VILLE TO VILLE

Craft Brew Relay

2021 Race Weekend Guide



OUR SPONSORS













































WELCOME

We are excited to welcome you to the 4th Annual Ville to Ville Craft Brew Relay. Our theme this year is "Binge Watching!", so get ready to represent those favorite TV characters that you've been watching so much of lately. We hope your team has a memorable day traveling from the peaks to the foothills of the Appalachian Mountains, through local craft breweries, and into our quaint southern towns. The 2021 edition promises to be a welcome return to our Asheville to Greenville course with 250 teams taking part. We hope your team makes the Ville to Ville an annual tradition.

Although having fun is very high on of our priority list, safety always comes first. Please read this guide carefully and watch our safety video to ensure you know all race rules. You will want to pay special attention to the runner



and driver directions in this guide, as well as contact numbers for race headquarters. Please remember this is an open roads course. Stay alert and take care of yourself and other runners on the course. Also, please review our "Relay Safe Commitment" to see additional precautions we are taking to ensure your safety.

We would like to thank the many people and groups that make the Ville to Ville possible. First, we are thankful to the cities along the course for being wonderful hosts and partners. Also, a special thanks to our sponsors and brewery partners. We want to thank our charity partners and volunteers who work hard on race day to support our runners and spread the Ville to Ville Foundation mission. Finally, we want to thank our Brew Crew, a special group of friends and family, who fly and drive many miles to support us on race weekend. We couldn't do it without all of you!

We hope many of you will take part in creating TV inspired team costumes and van decorations that represent those favorite characters and shows that got you through some long months of quarantine. The Brew Crew and sponsors will be on the lookout for the best dressed team, the best-decorated van, the team with the most spirit, and the best social media post.

Please join us at the Finish Line Celebration at Hampton Station for music, awesome food trucks, Ville to Ville gear, and of course, lots of local craft brew!

From our family to yours, we wish you all the best.

Have a great weekend!

Zack & Anna Hall Chief Experience Officer and Partnership Director

RELAY SAFE COMMITMENT

Exact policies for our Relay Safe Commitment will be adapted as COVID-19 conditions change. Final policies will be determined at least one week prior to the event and communicated to all participants.

Social Distancing

- Event signage will promote safe social distancing practices including maintaining 6 feet of distance between others.
- Dedicated waiting spots will be provided to aid in social distancing in areas where participants congregate such as packet pickup lines, start line, and portable restroom lines.
- Personal responsibilities will be communicated to participants, staff, volunteers, vendors, and sponsors prior to the event.

Cleaning and Sanitation

- Touch points will be reduced to minimize physical interactions and frequent cleaning will be used to sanitize any remaining high touch areas, such as portable toilet door handles.
- Hand sanitizer will be available throughout the event including at packet pickup, transition areas, the finish line, and in and around portable toilets.
- On course water stations will be eliminated from the course. Sealed water bottles and individually wrapped food items will be available for pickup at the finish line or included in the team packet.
- Staff and volunteers will be required to sanitize hands regularly throughout the event.

Personal Protective Equipment

- All staff and volunteers will wear face coverings in times where social distancing cannot be maintained. In addition to social distancing measures, participants will be required to wear face coverings at the event while not an active runner and if social distance guidelines cannot be maintained.
- Mandatory Mask Zones will include packet pickup, the start corral, transition areas, the finish line and gear/food areas.
- Face masks will be available at packet pickup and the starting line for participants and volunteers.

RELAY SAFE COMMITMENT

Event Adjustments

- Total event capacity will be limited and teams will spread out over 25 miles along the race course.
- Start Corrals will be limited to a maximum of 30 runners per 30 minute starting wave and will include signage to help runners maintain social distancing. Start waves will be spread over a 4-hour timespan to reduce the number of runners at each point on the course.
- Only one runner per team is required to pick up the team packet to reduce the number of individuals at packet pickup.
- Non-active and outgoing runners will remain in or near their vehicles prior to their designated run other than for essential activities such using the restroom, briefly warming up or lining up to start their run. Text messaging, runner tracking, and event announcements will be used to communicate runner start times.
- Teams will be given a recommended arrival time to the starting line and to each transition to reduce congregating.
- Spectators will be discouraged from congregating on the course to cheer on runners.
- Post-race activities will be staggered and modified to meet CDC social distancing guidelines.
- On-site registration will be eliminated. Registration will be available online only.
- Onsite sales will use contactless payment methods.

