

# 2021 Grand Run COVID-19 Mitigation Plan

Submitted to the Hamilton County, Indiana, Health Department regarding:

Event: Grand Run – 5K, 10K and Half Marathon

Date: Monday, May 31, 2021

Start/Finish Location: Grand Park Sports Complex, Westfield, IN

Expected number of participants: 750 (total for all races)

Event Description: The Grand Run is a 5K, 10K or Half Marathon that winds through Grand Park Sports Campus and the Monon Trail. It features a tour of the state-of-the-art sports destination.

The following is the COVID-19 mitigation steps being taken to provide a safe event for the participants, volunteers, staff and community. This list will change as the guidance from Federal, State and Local officials change. Additional adjustments will be made based on the best practices from the running industry provided they meet the current governmental guidance.

## a) Capacity Limits

The primary location where we have the most participants together in a limited location is the start corrals and the post-finish line and post-race area. Each area will be social distanced per the plans outlined under Social Distancing. With the start plan outline below, we anticipate the upper limit for the total number of participants to be around 750 people. This number does not account for attrition of no-show participants. The analysis of the site plan confirms there is sufficient open space to host 750 participants with social distancing while they wait for the start.

The number of people in the Start corral at any one time will be limited to 50 participants plus staff and volunteers. The following waves will be called while the start corral empties.

If the number of participants increases, we will review the site plan to make sure there is sufficient, available open space to hold the additional participants with social distancing.

Participants will be allowed to switch to a virtual version of the race up to two weeks prior to the race date.

Current Race Registration for the Grand Run (as of 02-01-21): 0

## b) Guest Information

All participants and volunteers will be sent a pre-race email (2 times per race) that includes information on COVID-19, including the following safety guidelines.

- The start/finish line will be inside Grand Park Events Center on one of the fields. Participants will be reminded they are required to follow the COVID policies of facility.
- Anyone feeling ill, have a fever or experiencing symptoms are asked not to participate and to stay at home.
- Participants will be reminded they are allowed to run without a mask (strenuous exercise), but they will be asked to wear a mask while waiting to start the race. They will be told they can remove their mask just prior to starting their run. Participants will be encouraged to put their masks back on when they finish their race.
- Social Distancing of 6' is encouraged at all times.  
Please follow the social distancing marks in the Start Corral

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- The start will be in waves, please do not go to the start line until your wave has been called by the announcer.
- The start will use a time-trial like start with participants within a wave going on course in small groups.
- Hand Sanitizer will be available throughout the start, finish and post-race areas.
- Masks and gloves are available for all volunteers.
- Pre-event and on-site announcements will be repeated several times encouraging participants to practice social distancing.

Participant waiver was updated with the following COVID-19 related requirement:

I agree to abide by the Center for Disease Control's (CDC) current, ongoing and future updated recommendations for the prevention of the spread of the 2019 Novel Coronavirus Disease (COVID-19) and other communicable diseases, and I attest to having read the CDC's guidance at: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>. I further agree to abide by the recommendations of the State, County and Local Health officials in the prevention of the spread of COVID-19 and other communicable diseases. I have read the general safety plan developed in regard to participation in the Event addressing the prevention for the spread of COVID-19 and other communicable diseases found here: tbd. I understand that the risk of becoming exposed to or infected by COVID-19 in connection with my participation in the Event, and personally assume this risk.

Additional signage located through-out the start/finish area and along the course will be created to remind participants to maintain social distancing and safety practices.

The event announcer will make periodic announcements reminding participants to maintain social distancing.

### c) Social Distancing Measures

The following social distancing measures will be implemented at the specific event activity location:

#### Start Area

- All high contact race related tents (Race Information) will use the plexiglass shields
- No gear check will be available for participants
- Spectators are discouraged at the event
- The start process will include multiple waves bases on estimate finish time. Each wave will be limited to 50 participants.
- There is sufficient open space within the facility to hold the highest expected number of participants with sufficient room to social distance each participant.
- The Start Corral is designed with lanes. Each lane has room for participants to be 6' apart side by side. The lanes allow for 6' of social distance side to side while crossing the start line (Attachment 1).
- The corral will have guided social distance marks to lead into the lanes in the Start Corral to make sure that the 50 participants are able to maintain social distancing (Attachment 1).
- A time-trial like starting procedure will be used to provide spacing between each participant on course. The first runner in each of the four lanes is started at the same time at the beginning of the wave. The next participant in line starts when the person in front of them passes a fixed distance from the start line (vs. time between

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participants in a traditional time-trial start). Initial spacing is set to 24' between participants at the start. This is double the recommended running social distance recommendation from the WHO, CDC. 12' is the best practice separation while running called for by many organizing committees like World Triathlon.

