

Sign up with me and together let's raise money for charities that directly support First Responders and their families. Police officers, firefighters and paramedics put themselves on the front lines of dangerous and traumatic events every day. Here is one way WE can show our THANKS and GRATITUDE to our local heroes. On March 22-29 the Boston Bruins Foundation will host the Virtual BFIT STEP CHALLENGE where 100% of money raised will go directly to First Responder Charities.

My team, Team -----, will be raising money for the -----charity you choose---. Click on this link (insert charity link) to learn more.

If you are wondering if you can make it through a week long Step Challenge, you can! How far and hard you go is completely up to you! Don't lose sight of the most important part...supporting and giving back to our local heroes!

Click this link to sign up!! ----- if you are joining my team, sign up as a Team Member and add it to cart. Your registration fee is a donation that starts you towards your required fundraising minimum amount of \$300.

More participants = more money raised for first responder charities! I hope you consider joining my team, or even making your own team, ( I can help you set it up, just let me know!!) if you have friends and colleagues that would be interested! Get more information at [www.bostonbruins.com/bfitchallenge](http://www.bostonbruins.com/bfitchallenge) You flyer with sponsorship information.

If you aren't around on March 22-29 to participate with me, please consider making a donation by clicking here (put your run-sign up page link)

Every little bit will help! Please consider being a part of this special event and let's give back to those who sacrifice so much for us!! See attached flyer for more information!

Thank you