Screening and At-Risk Persons

- Participants, staff, volunteers, vendors, and sponsors will be asked to self-screen and stay home for any of the following reasons:
- Have been in contact with someone testing positive for COVID-19 in the 14 days prior to the event.
- Have experienced or been in contact with someone experiencing any COVID-19 symptoms in the 14 days prior to the event.
- Have a body temperature reading of 100.4 degrees Fahrenheit or higher.
- If staff, volunteers, vendors, sponsors, or participants become ill during the event, we will isolate them in their vehicle until medical assistance can be obtained. This location will be communicated with all race partners prior to the event.

OUR CHARITIES



We are proud that our past events have raised over \$50,000 to support local charities. Our 2021 event will fundraise over \$20,000, which will help make our race communities better places to live. Please consider a personal donation to the Ville to Ville Foundation and the wonderful organizations that offer capacity-building programs or address an urgent need.

RACE DAY

The following pages are dedicated to what we consider the most important details for race day. Directions (both runner and vehicle), how not to get lost while running, parking details, and other important reminders are described to help your team navigate running the relay. For complete details on rules, planning, packing, safety, and tips, please visit our website and view our Guidebook page. Please remember these top three things for race day:

- 1. Have fun and cheer on your teammates and others.
- 2. Know where you are running and when to make turns. Carry your phone and use the RaceJoy App or printed instructions to help you.
- 3. Carry your own hydration while you are running if needed. There are no water stops or aid stations on the race course.
- 4. Follow our Google Driving Directions for help with Navigation (found on our course info page on our website).

V2V Race Weekend Contact Info

Email: hq@villetovillerelay.com Text/Call: 803.728.4553

RACE DAY

Open Roads Course

This is an open roads course. Stay alert and run against traffic unless otherwise directed by our staff or volunteers. Please pay attention to driver directions vs runner directions in the printed guidebook to protect the safety of our runners.

Safety Equipment

Safety equipment including a reflective vest, head lamp, and blinking LED light is required for all runners who may start or end their run in the dark. It does not need to be shown at the start line unless it is required for the outgoing runner.

Starting Line

Please arrive at the starting line no more than **20 minutes** prior to your start time. Your first runner can enter the starting line area when their start wave is announced.

Transition Areas

Please remain in or around your team vehicle until your incoming runner is within five minutes of the transition. We recommend using the RaceJoy app to track your runner's arrival. Face coverings are required for inactive runners when outside your vehicle.

Food and Hydration

Bring the food and water that you need for yourself for the full day. There will be a few food trucks at various transitions along the course and at the finish, but it is important that your team van is also well stocked with food and drinks. Also, this is a **pack in/pack out** event, so please put all garbage in the trash bag provided in your team bag.

Finish Line Celebration

Please wear face coverings when you are moving around at the finish. Feel free to bring blankets or camping chairs. Award winners will be announced via text message and over the PA system. They will also be posted on our website by 7pm on race day. Awards can be claimed at the Gear Tent at the finish line between 7-9pm during the celebration, or you can email us to arrange a Greenville pickup later in the week. Awards cannot be mailed due to size.

Bibs

Active runners must wear a bib while on the course. Please make sure your **first and final runners wear the two bibs with timing chips** on the back. Your bib also has a **detachable coupon** to claim your free beer at the finish line celebration. Safety pins are in this packet for your convenience.

Slap Bracelets

Slap bracelets are back, but not required to be used due to COVID-19 safety precautions. Please plan to give your teammate an air high five as you enter the transition zone if you do not use your slap bracelet.

Face Coverings

Face coverings must be worn over your mouth and nose, always, when social distancing cannot be maintained. Please wear face coverings in transition areas when you exit your vehicle as an inactive runner and at the start and finish line areas if you are not seated.

Vehicle Hangtags

Your vehicle hangtag must be displayed on your vehicle's rearview mirror for the entirety of the race and will be required to park at transition areas and at the designated team parking lots at the finish line. Only **one** team vehicle per team is allowed in lots.

Medals

Medals for each team member are in your team bag, in an effort, to reduce volunteer to participant contact at the finish line. We encourage you to place medals on your teammates as they finish their final leg of the relay! Have a blast out there and stay safe!!!

Download RaceJoy to Add to Your Race Experience!



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GPS Based Progress Alerts!

Cheer Sending!

and so much more...



Share your race experience with friends and family!



Download RaceJoy Today!

Questions?

Email: support@racejoy.com

Website: www.racejoy.com

See RaceJoy Buzz Alerts or FAQ in App

Like us on Facebook to see what races are offering RaceJoy!



