



2025 Athlete Guide

Race Day Schedule

Early Packet Pick Up:

- **Monday, December 29th:** 4pm-6pm Fleet Feet Greensboro 3731 Lawndale Dr, Greensboro, NC 27455
- **Tuesday, December 30th:** 3pm-6pm Fleet Feet Clemmons 6339 Jessie Ln, Clemmons, NC 27012

Race Day:

- **10:15 pm:** Race Day Registration Opens/Packet Pick Up
- **11:45 pm:** Registration Closes
- **12:00 am:** 5K Starts
- **12:05 am:** 1.75 Mile Fun Run Starts
- **1:00 am:** Awards Ceremony (approx) (may change to rolling awards if low on volunteers)
- **1:15 am:** Both Courses Close

Parking

- We will park participants in two locations on race day. We will fill up the designated parking areas next to the Pool Area. There are about 800 parking spaces available at the Pool Area location. Please arrive early. Once that location is full, we will have overflow parking at the Golf Country Club Parking Lots.
- All participants **MUST ENTER** Tanglewood Park through the [BACK ENTRANCE](#) off of Idols Rd.
- **You will not be able to enter Tanglewood Park at the entrance on Clemmons Rd/Hwy 158!**
- The gate on Idols Rd will open at EXACTLY 10:00PM and close at EXACTLY 11:45PM.

Directions to the Back Gate entrance: [CLICK HERE](#)

The back gate entrance and exit is used for Running of the Lights athletes, spectators, and volunteers only!

5K(ish) Course Map

The 5K will start at 12am as soon as the clock strikes midnight!

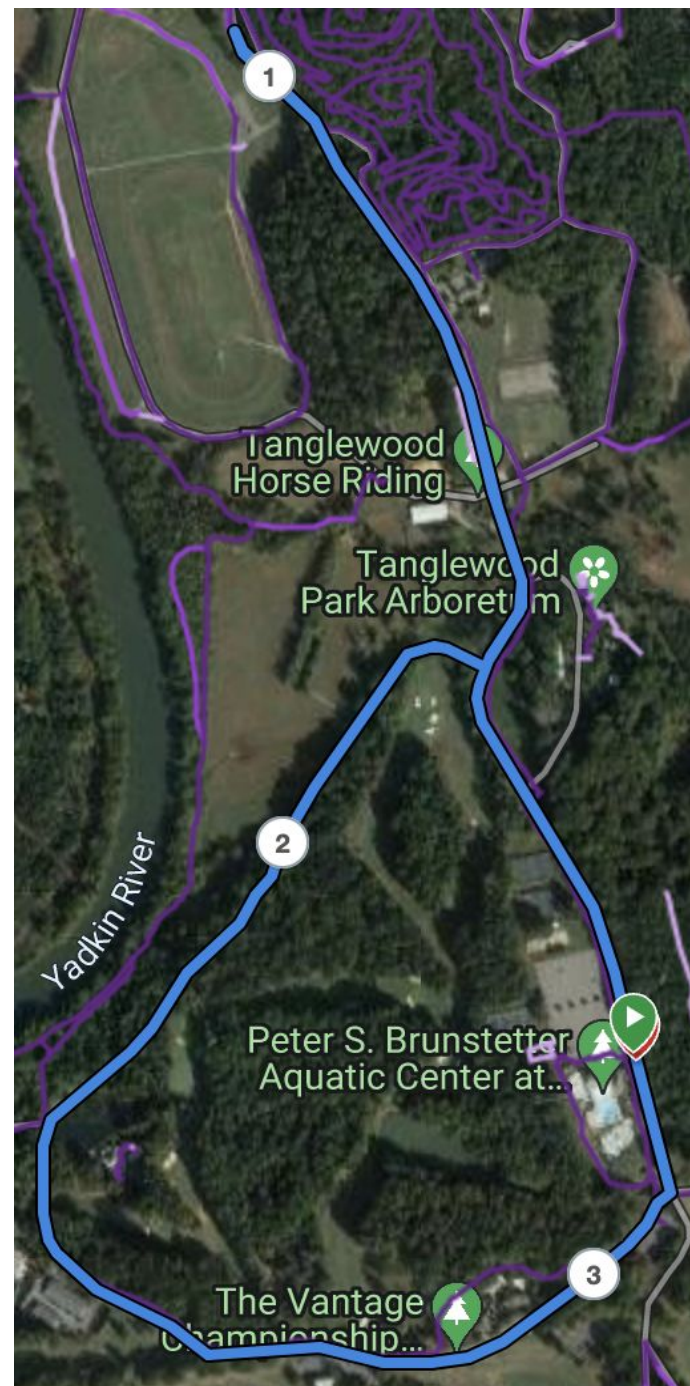
5K athletes will run down Tanglewood Park Road in the RIGHT LANE (with traffic).

Once athletes reach the gatehouse, they will make a u-turn and run in the RIGHT LANE (with traffic).

