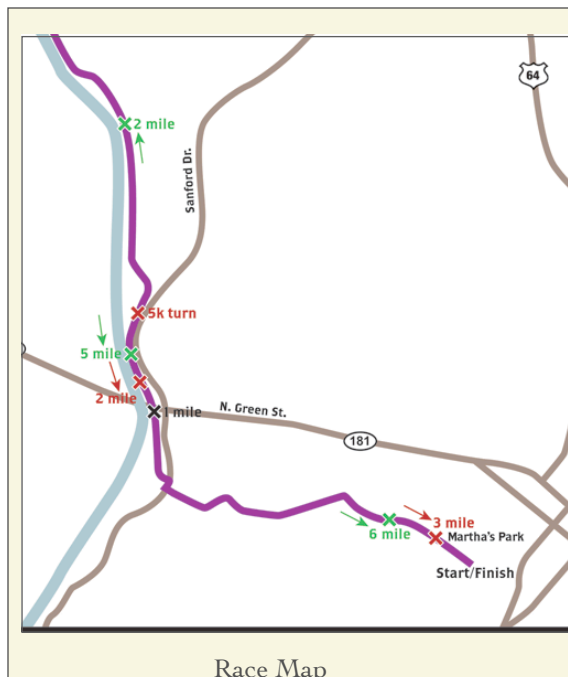


## H.O.P RACE SPONSORS

Title Sponsor  
CMC- Blue Ridge HealthCare



Race Map

5k & 10k routes are rolling & very scenic.

Both Runs begin at Martha' Park & incorporate sections of the Catawba River Greenway.

Family Fun Run/Walk is an out & back on closed city streets.

All courses are well monitored with water and support throughout!

**\*Please Bring canned Food items for our friends at BUCM and enter to win a special prize!**

Submit entries to:

LeeTiming

P.O Box 2178-Morganton, NC 28680

Checks payable to HOP Race

or Register Online

[www.hoprace.com/register.html](http://www.hoprace.com/register.html)

# H.O.P. RACE

Saturday,

October 4th, 2014

**5k, 10k & 1 Mile**

**Family Fun Run/Walk**



Raising Funds for Burke County  
Parks & Playgrounds!

**PROUDLY HOSTED BY THE  
MORGANTON SERVICE  
LEAGUE**

**Visit us at:**

**[www.HopRace.Com](http://www.HopRace.Com)**

**\*New\* Chip Time by Lee Timing!**

### Start Times

Registration opens at 7:15 a.m

1 Mile family fun run/walk 8 a.m

5K & 10K start at 8:45 a.m

### Registration

5K & 10K registration Fee

Pre-registration (by Aug. 1st) \$20

Late Registration (by Oct 1st ) \$25

Race Day Registration \$30

### Family Fun Run/Walk

Pre-registration **individual** (by Aug. 1st) \$10

Late Registration **individual** (by Oct. 1st) \$15

Race Day **individual** \$20

Pre-registration **family\*** (by Aug 1st) \$40

Late Registration **family** (by Oct. 1st) \$45

Race Day **family\*** \$50

### \*Family Registration option is for Family Fun Run/Walk ONLY.

5k & 10k must be submitted separately with required registration fee.

### \*Student Discount for BURKE COUNTY SCHOOL Challenge Pre-k - 12th grades

**\$10 for Pre-Registered Students for choice of**

**1 mile, 5k or 10k**

**By Deadline Forms must be in by Oct 1st!**

**Checks Payable to: MSL/HOP RACE**

**Submit entries & checks to:**

LeeTiming

P.O Box 2178-Morganton, NC 28680

### Race Location

Martha's Park

Located between Collett Street & Union Street

in Downtown Morganton, NC

\*\*\*\*\*

From I-40 East & West, Exit 105

Turn Right, proceed into downtown area, turn Left at Union Street, turn Right at King St, make Left into

Parking lot next to Lutheran Church.

### Available at the Park

Parking, Restroom Facilities & Refreshments

LIVE BAND: Midnight Rain

Coffee, Drinks & Fresh Fruit

Early lunch will be provided for participants by

Subway & Mountain Burrito!

### Awards

Awards for top 3 male & female overall in

5K and 10K races and First Master's male

and female.

Awards for top 3 in each age group per race

10-and under, 10-11, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 and over

*\*Awards will not duplicate overall winners*

All Family Fun Run/Walk participants

receive a medal!

\*Awards must be picked up Race Day

\*T-shirts limited to first 300 pre-registered participants

### Registration For 2014 H.O.P

Please PRINT legibly to ensure proper scoring & registration

**NAME:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_

**State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Email:** \_\_\_\_\_

Male: \_\_\_\_\_ Female: \_\_\_\_\_

Age on Race Day: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

### Emergency Contact:

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

I Plan to Enter:

5K \_\_\_\_\_ 10K \_\_\_\_\_

1 Mile Family Fun Run/Walk \_\_\_\_\_

\*Student Challenge: Grade \_\_\_\_\_ School: \_\_\_\_\_

\*For family registration, please complete a form for each person participating.

### T-Shirt SIZE (circle one)

**Youth:**      S                  M                  L

**Adult:**    S                  M                  L                  XL                  2XL

**Waiver: Must be filled out & signed completely.**

In consideration of acceptance of this entry, I waive all claims for myself, my heirs, executors, administrators and assigns against the sponsors, organizers, officials & any other persons, or organizations directly connected with HOP run from any & all claims for personal injuries and or property damage resulting from physical conditioning & state that I have trained for this event and am in proper physical condition for this event. I understand & agree that photos, films, tv, or radio interviews from the event may be taken & released to the public without any compensation being paid to me, the undersigned. I hereby represent that I am 18 years of age or older, or that the person signing as parent/guardian for permission allowing the entrant to participate is the actual parent/guardian. This is a release. Read carefully before signing.

\_\_\_\_\_  
Applicant's Signature

\_\_\_\_\_  
Parent/Guardian

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_