NEW! Relay Team Tracking Instructions

RaceJoy has launched a new release specifically for relay teams and the instructions have changed. See below for details.

Team Set Up

- All need to click "I Want to Be Tracked" upon initial set up. Follow the prompts.
- Select "Relay Course" option in course selection section. You may need to scroll down the course option list.
- Sign up with team or add team to list, if not shown. Team names can be similar, be sure to select the correct one.
- Add ALL team members to your participant list. This is required to receive team progress alerts.









Race Day

Standard Tracking: GPS Phone Tracking

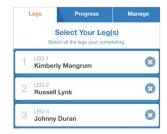
People can track your position in a map view as you move along the course. You will also receive NearMe alerts as tracked relay team members draw near to you.

Click on the green blinking Track Me button to activate tracking. This will appear within 30 minutes of the race starting. You can turn this off when tracking is not needed to help preserve your battery.



Advanced Tracking: Team or Leg Progress Alerts

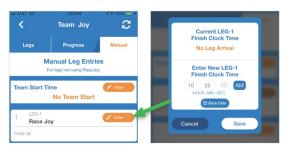
• Each team member: select the leg(s) you are doing.



• Wait to click "Start My Leg" until you actually begin your leg. This begins the personal race time for that leg.



• Leg finish times can be added for those who do not activate their leg by clicking the "Manual" tab.



If the first team member does not click the "Start Leg 1" button, the team start time can be added in the Manual area.

Verify Proper Team Set Up

- The team name will appear underneath your name at the top of the main race screen.
- If no team name is showing, or it is incorrect, click your name to get your phone set up with the correct team.



For more information view the FAQ section in the app or on our website. If you are still in need of assistance, feel free to contact us

Transition Area Opening and Closing Times

Transition	Open for Vans	Open for Runners	Runners Must Arrive By
1	5:10 AM	5:45 AM	9:55 AM
2	6:05 AM	6:35 AM	10:45 AM
3	6:45 AM	7:30 AM	11:45 AM
4	7:45 AM	8:30 AM	12:50 PM
5	8:45 AM	9:10 AM	1:45 PM
6	9:30 AM	9:50 AM	2:25 PM
7	10:00 AM	10:15 AM	3:00 PM
8	10:40 AM	11:10 AM	4:00 PM
9	11:30 AM	12:30 PM	5:30 PM
10	12:45 PM	1:20 PM	6:40 PM
11	1:40 PM	1:55 PM	7:25 PM
Finish	2:15 PM	2:30 PM	8:10 PM

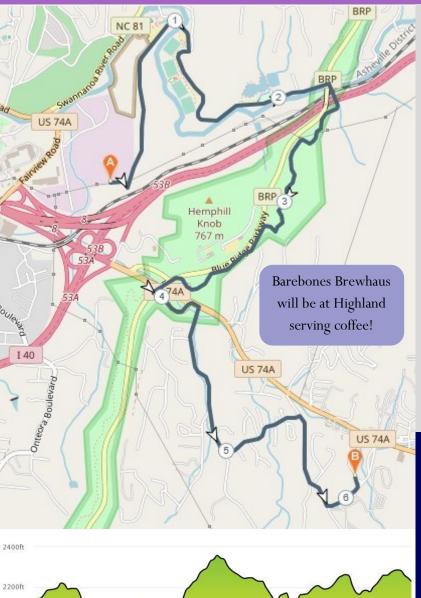
The above chart illustrates opening and closing times for all transition areas along the course. Transition areas are open for each team to run at least 30 seconds per mile slower or faster than their submitted pace. If your team runner arrives at one of these transition areas prior to the opening time, then we will hold your team 45 minutes to ensure that your team's pacing is back in compliance. If your team is scheduled to arrive after the closing of the transition, then we will communicate with your captain on race day to skip one or more of the upcoming legs in order to get back on schedule.

LEG #1 - The Hiker 6.13 Miles

Mileage Rating - #6
Difficulty Rating - #3
Overall - Hard

Start - Highland Brewing, 12 Old Charlotte Hwy, Asheville, NC 28803 Finish - AC Reynolds Middle School, 2 Rocket Drive, Asheville, NC 28803

https://www.plotaroute.com/route/476540



Runner Directions

Exit rear of Highland Brewing Co. Left on Gashes Creek Road (0.1) Right on Azalea Rd E (1.0) Stay straight at the traffic circle to stay on Azalea Rd E (1.2) Right on Hardesty Ln (2.2) Continue straight under I-40 Tunnel (2.3) Right on Mountains to Sea Trail (2.4) Left on Blue Ridge Parkway (3.8) Left on Blue Ridge Parkway Exit Ramp (4.0) Right on Charlotte Highway (4.2) *stay right* Right on Avondale Rd (4.2) Left on Laurel Creek Dr (5.0) Right on Rose Hill Rd (5.4) Left on Reynolds School Rd (5.7) Left on Rocket Dr (5.9) Transition on left (6.1)

