

AWESOME 5K, 10K and Kids' Fun Run

Saturday April 29, 2017

Location: Springport High School, 300 W. Main St., Springport, MI 49284

Start Time: 5K & 10K at 9:00 am, Free Kids' Fun Run at 10:15 am, Rain or Shine

Course: Accurate 5K and 10K out-and-back course on a country road.

Timing: Race will be chipped timed.

Awards: Medals will be presented to the Overall Male & Female as well as the top 3 finishers in each age group in the 5K and the 10K

Age Groups: 12 & under, 13-17, 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

Entry Fee: By April 20th: **5K - \$18; 10K - \$25**
After April 20th & Race Day: **5K - \$20; 10K - \$30**

Registration: Make check payable to: Springport FFA
attn.: Megan Merrill, 300 W. Main St., Springport, MI 49284

Packet Pick-up & Race Day Info: Pre-registered participants can pick up their bib and t-shirts on Race Day starting at 8:00 am, t-shirts are not guaranteed to participants who don't register by April 20th.

Proceeds Benefit: Springport FFA Citizens of the World program that teaches global agriculture and citizenship to our FFA members.



This event is endorsed by:



First Name: _____	Last Name: _____	<input type="checkbox"/> 5K	<input type="checkbox"/> 10K
Address: _____			
City: _____		State: _____	Zip: _____
Phone: _____	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female	Age (on race day): _____	
T-shirt Size	Adult: S M L XL	Youth: S M L	
* Must be registered by April 20 th to be guaranteed a shirt.			

WAIVER: I know that participating in this walk/run is potentially hazardous. I should not enter unless I am medically able and properly trained. I also assume any and all risks associated with this event including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, and the condition of the roads and traffic, all such risks being known and appreciated by me.

Knowing these facts, and in consideration of your accepting my entry, I hereby, for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the Michigan Fitness Foundation, Springport FFA, Springport Public Schools, School Officials, and/or any agents authorized by them for any purpose related to Springport Public Schools. *This release and waiver extends to all claims of every kind or nature, whatsoever, foreseen or unforeseen, known or unknown.*

Signature of Participant _____

Parent / Guardian if Participant is under 18 _____

Date _____

For questions contact Megan Merrill (517) 206-1349

Donations can be made the day of the race

<https://runsignup.com/Race/MI/Springport/AWESOMERun>