



SUN CAPITAL
PARTNERS, INC.

presents



in benefit of



Spanish River Park, Boca Raton
November 24th
6:40am

Orangetheory® FITNESS
Half Marathon & 5k

PRESORT STANDARD
US POSTAGE
PAID
BOCA RATON, FL
PERMIT NO. 1767



3195 N. Federal Hwy
Boca Raton, FL 33431

RACE ENTRY FORM

Checks payable to:
Boca Raton PAL
3195 N. Federal Hwy
Boca Raton, FL 33431

WAVER OF LIABILITY - READ CAREFULLY: I know that running/walking a road is a potentially hazardous activity. I should not enter and walk/run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely compete the Run/Walk. I assume all risks associated with running/walking in this event including but not limited to falls, contact with other participants, the effect of the weather, traffic and the conditions of the road, all risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration for your accepting my entry, I for myself, and any entitled to act on my behalf, waive, release and hold harmless the Runners Edge Foundation, City of Boca Raton, Runner's Edge, Boca Raton PAL, all sponsors, their representatives, and their affiliates from any and all claims or liabilities of any kind arising out of my participation in the event. I grant permission to use any photographs, recordings or record of this event for any legitimate commercial purpose.

Half Marathon

START TIME

November 24, 2018 at 6:40am

AWARDS

Top M/F co-ed teams
Top 3 M/F overall / Top Master / 3 deep in 5-year
age groups: 14 & under, 15-19, 20-24...70+ /
Top M/F Law Enforcement.

COST

\$50 until 11/17 / \$60 after 11/17 and race day /
\$30 under 21-years old

PLUS...

Eleven hydration stations / Free GU on course /
Long sleeve tee to all participants / 3 hour time limit
(13:30 pace). You must run under 13 min pace for
first 7 miles to guarantee bridge will remain closed /
New – two-person relay division (approx. 6.5 miles
each leg) / Co-ed Teams

5K Run/Walk

START TIME

November 24, 2018 at 6:45am

AWARDS

Top 3 M/F overall / Top Master / 3 deep in 5-year
age groups: 10 and under, 11-14, 15-19, 20-24...70+ /
Top M/F Law Enforcement.

COST

\$20 for 17 & under / \$30 Pre-Register until 11/17 /
\$35 after 11/17 and race day

PLUS...

Short sleeve tee to all participants

Race Location

Spanish River Park, Boca Raton, FL 33431
2.5 miles north of Palmetto Park Rd on A1A
Free Parking

Join local South Florida Law Enforcement Officers to help raise funds for Boca PAL.

Call Runner's Edge at **561-361-1950** or email at
runedgetom@gmail.com for more information.

Visit **www.runnersedgeboca.com** for a course map
and registration.

Packet Pick-Up

November 16 – November 23 (until noon) at
Runner's Edge or race morning from 5:30am – 6:30am

Race Participants Receive:

- Proceeds to benefit PAL
- Beautiful Finisher Medals for both races
- Breakfast from FitFoodz Cafe and Sunset Rotary Club!
- Pacing Groups: 2:00 (9:10), 2:15 (10:18), 2:30 (11:27)
- Fast & Flat Certified Course
- Bonus: Half-Dozen Krispy Kreme Donuts to all Half Marathon and 5K Finishers.
- \$5 Five Guys gift cards to age group winners
- Packages at Boca Raton Resort and Club. Call 888-543-1277 and ask for Promo Code P12

Orangetheory® makes it simple to get more life from your workout. One of the world's fastest growing franchise companies, Orangetheory has developed a unique approach to fitness that blends a unique trifecta of science, coaching and technology that work together seamlessly to elevate participants' heart rates to help burn more calories. In a 60-minute class, led by a highly trained and certified coach, members target at least twelve minutes in the Orange Zone to raise their heart rate and charge up metabolism. The result is an increase in calorie burn post-workout, backed by the science of excess post-exercise oxygen consumption (EPOC). After twelve minutes of hard work in the Orange Zone, your body burns additional calories as you recover over the next 36 hours. Try us today!

Sun Capital Partners, Inc. is a global private equity firm focused on identifying companies' untapped potential and leveraging its deep operational and financial resources to transform results. Sun Capital is a trusted partner that is recognized for its investment and operational experience, including particular expertise in the consumer products and services, food and beverage, industrial, packaging, chemicals, building products, automotive, restaurant and retail sectors. Since 1995, Sun Capital has invested in more than 360 companies worldwide with revenues of approximately \$50 billion across a broad range of industries and transaction structures. Sun Capital has offices in Boca Raton, Los Angeles and New York and affiliates in London and Shenzhen.

The Boca Raton Police Athletic League (PAL) Chapter

is a non-profit 501-c3 organization for youth between the ages of 9-18 founded in 1991.

The mission of Boca PAL is to assist youth who are at risk of academic failure, substance abuse or criminal activity by providing safe places for them to go during non-school hours with structured recreational activities including boxing, tennis, dance, basketball, tutoring and other educational activities. Boca Raton Police Officers act as role models to city youth and assist with sports, leadership, and educational programs. Law enforcement officers supervise all activities and act as mentors and role models for children along with volunteer coaches from our community.

Thank you to our Sponsors

