



#REV3BIKE #ITSAFAMILYTHING



SIX Pillars CENTURY  
MAY 6, 2023

ATHLETE GUIDE

37  
MILE

57  
MILE

100  
MILE



SIX PILLARS CENTURY  
CAMBRIDGE, MARYLAND  
MAY 6, 2023



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**SIX PILLARS CENTURY**  
CAMBRIDGE, MARYLAND  
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## **WELCOME to Six Pillars Century!**

Welcome to the 2023 Six Pillars Century Bike Ride. We are happy to host you in the city of Cambridge and in Dorchester County.





# SIX Pillars CENTURY

CAMBRIDGE, MARYLAND  
MAY 6, 2023

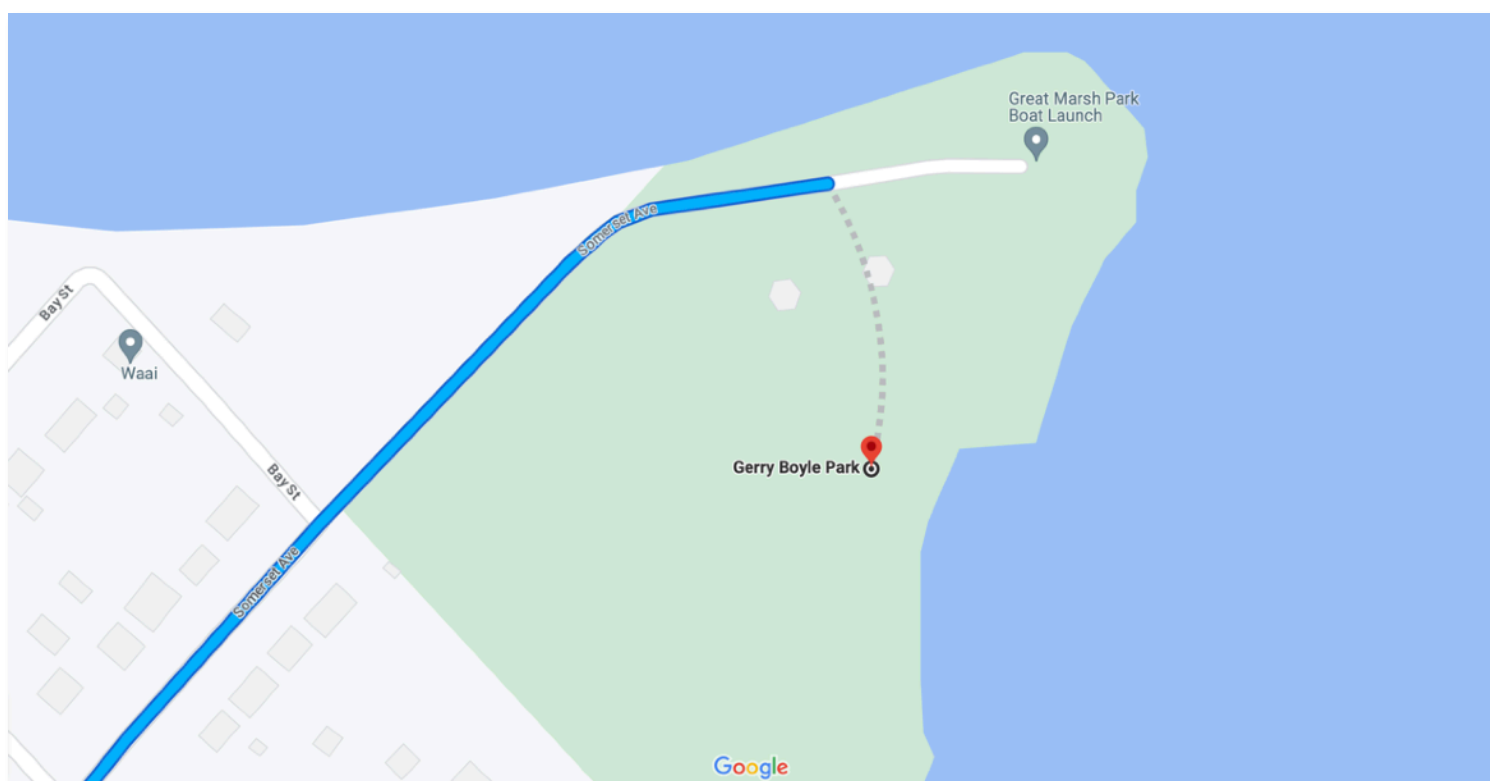


## PACKET PICKUP

Weather permitting, we will have a packet pickup on Friday, May 5th, 2023, from 5pm to 7pm, at Gerry Boyle Park at Great Marsh. The address for this park can be found by searching for 1 Somerset Avenue, Cambridge, MD 21613. This is also the official START and FINISH point for the ride.

