



**Sunday, October 12**  
**Sons of Rest Pavilion, Tower Grove Park**  
**3616 Southeast Dr. St. Louis, MO 63110**

### 2025 PARKING INFORMATION

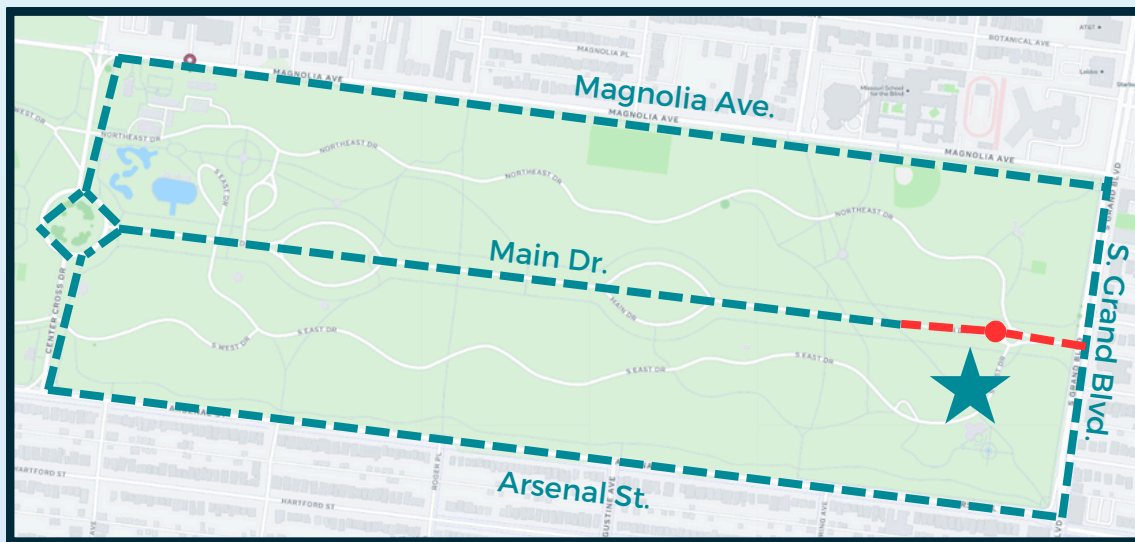
The 19th annual Families Run for Ovarian Cancer ROC Star 5k & 1-Mile Run/ Walk event site and start line are located near the S. Grand Blvd. and Main Dr. entrance to Tower Grove Park at the Sons of Rest Shelter and Stupp Center.

#### PARKING

Please note parking is on a first-come, first-served basis. Ample parking is available in and around the park on Main Dr., Magnolia Ave., Grand Blvd., and Arsenal St. There is no specific handicap parking - a participant drop off area is located on Main Dr. near Osborn Dr. We request you use participant drop off for medically necessary participants only to alleviate traffic congestion. Golf carts will be running as available to help shuttle attendees along parking routes.

#### TRAFFIC NOTIFICATIONS

The Main Dr. in Tower Grove Park is **OPEN TO TRAFFIC**, please use caution as you are approaching the event site on foot. Volunteers will be stationed to help participants cross intersections during the event.



#### PARKING MAP KEY

- Public/ Event Parking
- No Parking
- ★ Sons of Rest Shelter, Event Site
- Participant Drop-off

#### RACE DAY SCHEDULE

- 8:00 am - Event Grounds Open
- 9:00 am - Survivor Ceremony
- 9:10 am - National Anthem
- 9:15 am - Race Start
- 10:00 am - Awards Ceremony and Raffle drawing



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## **DIRECTIONS TO TOWER GROVE PARK**

### **From West County:**

Take Highway 40/I-64 or I-44 east into the city to Grand Avenue. Go south (right) on Grand, the park is on your right after you have crossed Magnolia Avenue. You can park on Magnolia, in the park itself, or on Arsenal Street just to the south of the Park.

### **From North County:**

Take I-270 South to Highway 40/I-64 or I-44 east and exit at Grand Avenue. Go south (right) on Grand, the park is on your right after you have crossed Magnolia Avenue. You can park on Magnolia, in the park itself, or on Arsenal Street just to the south of the Park.

### **From South County:**

Take I-55 north to I-44 and go west to Grand Avenue. Go south (left) on Grand Avenue. The park is on your right after you have crossed Magnolia Avenue. You can park on Magnolia, in the park itself, or on Arsenal Street just to the south of the Park.

### **From Illinois (Poplar Street Bridge):**

Take I-64/I-70/I-55 from Illinois into downtown St. Louis. Take the ramp to I-44. Exit at Grand Avenue, go south (left). The park is on your right after you have crossed Magnolia Avenue. You can park on Magnolia, in the park itself, or on Arsenal Street just to the south of the Park.



### **Questions?**

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