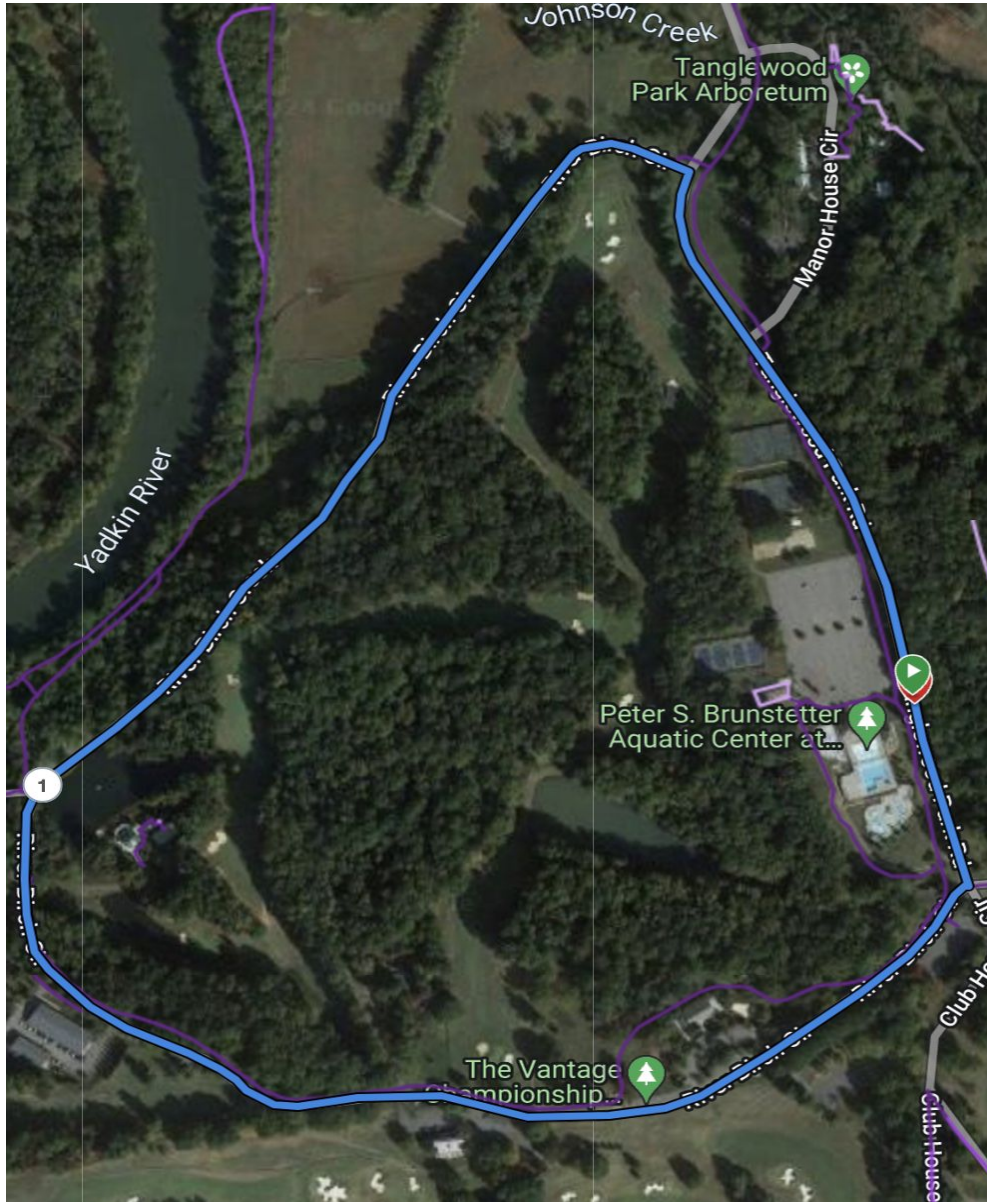
5K athletes will take a LEFT onto River Birch Circle and stay in the RIGHT LANE, until both events have merged, then athletes can run wherever they are most comfortable.

Athletes will follow River Birch Circle until they reach Tanglewood Park Road and will take a LEFT to return to the finish/start line!

Due to Tanglewood no longer allowing arches or trusses over the main roadway, we are having to move the start/finish line into the parking lot. This will allow for an awesome shoot and a smaller footprint to keep us all together!



1.75 Mile Fun Run Course



The Fun Run will start at 12:05am

Fun Run Athletes will follow Tanglewood Park Road until they take a LEFT onto River Birch Circle. Fun Run Athletes will stay in the LEFT LANE until both races have merged (5K athletes will be turning right onto River Birch Circle), then athletes can run wherever they are most comfortable.

Fun Run Athletes will follow River Birch Circle until they reach Tanglewood Park Road and will take a LEFT to return to the finish/start line!

Due to Tanglewood no longer allowing arches or trusses over the main roadway, we are having to move the start/finish line into the parking lot. This will allow for an awesome shoot and a smaller footprint to keep us all together!

Pre and Post Race Party

- Our pre-race party will start with watching the ball drop virtually from Time Square
- As the clock strikes midnight, we will send our 5K athletes off to enjoy the lights (and the hills) that Tanglewood has to offer! With the Fun Run headed out 5 minutes later.
- When athletes return, we will have great music, hot chocolate, sparkling toasts, and snacks to enjoy!



Headlamp Recommended

Yes, we are running through the Festival of Lights, but there are a few places that may be a little dark or it may make you feel more comfortable to have a flashlight or headlamp with you as an option. We will have lights near the race start/finish and pre/post race party area, but on the course there will just be the Christmas and park lights.

