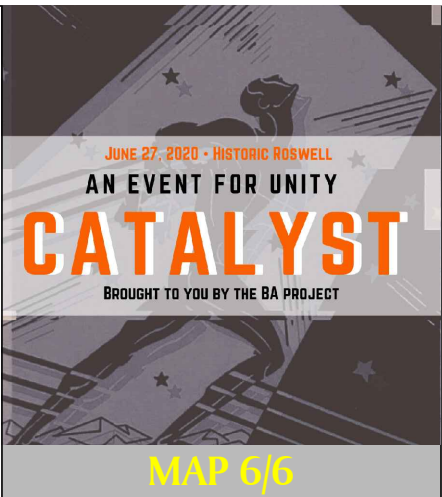
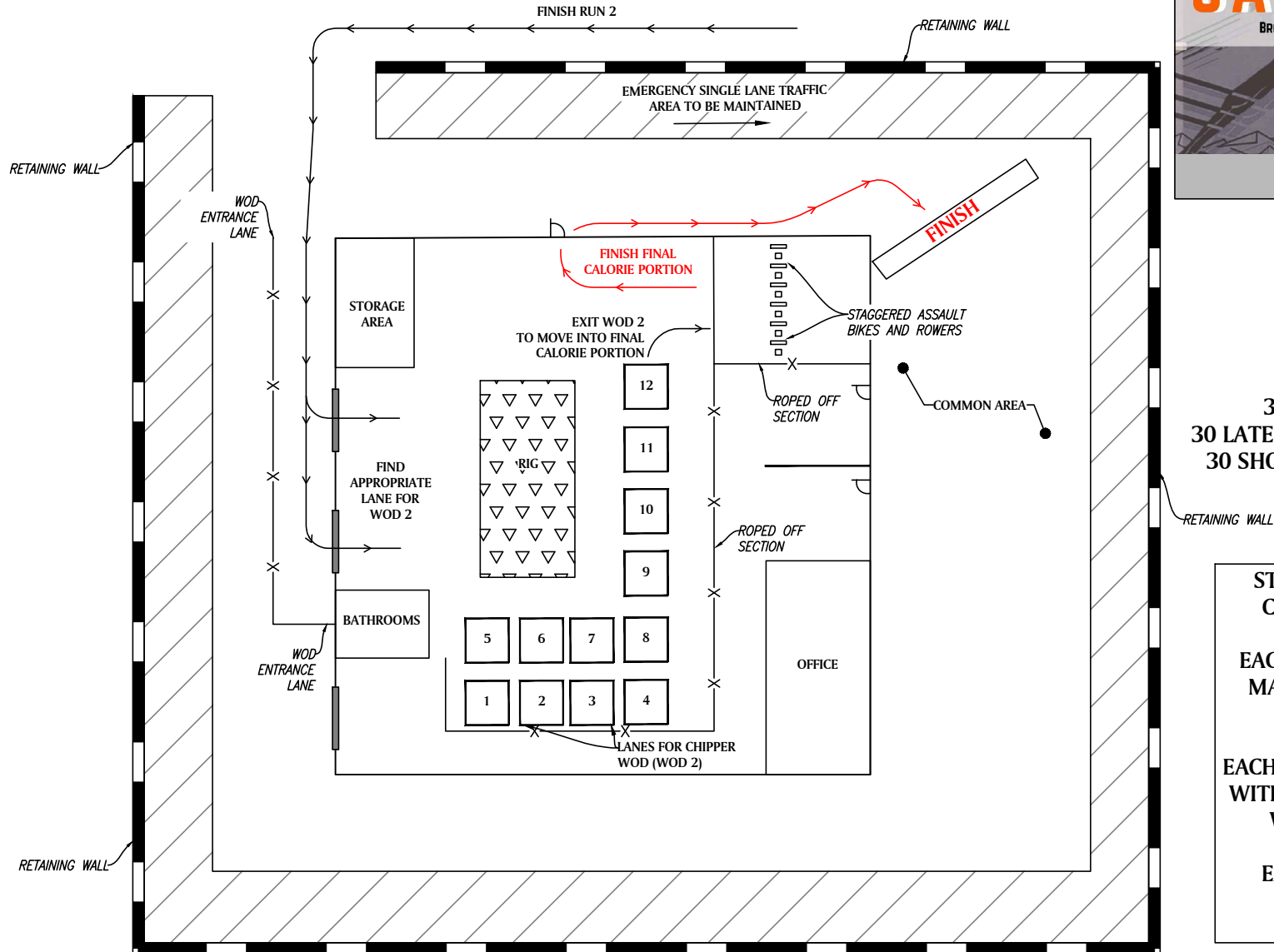


WOD 2

MAPLE STREET



WOD 2 CHIPPER

RX: (115/85)

SCALED: (95/65)

30 SQUAT CLEANS
30 LATERAL BURPEES OVER BAR
30 SHOULDER TO OVERHEAD

STATIONS ARE FIRST
COME FIRST SERVE

EACH STATION WILL BE
MARKED AS MALE OR
FEMALE.

EACH STATION IS READIED
WITH BOTH RX & SCALED
WEIGHT CHOICES

EACH BAR IS TO BE
LOADED BY THE
PARTICIPANT

EVENT PHOTOS BY:
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