On the morning of the ride, we will be at Gerry Boyle Park at Great Marsh and ready to disperse packets by 6am. Please understand that there is a process to the bags and we need to get them out and sorted, so please be sure to not ask until 6am. Sunrise is shortly after that, for all you early risers.

### Directions









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## **RIDE MORNING**

### **RULES OF THE ROAD:**

1. ALL RIDERS MUST WEAR A HELMET!!
2. ALL RIDERS MUST FOLLOW ALL VEHICLE TRAFFIC LAWS (IN MARYLAND, YOU ARE THE VEHICLE).
3. WHEN POSSIBLE, STAY TO THE SHOULDER.
4. HAVE FUN, BUT BE AWARE OF YOUR SURROUNDINGS! THIS IS AN OPEN COURSE WITH VEHICLE TRAFFIC.

### **SUGGESTED START TIMES:**

**7 am** Century (100 Mile)

**8 am** 56 Mile

**9 am** 37 Mile

The official Century start time is 7am. We ask that the Century riders start earlier than all others because there is an 8 hour limit on the Century ride. This means that after 8 hours, the course will be swept and aid stations will be broken down, based on that time frame. The course WILL be secured, as will the park, at 3pm.

We have based all of our aid station times, based on the above listed times. If you happen to leave BEFORE your time (for some of you early risers), we cannot guarantee that the aid stations will be up and stocked for you.



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## STARTING THE DAY:

We suggest that you bring full water bottles, F2C, and some snacks. Everything that we will be having will be sealed at the aide stations. THERE ARE NO BOTTLE FILLS AT GERRY BOYLE PARK. START WITH A FULL BIKE.

We would LOVE to see everyone come down to Gerry Boyle Park to start with us, but sometimes show-and-go rides start from wherever you are, and we understand that. Please ride down and see us, at some point, and let us know you are there, and that you are back. We will have drivers out on course, in case you need help, and will send out a SAG phone number later, in case you need help.

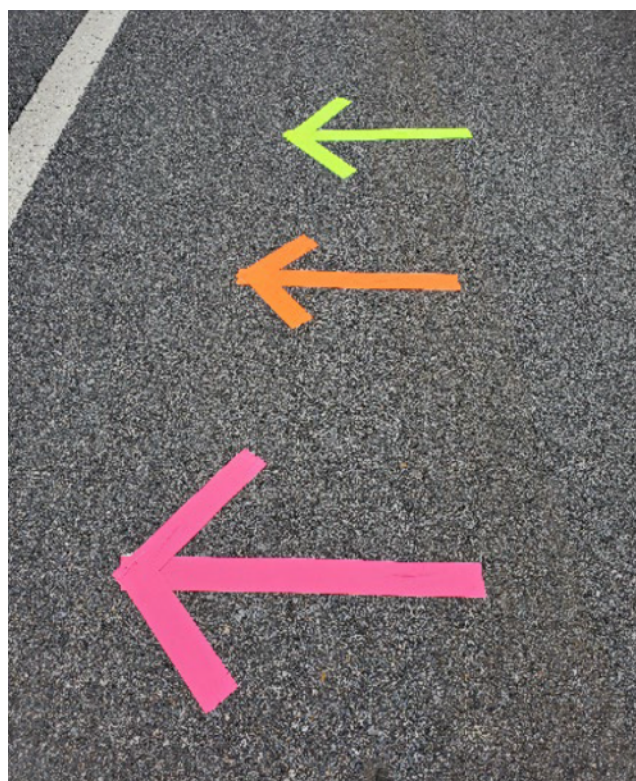
## COURSES

We are going to limit paper maps from our side, so please, if you want a paper cue sheet, print out and bring a cue sheet with you from the RideWithGPS site. Links are in each course.