Driving Directions

Exit Highland Brewing Company
Right on Old Charlotte Hwy (0.3)
Left on Fairview Rd (0.4)
Right onto US-74 ALT E Ramp (1.0)
Right on Charles Lytle (middle school entrance just before Rocket Dr) (3.3)
Transition and Parking area on right (3.5)
*Approximate driving time = 8 min

*Number listed is total mileage of leg to that point.

Pro Tips

- This route has a number of turns and, for many runners, it will be dark. We highly advise that you walk or ride this leg prior to race morning.
- The Mountains to Sea Trail is an off-road, but well marked trail. Runners should follow signage to US-74 on the trail.

DISTANCE IN MILES

- This is a perfect leg for those trail lovers that like to climb hills. 57% of this leg is uphill!
- When running on Charlotte Highway, runners should stay to the right in the grass until turning right onto Avondale Rd.

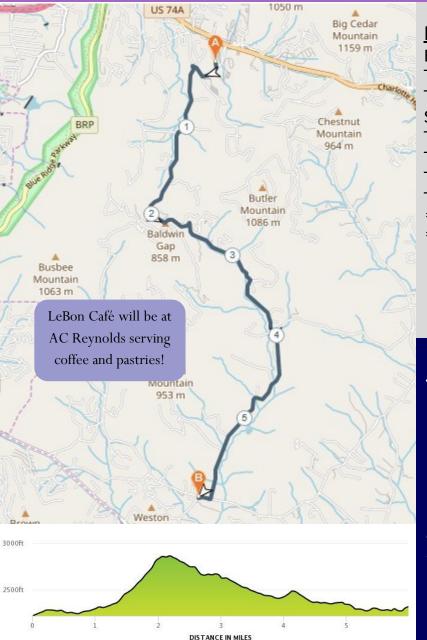


LEG #2 - The Hill-Man! 6.00 Miles

Mileage Rating - #7
Difficulty Rating - #4
Overall - Hard

Start - AC Reynolds Middle School, 2 Rocket Drive, Asheville, NC 28803 Finish - Skyland Fire Department, 310 Williams Rd, Arden, NC 28704

https://www.plotaroute.com/route/482089



Runner Directions

Exit transition and turn right on Rocket Dr. Turn right on Reynolds School Rd (0.2) Turn left on Rose Hill Rd (0.4) Stay left to stay on Rose Hill Rd (1.1) Turn left on Merrills Cove Rd (2.1) Turn right on Concord Rd (5.9) Turn left on Williams Rd (6.0) Transition on left (6.0)

*Number listed is total mileage of leg to that point.

Say Hello to the Hillman Beer team at the end of Leg #2!

Driving Directions

Exit AC Reynold Middle School on Rocket Dr Right on US-74 Alt (0.3) Right on Emma's Grove Rd (3.8) Emma's Grove Rd becomes Concord Rd (7.5)

Right on Merrills Cove (8.6)
*Approximate driving time = 14 min

*Parking is located across the street from the Fire Station at intersection of Williams Rd and Concord Rd. Look for volunteers directing parking.

Pro Tips

- With over 2.6 miles of uphill running, including one 23% grade section, runners of this leg should definitely hill train. The best news is that over half of the leg is downhill. Runners who complete this course will be rewarded, so don't shy away!
- Rose Hill Rd and Merrills Cove Rd have a limited shoulder area. Please use extra caution.
- Look for volunteers to assist with crossing Concord Rd.
- Vehicles, please use extra caution when you are getting close to the transition area.

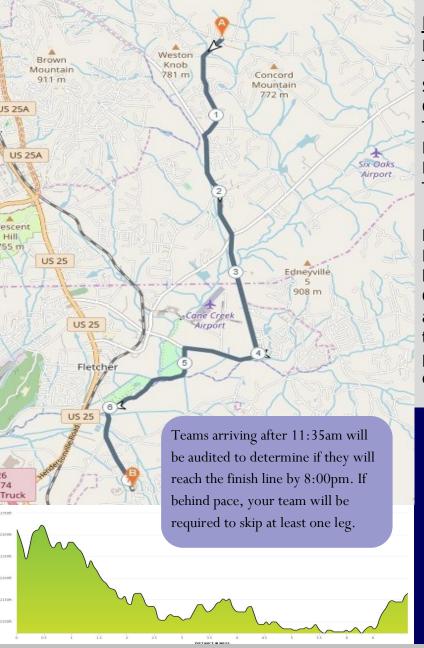


^{*}There should be no team vehicles on the course.

