virtual Yoga Class – 12 PM

Hosted by Purvi Lippincott

[Register Here](#)

June 4

Health & Wellness Webinar – 12 PM

Presented by Franciscan Health

Topic: Ageless Athlete

[Register Here](#)

June 9

Virtual Yoga Class – 12 PM

Hosted by Purvi Lippincott

[Register Here](#)

June 11

Health & Wellness Webinar – 12 PM

Presented by Franciscan Health

Topic: Workplace Nutrition

[Register Here](#)

TEXTING INFO: CORPORATE CHALLENGE

Stay informed during Corporate Challenge with text updates on parking, weather, and important event information throughout the event delivered directly to your phone.

Participating on Friday? Text CCFRI to 62804.

Participating on Saturday? Text CCSAT to 62804.

DONATE TO EARN POINTS

Check out [this flyer](#) for details on how your team can score points while saving Hoosier lives through blood donation. Can't make an event drive? No problem! Stop in at any of Versiti's four locations in the Central Indiana area. Points will still be counted towards your team total.

If you're interested in hosting a drive at your company, contact your Versiti representative to schedule your drive(s). If you do not have a Versiti representative, contact Joe McGrath (jmcgrath@versiti.org, 317.371.6307).

WHAT YOU NEED TO KNOW

The [Corporate Challenge page](#) has everything you need to know about this year's event. This is where you can find details on every aspect of the Challenge including the rules

of all the individual competitions, an event map, and information on the post-event picnic and concert.

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