All of the courses are listed on RideWithGPS and have been linked on the website:

[www.6PillarsCentury.org](http://www.6PillarsCentury.org).

All of the courses have also been tape arrowed with YELLOW designating the 100 mile ride, ORANGE designating the 56 mile ride, and PINK designating the 37 mile ride.





As a course diverges from the others, there will be an arrow showing the diversion, and the route. So the left turn on to Key Wallace from Route 16 that ONLY the 37 mile riders take, has a 37 with the Left Turn arrow.

If you download the RideWithGPS app, we have verified that it is accurate, and will get you where you need to go. RideWithGPS will give you turn by turn instructions.







# SIX PILLARS CENTURY

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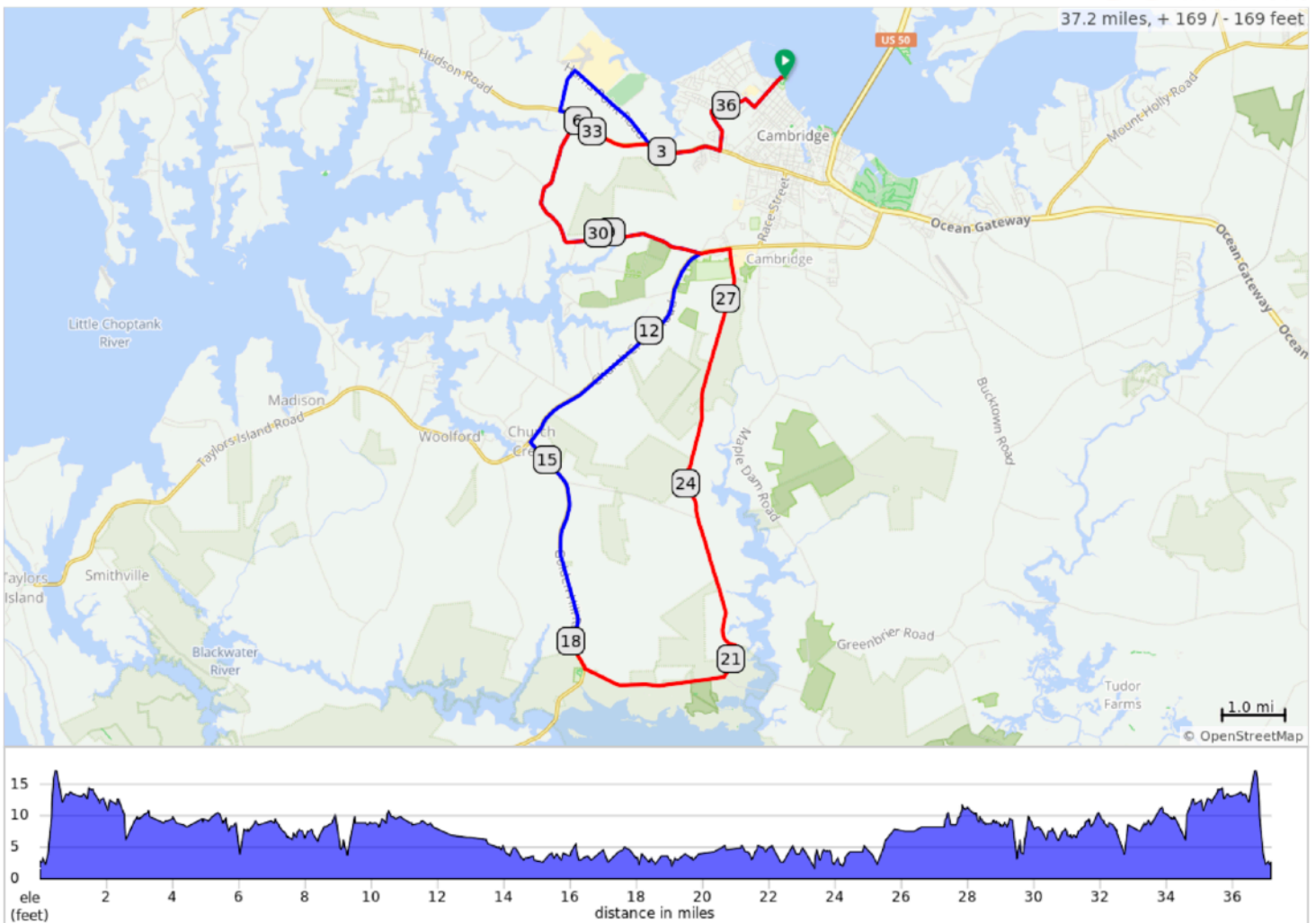


## 37 MILE (PINK)

<https://ridewithgps.com/routes/39196827>

This course will be marked with PINK arrows, and your bib will be PINK.