- After the first participants in the four lanes start, each lane will start independently of each other. If one lane has someone walking and the others have runners, the lane with the walker will not start the next person until the walker clears the 24' point.

### Finish Area

- The area after the Finish Line is known as Runner Services. This area is for participants only and is separated from spectators with flagging.
- Post-event runner services (participant items) amenities will be placed on multiple tables with a minimum of 6' spacing between tables. Most items, except for bottled water, will be pre-bagged in a single bag (one per participant). All items will be spaced out on tables to reduce the chance of inadvertent touching by participants. Volunteers restocking the tables will be required to wear masks and gloves.
- The runner services tables will be configured in two rows of two tables. Each row will be separated by 6'. Participants can select a row to use to collect their post-race amenities.
- Participants will be asked to keep moving through the area immediately after the finish line and through runner services.

### Restrooms

- The event will use the facilities restrooms including on course restrooms.
- The half marathon will have two portolets on the Monon Trail. The units will be set so that the doors face in opposite directions.

### On Course

- Aid stations will use 8 oz bottled water, no open cups. Aid station tables will be separated by a minimum of 6'. Bottles will be spaced out on tables to reduce the chance of inadvertent touching by participants. Volunteers working the tables will be required to wear masks and gloves.

### Post-Race Area

- An announcer will make social distancing reminders specifically for the post-race area.

#### d) Participant, Staff and Volunteer Screening

All Participants, Staff and volunteers are required to print, complete, and bring the race screening questionnaire that includes the following questions:

<b>Do you have any of the following symptoms</b>
Fever of 100.4 or greater
Cough, shortness of breath or difficulty breathing?
Sudden loss of taste and/or smell?
Within the last 14 days have you traveled to any foreign country?
Are you currently awaiting the results of a COVID- 19 test?
Have you been in contact with anyone in the last 14 days who has tested positive for COVID 19 or is experiencing

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these symptoms?

Participant forms will be collected prior to entering the Start Corral. Submittal of a completed and signed form is required to participate.

e) Increased Sanitation

Bottles of hand sanitizer will be added in the higher traffic areas. All people in attendance will be recommended and encouraged to use those units.

Hand sanitizer will be located through out the start area, the post-finish runner services area, and at the on-course water station.

f) Face Covering

All Staff and volunteers will be provided with face coverings and gloves.

Participants will be reminded they are allowed to run without a mask (strenuous exercise), but they will be asked to wear a mask while waiting to start the race. They will be told they can remove their mask just prior to starting their run. Participants will be asked to re-mask once they have completed their run and have recovered their breath.

Face masks for participants will be available upon request. Participants will be encouraged and reminded to bring their own masks to the event.

g) Compliance

The Westfield or Grand Park staff or lead volunteers for the following areas will be responsible to monitor and ensure compliance to the approved plan:

- Start Line / Corrals
- Finish Line / Runners Services
- Race Information
- Post-Race area
- On-course Water Station
- Overall Start/Finish/Post-race site

Additional Questions:

Will food vendors or concessions be available?

NO

Will this be a recurring event?

YES, annually

Submitted by:

Vision Event Management (for City of Westfield)  
17401 Tiller Ct, STE A  
Westfield, IN 46074

Contact:

Angela Frazier

[afrazier@westfield.in.gov](mailto:afrazier@westfield.in.gov)

317-385-7371

Jeff Graves

[jeff@visioneventmanagement.com](mailto:jeff@visioneventmanagement.com)

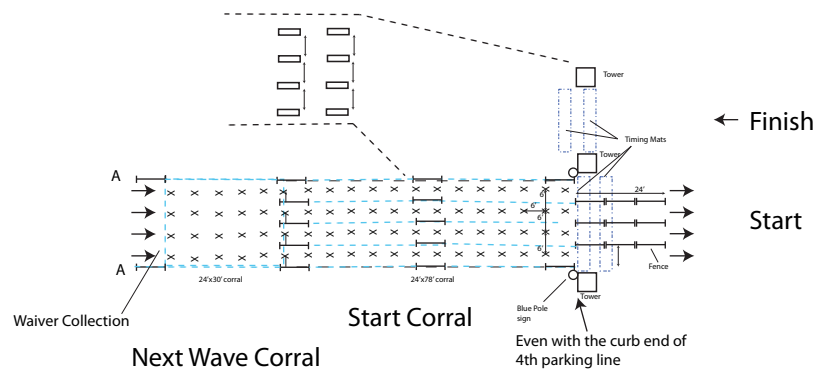
317-294-3622

Jim Furuya

[jim@eventfuel.net](mailto:jim@eventfuel.net)

317-201-9511

## Gran Run Start/Finish



Key

- × Stand Here Spot
- Fence Piece (25)
- - - Flagging (470')
- A A-Frame Sign (2)
- Blue Pole Sign (2)