Mileage Rating - #3
Difficulty Rating - #6
__Overall - Moderate

Start - Skyland Fire Department, 310 Williams Rd, Arden, NC 28704 Finish - Fletcher Elementary, 500 Howard Gap Rd, Fletcher, NC 28732

https://www.plotaroute.com/route/687000



Runner Directions

Exit transition on Williams Rd Turn left on Mills Gap Rd (1.2)

Stay straight Mills Gap Rd at red light at Cane Creek Rd Intersection (2.5)

Turn left on Cane Creek Greenway (4.8) Exit Cane Creek Greenway and turn left on Howard Gap Rd (6.1)

Transition on left (7.1)

*Number listed is total mileage of leg to that point.

Did you know?

Each leg has an online map that you can follow by going to plotaroute.com and searching V2V. Once you have found your leg, click the map and then click the arrow to find your location on the map. This will help those carrying cell phones on the course who might need directions or reassurance.

Driving Directions

Exit transition and head South on Williams Rd
Left on Mills Gap Rd (1.3)
Right on Cane Creek Rd (2.6)
Left on Hendersonville Rd/US 25 (4.8)
Left on Howard Gap Rd (5.3)
Right into Fletcher Elementary(6.7)
Proceed to back parking lot
Transition on Howard Gap Rd
*Approximate driving time = 14 min

Pro Tips

- The end of this leg will be the start of our 2021 Pep Rally.
 Please check out the next page for important details!
- Use extra caution when crossing Cane Creek Rd at the Mills Gap/Cane Creek Rd intersection.
- Please do not get Cane Creek Rd and Cane Creek Greenway confused. The Greenway is a small path that enters the rear of Bill Moore Community Park just past Blue Ridge Metal Corporation.



The Pep Rally! After Leg 3 - Driving - 5.5 Miles

Start - Fletcher Elementary, 500 Howard Gap Rd, Fletcher, NC 28732 Finish - Balfour Road & Carter Street Intersection, Hendersonville, NC 28792 https://www.plotaroute.com/route/1501119

Instructions

Due to extended construction and the temporary closure of Clear Creek Road at the I-26 overpass, we have added a new element to the 2021 Ville to Ville Craft Brew Relay - The Pep Rally.

How it works: When your third runner finishes at Fletcher Elementary, his/her time will be recorded by one of our volunteers. Your team will get a Pep Rally Instruction sheet with specific details. Your entire team will head to your team vehicle and drive to our Pep Rally Finish (start of Leg Four) near Berkeley Ball Park (driving directions below). Your teams time will start back up when your fourth runner starts Leg 4. The total travel time will be deducted from your overall time, so there is no need to hurry.

This is your only chance on the course to have all runners in your team van, so make sure you celebrate and hype up your next runner!

Driving Directions

Exit Fletcher Elementary

Turn right on Howard Gap Rd (0.1)

Turn right at roundabout onto Brookside Camp Rd (2.6)

Turn left on Asheville Highway (3.9)

Turn left on Berkeley Rd (5.1)

Turn left on Balfour Rd (5.2)

Turn right on Carter St (5.5)

*Approximate driving time = 10 min

**Go to the website link up above and see the directions on a map or use our Google Directions.

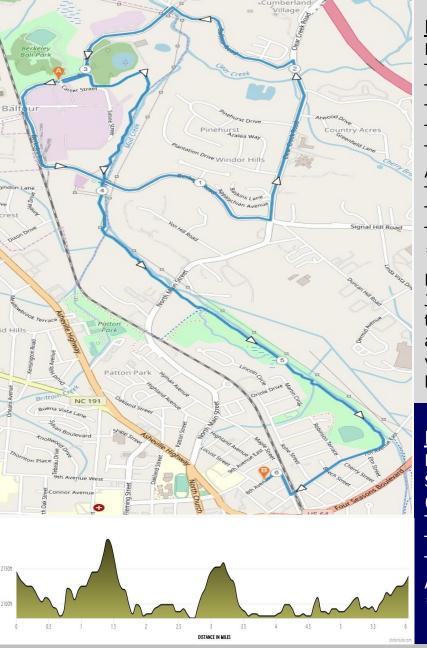
Pep Rally Checklist

- You only have about 10 minutes together, so be prepared!
- Find that really inspirational song and turn it up.
- Take a team photo and post it to Instagram...tag us @villetovillerelay
- Call someone you love and tell them how much fun you are having or just sing to them.
- Make sure your fourth runner remembers to check in with our timing company representative when starting.

