

Sign Up Online for the Belmar 5 Team Competition

Team Guidelines:

- 1. Team Entry is free – no additional charge to be on a team.**
- 2. Teams will be comprised of a MINIMUM of 4 persons (maximum 10) in the following team divisions:
All Male, All Female, Open Mixed (2 Male & 2 Female), Masters Mixed (2 Male & 2 Female), Corporate, Family, Bar and Club Teams**
- 3. The team captain should be the first person to register so he/she can create their team name and select the team division during the registration process.**
- 4. The captain should then inform the prospective team mates to register for the 5 Mile – and at that time select their team name from the team's existing team options, created by the captain, and will automatically come-up on their initial entry screen. No overlapping of teams (each person can only be on one team).**
- 5. Team captain will be able to manage their team by logging into their on-line RunSignUp account, after creating the team, captains can email invited team participants to join their team, and then be able to edit their race information on-line.**

**All teams must be entered by Sunday August 28, 2022 11:59 pm.
After that time no persons or revision/updates permitted.**

**Team Awards: Awards will be presented at Bar Anticipation at 12:00 Noon on race day to the top winning teams, in their respective team division.
Total chip time for the 4 fastest team members will determine the team award winners.**

Note: Team members may also place overall, or win in their respective age group divisions as individual 5 Mile runners

Create a New Group After Registration

- 1. Log on to RunSignup under the account you registered for the Race.**
- 2. Navigate to Upcoming Events > Manage Registration.**
- 3. Click on the menu Group/Team (located on the left or top)**
- 4. Click on the tab "Create New Group/Team".**
- 5. Select a Group/Team type.**
- 6. Type in a Group/Team name.**
- 7. If prompted select a Group/Team Gender and Age Group.**
- 8. If prompted you may create an Optional Group/Team Password.**
- 9. Click Continue.**

Create a Group During Registration

1. **Navigate to the Race Page of the race**
2. **Click Sign Up to begin the registration process**
3. **Enter in all participant information**
4. **Select Yes under the question Would You like to join a Group/Team**
5. **From the pop-up select Create New Group/Team**
6. **Select Continue**
7. **Select a Group/Team Type**
8. **Type in a Group/Team Name**
9. **If prompted select a Group/Team Gender and Age Group**
10. **If prompted you may create an Optional Group/Team Password**
11. **Click Continue**

Create or Join an Existing Group After Registration

1. **Log on to RunSignup under the account you registered for the Race.**
2. **Click on My Profile**
2. **Navigate to Upcoming Events > Belmar 5>Manage Registration.**
3. **Click on the menu Group/Team (located on the left)**
4. **Click on "Create or Join Existing Group/Team".**
5. **Select a Group/Team name.**
6. **Click on Update Group/Team**