### Six Pillars 37 Mile 2022 (Pink)



## Six Pillars 37 Mile 2022 (Pink)

Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0	📍	Start of route	0.7
2.	0.7	0.7	➡	R onto Glasgow Street	0.2
3.	0.9	0.2	⬅	L onto Jenkins Creek Road	0.6
4.	1.4	0.6	⬅	L onto West Side Bypass	0.7
5.	2.1	0.7	➡	R onto Hudson Rd	1.2
6.	3.3	1.2	↗	Keep R onto Horns Point Road	1.7

3.3 miles. +24/-16 feet

Num	Dist	Prev	Type	Note	Next
7.	4.9	1.7	⬅	L onto Lovers Lane	0.7
8.	5.6	0.7	⬅	L onto Hudson Rd	0.4
9.	6.0	0.4	➡	R onto Town Point Road	1.8
10.	7.8	1.8	↑	Continue onto Dailsville Road	2.7
11.	10.5	2.7	↘	Sharp R onto Church Creek Rd	3.6

7.2 miles. +22/-23 feet

Num	Dist	Prev	Type	Note	Next
12.	14.0	3.6	⚡	REST STOP: Trustworthy Rest Stop at Park on Right Open 7:00 AM - 10:00 AM	0.5
13.	14.6	0.5	⬅	L onto Golden Hill Road, MD 335	0.0
14.	14.6	0.0	↑	Continue onto Golden Hill Road, MD 335	3.9

4.1 miles. +1/-2 feet

Num	Dist	Prev	Type	Note	Next
15.	18.5	3.9	⬅	L onto Key Wallace Drive	2.3
16.	20.7	2.3	⬅	L onto Egypt Road	6.7
17.	27.4	6.7	⚡	REST STOP: Fairness Open 8:00 AM - 2:00 PM	0.5
18.	27.8	0.5	⬅	L onto Church Creek Rd	0.5
19.	28.3	0.5	↗	Slight R onto Dailsville Rd	2.7

13.7 miles. +31/-24 feet

Num	Dist	Prev	Type	Note	Next
20.	31.0	2.7	↑	Continue straight onto Town Point Rd	1.8
21.	32.7	1.8	→	R onto Hudson Rd	2.3
22.	35.1	2.3	←	L onto West Side Bypass	0.7
23.	35.7	0.7	→	R onto Jenkins Creek Road	0.6
24.	36.3	0.6	→	R onto Glasgow Street	0.2

8.0 miles. +25/-19 feet

Num	Dist	Prev	Type	Note	Next
25.	36.5	0.2	←	L onto Somerset Avenue	0.7
26.	37.2	0.7	📍	End of route	0.0

