



CajunMan Triathlon Wave Start Sequences

WAVE	TIME	AGE / SEX GROUP	SWIM CAP COLOR
1 st Wave	7:30am	Male 50 and older + Relay	Yellow
2 nd Wave	7:33am	Male 40 – 49	White
3 rd Wave	7:36am	Male 30 – 39	Lt. Blue
4 th Wave	7:39am	Male 29 and under	Green
5 th Wave	7:42am	Female	Pink
6 th Wave	7:45am	Beginners	Yellow

GEAUX RUN	OLYMPUS SPECIALTIES	Champagne's Paint & Body
Acadiana Bicycle Company	K & J Supplies	Red's
EBR Services	Walgreens	Precision Bikes
APE Companies	Giles Automotive	Larry's Super Foods
Fournier Chiropractic	Unravel Massage Therapy	Precision Rehabilitation
Corner Bar	Raising Cane's	United Rental
Music Mountain Water	Schilling Distributors	MSTC Facility
CC's Coffee	Rec Sports Aquatic Center	Pack & Paddle
CC Racing	Acadiana Hearing	Coca Cola
Great Harvest Bread	F & R HVAC	Clark Integrated Medical Clinic
Tri Cajuns		