September 20<sup>th</sup>, 2014

5 K Run/Walk

Wildcat Walk and Rock

# **Course Description:**

The 10K and 5K events will start behind Shenango High School. The course will lead through the elementary school parking lot, and then right onto Old Pittsburgh Road. It will then turn left onto Savannah Road taking the runners through a mostly flat trek with a few rolling hills. It will be an out and back route. Race participants will be surrounded by the beautiful, changing leaves of fall. The 5K course is perfect for runners and walkers alike! Both courses will finish behind the high school.

## **Race Fees:**

#### 10K/5K Pre-Registration (before September 6<sup>th</sup>): \$20 10K/5K Registration (after September 6<sup>th</sup>): \$25

Adult race entry includes race day dry tech tee shirt, goody bag, and post race refreshments! (Shirts guaranteed for entries received prior to September 6th)

### Children's Registration (10 and under): \$7

Wildcat Walk and Rock (children's obstacle lap) entry includes tee shirt, goody bag, and post race refreshments!

## Adult Age Groups and Awards:

Top overall 10K and 5K male and female finishers will receive medals. The top male and female in each age group will receive medals: 10 and under (5K only), 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, and 60+. All medals will be given immediately after the race.

7:30am Race Day Registration Begins

9:00am Adult Races Begin

9:45 am Wildcat Walk and Rock Begins (Children's Obstacle Lap)



See additional information and download the registration form on our Facebook page: <u>https://www.facebook.com/shenangofoundation</u>



Pre-register online at https://runsignup.com/Race/PA/NewCastle/SCEFAnnual5K10K or by Mail (online preferred).

# September 20<sup>th</sup>, 2014 OKRUN 5KRUN/Walk and Wildcat Walk and Rock

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Learn more about our organization on our Facebook page: <u>https://www.facebook.com/shenangofoundation</u>

Fill out and return with check/money order to to the address below (PLEASE PRINT CLEARLY) Name:

Street Address:			
City:	State	e: Zip code: _	
Phone:	Email:	Age on	09/20/2014:
Circle the following:	Gender: Male / Female Adu	lt T-Shirt Size: S / M / L / XL / 2X	Youth T-Shirt Size: S / M / L
Circle the race you ar	re participating in: 10K Run /	5K Run/Walk / Children's Obstac	le Lap (Wildcat Walk and Rock)

#### Waiver: Sign Here:

(Signature of parent or guardian required if applicant is under 18 years of age)

In consideration of your accepting this entry, I the above signed, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Shenango Area School District, Shenango Community Education Foundation, and any of it's employees, members, volunteers and participants, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event, that I am physically fit and sufficiently trained for the completion of this event. Further, I hereby grant full permission to use my name and any likeness, as well as any photographs or any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

 Register online at <a href="https://runsignup.com/Race/PA/NewCastle/SCEFAnnual5K10K">https://runsignup.com/Race/PA/NewCastle/SCEFAnnual5K10K</a> or by Mail (online preferred).

 MAILING ADDRESS: 2550 Ellwood Road, New Castle, Pa 16101
 (Tee shirts guaranteed

 ATTN: SCEF
 for entries received prior

 Checks or money orders should be made payable to: SCEF
 for entries received prior

 Contact shenangofoundation@gmail.com
 with registration questions

7:30am Race Day Registration Begins

9:00am Adult Race Begins

**9:45am** Wildcat Walk and Rock Begins (Children's Obstacle Lap)