0.9 miles. +4/-14 feet



# SIX PILLARS CENTURY

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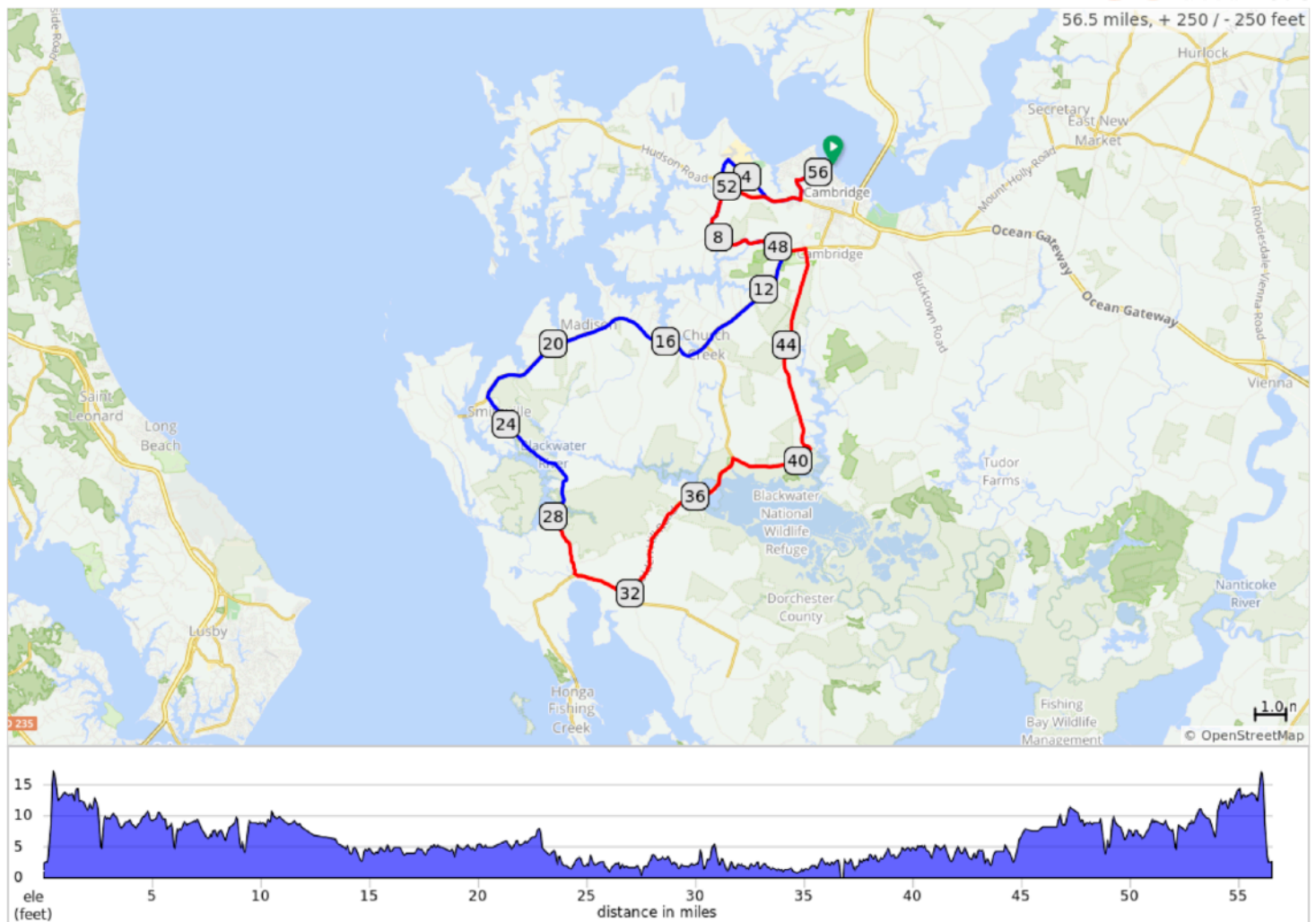


## 56 MILE (ORANGE)

<https://ridewithgps.com/routes/39196823>

This course will be marked with ORANGE arrows, and your bib will be ORANGE.

### Six Pillars - 56 Mile 2022 (Orange)





## Six Pillars - 56 Mile 2022 (Orange)

Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0	📍	Start of route	0.7
2.	0.7	0.7	➡	R onto Glasgow St	0.2
3.	0.8	0.2	⬅	L onto Jenkins Creek Rd	0.6
4.	1.4	0.6	⬅	L onto West Side Bypass	0.7
5.	2.1	0.7	➡	R onto Hudson Rd	1.2
6.	3.2	1.2	↗	Stay R onto Horn Point Rd.	1.7

3.2 miles. +27/-19 feet

Num	Dist	Prev	Type	Note	Next
7.	4.9	1.7	⬅	L onto Lovers Ln	0.7
8.	5.6	0.7	⬅	L onto Hudson Rd	0.4
9.	6.0	0.4	➡	R onto Town Point Road	1.8
10.	7.8	1.8	⬆	Continue onto Dailsville Road	2.7
11.	10.5	2.7	↘	Sharp R onto Church Creek Rd.	3.6