LEG #4 Updated - Pivot & Run 6.06 Miles

Start - Finish - Balfour Road & Carter Street Intersection, Hendersonville, NC 28792 Finish - Southern Appalachian, 822 Locust St, Hendersonville, NC 28792

https://www.plotaroute.com/route/1501047



Runner Directions

Exit Pep Rally onto Balfour Rd

Turn left on Clear Creek Rd (1.3)

Turn left on Balfour Rd (2.0)

Turn left onto Oklawaha Greenway (3.1)

Take the left fork on the Greenway (4.6)

Turn right and stay on the sidewalk onto 7th Ave East (5.5)

Turn right onto Maple Street (5.8)

Turn left onto 8th Ave East (6.0)

Transition on 8th Ave East

*Number listed is total mileage of leg to that point.

Did you know?

Just ten days before the race we were informed that our planned leg 4 would have to be adjusted? We hope you enjoy the updated version. Slightly easier, and it still finishes at a brewery!

Driving Directions

Exit transition and turn left on Balfour Rd Stay straight and continue on Berkeley Rd (1.0)

Turn right on N. Main St (2.5) Turn left on Locust St (2.7)

Transition on 8th Ave E next to Southern Appalachian Brewery

*Approximate driving time = 7 min

Pro Tips

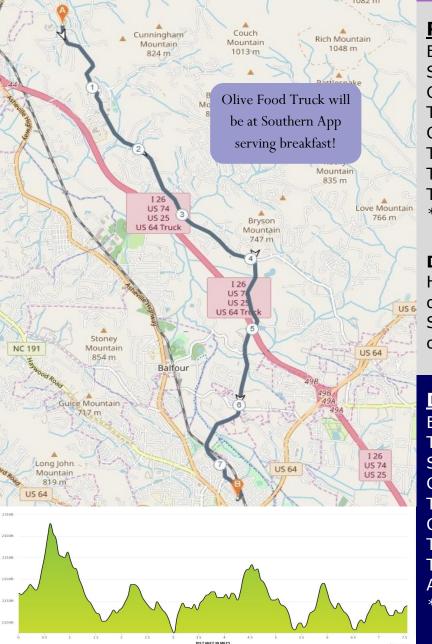
- This leg should be fun with six mostly flat miles with two decent hills. While not as tough as our original leg 4, this leg will be fun.
- A good portion of this leg will use the Oklawaha Greenway, which was a part of our original course in 2018.
- Vehicles may park along Locust St and at St. James Episcopal Church. There is no parking in the Market Place lot.



Mileage Rating - #2
Difficulty Rating - #1
Overall - Hard

Start - Fletcher Elementary, 500 Howard Gap Rd, Fletcher, NC 28732 Finish - Southern Appalachian, 822 Locust St, Hendersonville, NC 28792

https://www.plotaroute.com/route/687074



Runner Directions

Exit transition and continue on Howard Gap Rd Stay straight at roundabout to stay on Howard Gap Rd (2.6)

Turn right on Clear Creek Rd (4.0)

Clear Creek becomes N. Main St (6.1)

Turn left on Maple St (7.2)

Turn right on 8th Ave (7.5)

Transition on 8th Ave (7.55)

*Number listed is total mileage of leg to that point.

Did you know?

Hendersonville is traditionally know as the "City of Four Seasons" and hosts an Apple Festival in September that has an annual attendance of over 250,000!

Driving Directions

Exit Fletcher Elementary

Turn right on Howard Gap Rd (0.1)

Stay straight at roundabout to stay on Howard Gap Rd (2.7)

Turn right on Clear Creek Rd (4.1)

Continue onto N. Main St (6.1)

Turn left on Locust St (7.4)

Transition on 8th Ave E next to Southern

Appalachian Brewery

*Approximate driving time = 14 min

Pro Tips

- This leg is not for everyone. With 7.5 miles of rolling hills, this will be a challenge for any runner.
- Runners should use extra caution and wait for law enforcement guidance before turning onto Clear Creek Rd.
- Vehicles and runners will be traveling the same roads for most of this leg.
- Vehicles may park along Locust St and at St. James Episcopal Church. There is no parking in the Market Place lot.

