



VIRTUAL 5K

SUPPORTING GMHS CROSS COUNTRY

VIRTUAL 5K = RUN/WALK 3.1 MILES ANYWHERE ANYTIME BEFORE AUG 30TH

\$30 REG FEE INCLUDES

- GENDER-SPECIFIC RACE SHIRT
- GMHS XC STICKER
- RACE BIB
- ALL FEES + MAILING

REGISTRATION CLOSES SUNDAY AUGUST 20, 2022

WWW.RUNSIGNUP.COM/GMXC5K