7.2 miles. +23/-22 feet

Num	Dist	Prev	Type	Note	Next
12.	14.0	3.6	⚡	REST STOP: Trustworthy Open at Park on Right: Open 7:00 AM - 10:00 AM	8.8
13.	22.9	8.8	⬅	L onto Smithville Rd.	7.0
14.	29.9	7.0	⬅	L toward Hoopers Island Rd.	0.0
15.	29.9	0.0	⚡	REST STOP: Respect	0.1

19.4 miles. +36/-38 feet

Num	Dist	Prev	Type	Note	Next
16.	30.0	0.1	⬅	L onto Hoopers Island Rd.	1.9
17.	31.9	1.9	⬅	L onto Golden Hill Rd/MD-335 N	5.9
18.	37.8	5.9	➡	R onto Key Wallace Dr	2.3
19.	40.1	2.3	⬅	L onto Egypt Rd	6.7

10.2 miles. +33/-31 feet

Num	Dist	Prev	Type	Note	Next
20.	46.7	6.7	Ψ	REST STOP: Fairness Open 8:00 AM - 2:00 PM	0.4
21.	47.2	0.4	↱	Sharp L onto Church Creek Rd.	0.5
22.	47.6	0.5	↗	Keep R onto Dailsville e Road	2.7
23.	50.3	2.7	↑	Continu e onto Town Point Road	1.8

10.2 miles. +14/-16 feet

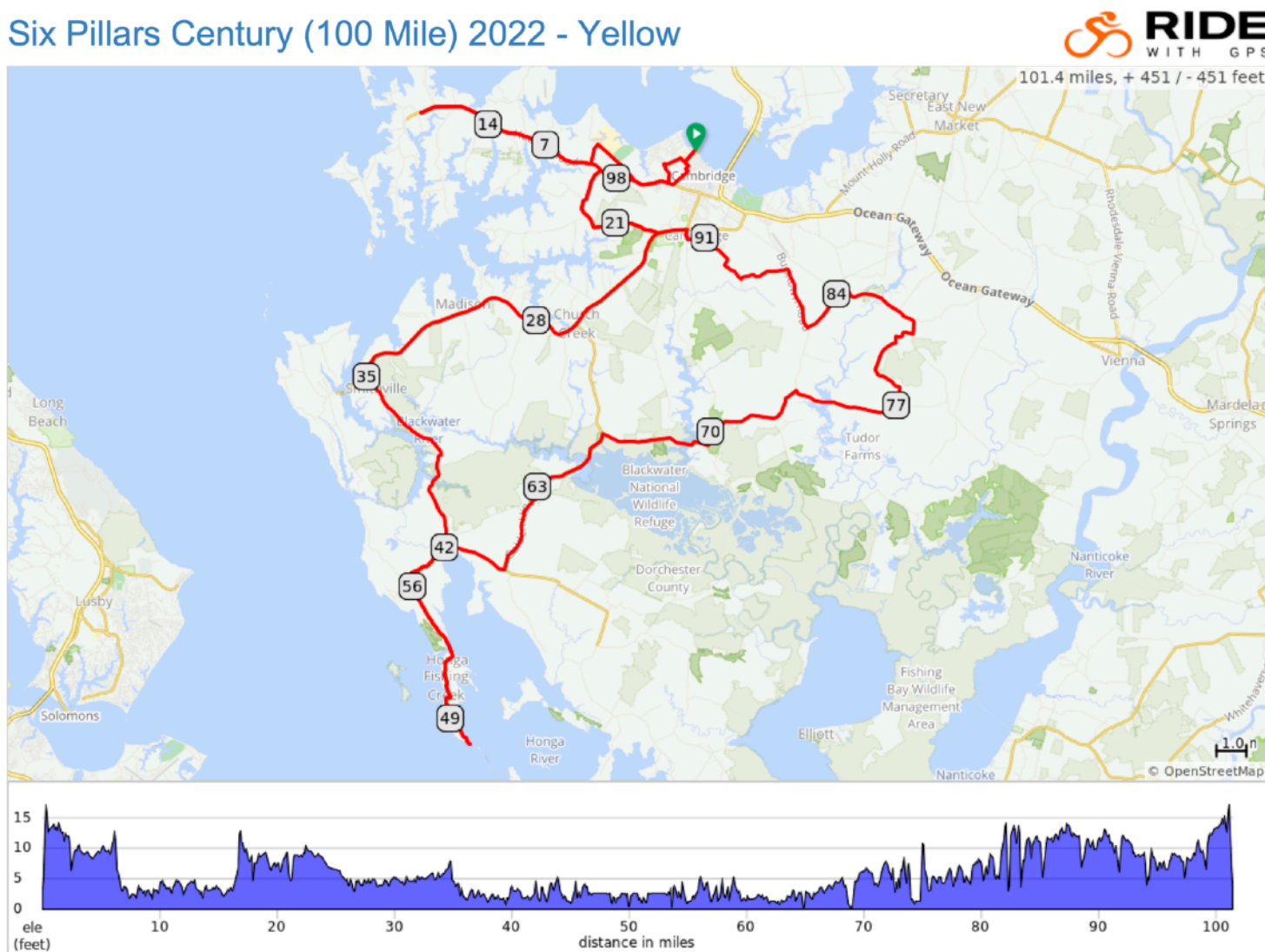
Num	Dist	Prev	Type	Note	Next
24.	52.1	1.8	→	R onto Hudson Rd	2.3
25.	54.4	2.3	←	L onto West Side Bypass	0.7
26.	55.1	0.7	→	R onto Jenkins Creek Road	0.6
27.	55.7	0.6	→	R onto Glasgo w Street	0.2
28.	55.8	0.2	←	L onto Somers et Avenue	0.7
29.	56.5	0.7	📍	End of route	0.0