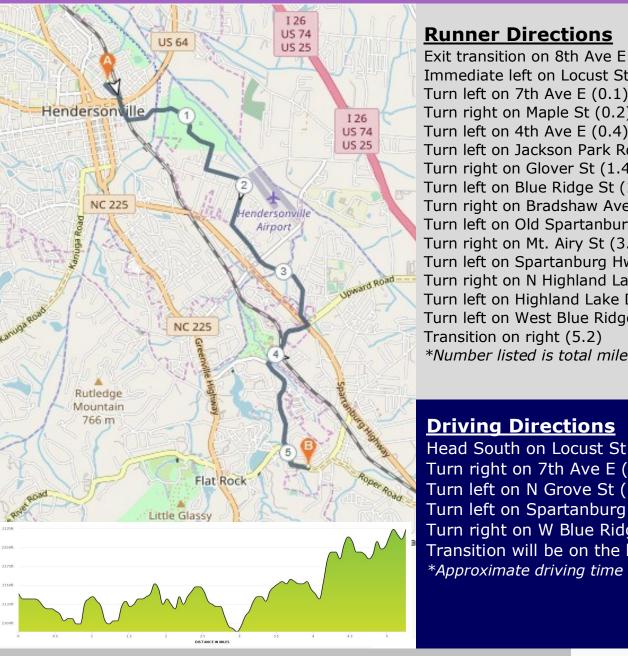


LEG #5 - Southern App 5.28 Miles

Start - Southern Appalachian, 822 Locust St, Hendersonville, NC 28792 Finish - Hillandale Elementary, 40 Preston Ln, East Flat Rock, NC 28726

https://www.plotaroute.com/route/788890

Mileage Rating - #8 Difficulty Rating - #9 Overall - Moderate



Runner Directions

Immediate left on Locust St Turn left on 7th Ave E (0.1) Turn right on Maple St (0.2) Turn left on 4th Ave E (0.4) Turn left on Jackson Park Rd (1.1) Turn right on Glover St (1.4) Turn left on Blue Ridge St (1.6) Turn right on Bradshaw Ave (1.9) Turn left on Old Spartanburg Rd (2.3) Turn right on Mt. Airy St (3.2) Turn left on Spartanburg Hwy (3.5) Turn right on N Highland Lake Rd (3.6) Turn left on Highland Lake Dr (4.1) Turn left on West Blue Ridge Rd (5.0) Transition on right (5.2)

*Number listed is total mileage of leg to that point.

Driving Directions

Head South on Locust St Turn right on 7th Ave E (0.1)Turn left on N Grove St (0.2) Turn left on Spartanburg Hwy/US 176E (1.4) Turn right on W Blue Ridge Rd (3.8) Transition will be on the left (5.0) *Approximate driving time = 13 min

Pro Tips

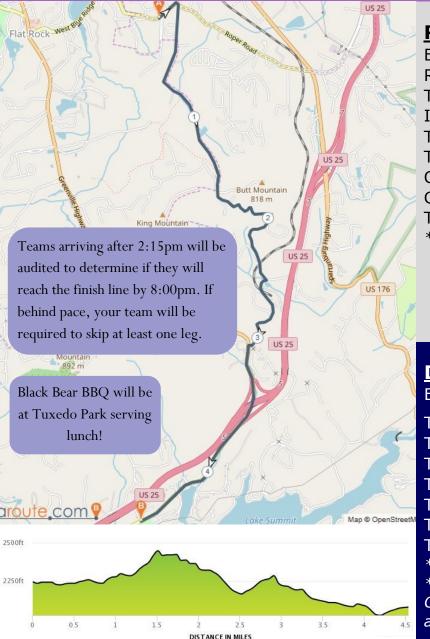
- While this leg is not difficult, it has the most turns of any route on the course for runners. Directionally-challenged runners beware. Please bring directions with you!
- This leg will have the most vehicular traffic of all the legs. Please use extra caution. There will be law enforcement officials to assist runners in crossing 7th Ave, Spartanburg Hwy and along Old Spartanburg Rd. Runners should obey all traffic laws - including waiting at red lights if necessary.
- Drivers should use extra caution on Spartanburg Hwy and around Hillandale Elementary.



Mileage Rating - #9
Difficulty Rating - #8
Overall - Moderate

Start - Hillandale Elementary, 40 Preston Ln, East Flat Rock, NC 28726 Finish - Tuxedo Park, 1299 Old US Hwy 25, Zirconia, NC 28790

https://www.plotaroute.com/route/482257



Runner Directions

Exit transition heading North East on W Blue Ridge Rd (stay on the right side of road) Turn right on Roper Rd (0.14) *stay right Immediate right on Mine Gap Rd (0.16) Turn right on Zirconia Rd (2.5) Turn left on Greenville Hwy/225 (3.1) Continue under US Hwy 25 (3.4) Greenville Hwy becomes Old US Hwy 25 (3.8) Transition on left (4.5)

*Number listed is total mileage of leg to that point.

