

Leg #1

Exit Recreation Pool Park onto Azalea Rd
Stay straight at the traffic circle to stay on
Azalea Rd E (0.2) **Run with Traffic on Right
on Azalea*
Right on Hardesty Ln (1.3)
Continue straight under I-40 Tunnel (1.4)
Right on Mountains to Sea Trail (1.45)
Left on Blue Ridge Parkway (2.9)
Left on Blue Ridge Parkway Exit Ramp (3.0)
Right on Charlotte Highway (3.2) **stay right**
Right on Avondale Rd (3.3)
Left on Laurel Creek Dr (4.0)
Right on Rose Hill Rd (4.4)
Left on Reynolds School Rd (4.8)
Left on Rocket Dr (4.9)
Transition on left (5.1)
**Number listed is total mileage of leg to that point.*

Leg #2

Exit transition and turn right on Rocket Dr.
Turn right on Reynolds School Rd (0.2)
Turn left on Rose Hill Rd (0.4)
Stay left to stay on Rose Hill Rd (1.1)
Turn left on Merrills Cove Rd (2.1)
Turn right on Concord Rd (5.9)
Turn left on Williams Rd (6.0)
Transition on left (6.0)
**Number listed is total mileage of leg to that point.*

Leg #3

Exit transition on Williams Rd
Turn left on Mills Gap Rd (1.2)
Stay straight Mills Gap Rd at red light at Cane
Creek Rd Intersection (2.5)
Turn left on Burney Mtn Rd (3.3)
Turn left on Hoopers Cr Rd (3.9)
Immediate Right on Southern Rd (4.0)
Turn Right on Jackson Rd (4.3)
Turn left on Howard Gap Rd (7.0)
Transition on left (7.8)
**Number listed is total mileage of leg to that point.*

Leg #4

Exit transition and continue on Howard Gap Rd
Stay straight at roundabout to stay on Howard
Gap Rd (2.6)
Turn right on Clear Creek Rd (4.0)
Clear Creek becomes N. Main St (6.1)
Turn left on Maple St (7.2)
Turn right on 8th Ave (7.5)
Transition on 8th Ave (7.56)
**Number listed is total mileage of leg to that point.*


Leg #5

Exit transition on 8th Ave E
Immediate left on Locust St
Cross 7th Ave E (0.1)
Left after crossing 7th Ave E (0.1)
Turn right on Maple St (0.2)
Turn left on 4th Ave E (0.4)
Turn left on Jackson Park Rd (1.1)
Turn right on Glover St (1.4)
Turn left on Blue Ridge St (1.6)
Turn right on Bradshaw Ave (1.9)
Turn left on Old Spartanburg Rd (2.3)
Turn right to stay on Old Spartanburg Rd (3.4)
Straight at Upward Rd crossing (3.5)
Right to stay on Old Spartanburg Rd (3.9)
Turn left on N. Mapleton Dr (4.2)
Turn right on Regan St (4.3)
Turn right on E. Blue Ridge Rd (4.5)
Straight at Spartanburg Hwy crossing (4.9)
Transition on left (5.4)
**Number listed is total mileage of leg to that point.*

Leg #6

Exit transition on W Blue Ridge Rd (stay on the
right side of road)
Turn right on Roper Rd (0.14) **stay right*
Immediate right on Mine Gap Rd (0.16)
Turn right on Zirconia Rd (2.5)
Turn left on Greenville Hwy/225 (3.1)
Continue under US Hwy 25 (3.4)
Greenville Hwy becomes Old US Hwy 25 (3.8)
Transition on left (4.5)
**Number listed is total mileage of leg to that point.*

Did you know?

Each leg has an online map that you can follow by going to plotaroute.com and searching V2V.
Once you have found your leg, click the map and then click the  NAVIGATE button. Just
follow the prompts to start interactive directions. This will help those carrying cell phones on
the course who might need assistance.

Leg #7

Exit transition
Head South on Old US Hwy 25
Stay on Old US Hwy 25 the entire route
Transition on right at Talisman Camp (3.5)
**Number listed is total mileage of leg to that point.*

Leg #8

Exit transition
Head South on Old US Hwy 25
Stay on Old US Hwy 25 the entire route
Transition on left (6.3)
**Number listed is total mileage of leg to that point.*

Leg #9

Exit transition on Old Hwy 25
Right on River Rd (1.7)
Stay straight and cross Hwy 11 (4.7)
River Rd becomes Hart Cut Rd (4.7)
Left on Hannon Rd (7.3)
Right on Talley Bridge Rd (8.3)
Straight at 4-Way Stop (9.1)
Left on Lindberg St (9.2)
Right to stay on Lindberg St (9.5)
Left on Main St (9.6)
Transition on Main St (9.6)
**Number listed is total mileage of leg to that point.*

Leg #10

Exit transition
Immediate right on Slater Rd
Left onto Bates Bridge Rd (0.1)
Left onto Bates Crossing Rd (1.3)
Right onto Pleasant Retreat Rd (1.5)
Right onto White Horse Rd Ext (3.1)
Left onto Tate Rd (4.2)
Right onto Swamp Rabbit Trail (4.3)
Stay on Swamp Rabbit Trail until the Center St intersection (6.6)
Continue straight on sidewalk past Center St to the Swamp Rabbit Brewery and transition on left (6.7)
**Number listed is total mileage of leg to that point.*

Leg #11

Exit transition and head South on Main St
Turn right to cross Main St
Turn left on Swamp Rabbit Trail (0.1)
Stay on Swamp Rabbit Trail until you reach Watkins Bridge Rd
Turn left on Watkins Bridge Rd (3.9)
Turn right on Scalybark Rd (4.2)
Stay to the right on the sidewalk
Transition on right (4.4)
**Number listed is total mileage of leg to that point.*
**The Swamp Rabbit Trail has multiple intersections to cross where vehicles have the right of way. Use caution.*

Leg #12

Exit transition and head South on Scalybark Rd, Turn right on Elkhorn Dr (0.2)
Turn left on Plano Dr (0.3)
Turn left on Vinson Dr (0.7)
Take immediate right on Swamp Rabbit Trail access trail (0.7)
Turn left onto Swamp Rabbit Trail (0.75)
Turn left on W. Washington St (3.8)
Turn left on Swamp Rabbit Trail Ext (3.9)
Turn right on Hampton Ave Ext (4.0)
Turn left on Swamp Rabbit Trail Ext (4.1)
Find your team members at the gathering area and continue to the finish line!
**Number listed is total mileage of leg to that point.*
**Follow police directions at all intersections on the trail.*

Other Ways to not get lost!

- Drive, run and/or bike your leg prior to the event.
- Use the RaceJoy app while you are running. You and your team can see where you are on a map, plus you get off course alerts.
- Follow the green V2V directional yard signs and green arrows on the ground!
- Do not just follow the person in front of you, they may not be paying attention.

Just print, laminate and cut out each section for the runner on your team!