6.2 miles. +22/-26 feet



This course will be marked with YELLOW arrows, and your bib will be YELLOW.

## Six Pillars Century (100 Mile) 2022 - Yellow



## Six Pillars Century (100 Mile) 2022 - Yellow

Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0	📍	Start of route	0.5
2.	0.5	0.5	➡	R onto Glasgo w Street	0.2
3.	0.7	0.2	⬅	L onto Jenkins Creek Road	0.6
4.	1.3	0.6	⬅	L onto West Side Bypass	0.7
5.	1.9	0.7	➡	R onto Hudson Road, MD 343	1.2

1.9 miles. +18/-9 feet

Num	Dist	Prev	Type	Note	Next
11.	19.7	1.8	⬆	Continue onto Dailsvill e Road	2.7
12.	22.4	2.7	↘	Sharp R onto Church Creek Road, MD 16	12.4
13.	34.8	12.4	⬅	L onto Smithvil le Road	7.1
14.	41.9	7.1	↗	Slight R onto Hooper Island Road, MD 335	3.6

24.0 miles. +50/-55 feet

Num	Dist	Prev	Type	Note	Next
6.	3.1	1.2	↗	Keep R onto Horns Point Road	1.7
7.	4.8	1.7	⬅	L onto Lovers Lane	0.7
8.	5.4	0.7	➡	R onto MD-343 W	6.0
9.	11.5	6.0	➡	Slight R onto Cook Point Rd	6.5
10.	18.0	6.5	➡	R onto Town Point Road	1.8

16.0 miles. +47/-53 feet

Num	Dist	Prev	Type	Note	Next
15.	45.6	3.6	↗	Keep R onto Hooper Island Road, MD 335	0.4
16.	46.0	0.4	↘	Sharp R onto Hooper Island Road, MD 335	0.6
17.	46.5	0.6	➡	R onto Hooper Island Road	1.1
18.	47.6	1.1	➡	R onto Hooper Island Road	0.4

5.7 miles. +4/-3 feet



Num	Dist	Prev	Type	Note	Next
19.	48.0	0.4	→	R onto Hooper s Island Road	3.1
20.	51.1	3.1	→	R onto Hooper s Island Road	0.8
21.	51.9	0.8	←	L onto Hooper Island Road	0.4
22.	52.4	0.4	←	L onto Hooper Island Road	1.1
23.	53.5	1.1	←	L onto Hooper Island Road	6.6

5.9 miles. +13/-13 feet

Num	Dist	Prev	Type	Note	Next
24.	60.0	6.6	←	L onto Golden Hill Road, MD 335	5.9
25.	66.0	5.9	↗	Sharp R onto Key Wallace Drive	2.3
26.	68.2	2.3	↗	Slight R onto Key Wallace Drive	1.4
27.	69.6	1.4	←	L onto Maple Dam Road	0.4

16.1 miles. +24/-20 feet

Num	Dist	Prev	Type	Note	Next
28.	69.9	0.4	↗	Keep R onto Greenbrier Road	2.4
29.	72.4	2.4	←	L onto Greenbrier Road	1.0
30.	73.4	1.0	→	R onto Decoursey Bridge Road	3.5
31.	76.9	3.5	←	L onto Fork Neck Road	3.8
32.	80.7	3.8	←	L onto Drawbridge Road	0.4

11.1 miles. +52/-49 feet

Num	Dist	Prev	Type	Note	Next
33.	81.1	0.4	↑	Continue onto Drawbridge Road	2.6
34.	83.7	2.6	←	L onto Indian Bone Road	1.8
35.	85.5	1.8	→	R onto Bucktown Road	2.0
36.	87.5	2.0	←	L onto Stone Boundary Road	1.6
37.	89.1	1.6	→	R onto Stone Boundary Road	1.8

8.4 miles. +53/-48 feet

Num	Dist	Prev	Type	Note	Next
38.	90.9	1.8	←	L onto Southside Drive	0.7
39.	91.6	0.7	→	R onto Maple Dam Road	0.3
40.	92.0	0.3	↙	Sharp L onto Cambridge Beltway, MD 16	0.9
41.	92.9	0.9	↗	Keep R onto Dailsville Road	2.7

3.8 miles. +8/-9 feet

Num	Dist	Prev	Type	Note	Next
47.	100.7	0.1	←	L onto Glasgow Street	0.2
48.	100.9	0.2	→	R onto Somerset Avenue	0.5
49.	101.4	0.5	📍	End of route	0.0

0.8 miles. +4/-13 feet

Num	Dist	Prev	Type	Note	Next
42.	95.6	2.7	↑	Continue onto Town Point Road	1.8
43.	97.4	1.8	→	R onto Hudson Road, MD 343	2.5
44.	99.8	2.5	←	L onto Leonards Lane	0.7
45.	100.5	0.7	←	L onto Glover Avenue	0.1
46.	100.6	0.1	→	R onto Glenburn Avenue	0.1

7.7 miles. +22/-15 feet



**REV3 NANTICOKE RIVER**  
BIVALVE, MARYLAND  
MAY 7, 2023



## AIDE STATIONS

There are multiple aid stations on course, and each is designated on the RideWithGPS map. Each course will have a different number of aid stations on it, with the Century having the most (5, though you hit one of them twice) and the 37 mile only reaching 2 aid stations.

Each aide station, this year, will be a self serve aide station. Minimal volunteers will be on site to reduce any exposure to non-riders. At each aide station will be:

- Coolers of Water
- Coolers of F2C
- Pre-packed snacks:
  - Crackers
  - Granola
  - TrailMix
  - Chips/Pretzels

### Aide Station Mileage

Century Course - Aide 1 (26), Aide 2 (40), Aide 3 (50), Aide 4 (58), Aide 5 (73),  
Aide 6 (82)  
56 Mile Course - Aide 1 (15), Aide 2 (30), Aide 3 (47)  
37 Mile Course - Aide 1 (15), Aide 2 (28)

There will also be minor first aid kits at the aid stations, as well as bike tire pumps, should you need to "top off".

CENTURY RIDERS: Please follow the YELLOW course arrows. Please note that your first aide station is at Mile 26, so please prepare accordingly.

Please be kind and courteous to our volunteers.



REV3 NANTICOKE RIVER  
BIVALVE, MARYLAND  
MAY 7, 2023



## AFTER THE RIDE

We are working with local merchants to secure food options for you at Gerry Boyle Park, at the conclusion of the event. We will have plenty of cold drinks on hand to relax and enjoy the beautiful park.

Depending on when you get done, there are LOTS of food options right in the downtown area, and many new ones have popped up since we last held the ride in 2019. Be sure to check them all out at [www.downtowncambridge.org](http://www.downtowncambridge.org)



# OUR PROMISE TO YOU

- ◆ Support the healthy lifestyle choices of athletes!
- ◆ To help provide smooth events for organizers and athletes alike. By taking care of the details, events are enjoyable and athletes continue to come back to support the organizations that host them.

## QUESTIONS?

Contact Jason with Revolution3 at [info@rev3tri.com](mailto:info@rev3tri.com) for more information.