Water Refill Station Located Here! Fill up your water bottles and cooler!

Driving Directions

Exit Hillandale Elementary

Turn right on W Blue Ridge Rd (0.1)
Turn right on Roper Rd (0.2)
Turn right on Spartanburg Hwy/US176 E (1.2)
Turn right on US 25 S (1.7)
Take exit 5 for NC225 (Flat Rock) (3.2)
Turn left on NC 225 S (3.4)

Transition on left at Tuxedo Park (4.7)

*Approximate driving time = 7 min

*Additional parking located at Tuxedo Baptist Church and Tuxedo Community Store, directly across the street from transition.

Pro Tips

- As one of the shortest legs on the route, runners will enjoy the scenic and hilly Mine Gap Rd for a majority of the leg.
- Runners should use extra caution exiting the transition area and when turning onto Greenville Hwy before proceeding under US Hwy 25. There will be race vehicles on this section of the course.
- Vehicles may park at Tuxedo Park, Tuxedo Baptist or across the street at Tuxedo Community Store.
- This will be one of the busier areas, so vehicles should leave as soon as possible to get to the next transition.

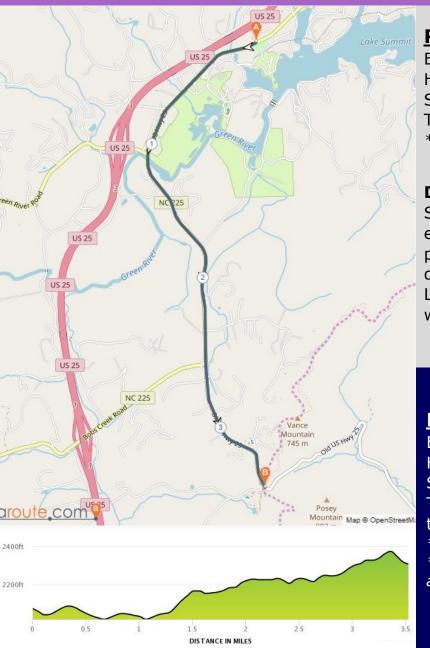


LEG #7 - Tali-Ho! 3.53 Miles

Mileage Rating - #12 Difficulty Rating - #10 Overall - Moderate

Start - Tuxedo Park, 1299 Old US Hwy 25, Zirconia, NC 28790 Finish - Talisman Programs Camp, 64 Gap Creek Rd, Zirconia, NC 28790

https://www.plotaroute.com/route/482265



Runner Directions

Exit transition
Head South on Old US Hwy 25
Stay on Old US Hwy 25 the entire route
Transition on right at Talisman Camp (3.5)
*Number listed is total mileage of leg to that point.

Did you know?

Since 1980, Talisman Programs has provided exceptional camp opportunities for young people, ages 6 to 22, with autism spectrum disorders, ADHD and other learning differences. Learn more by stopping in the camp office or at www.talismancamps.com.

Driving Directions

Exit Tuxedo Park
Head South on Old US Hwy 25
Stay on Old US Hwy 25 the entire route
Turn right on Gap Creek Rd prior to the transition zone (3.5)

- *Approximate driving time = 6 min
- *This is the shortest leg, vehicles should proceed as soon as possible to Talisman Camp.

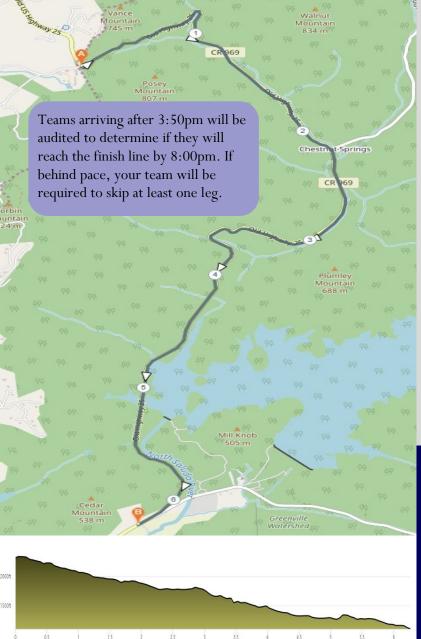
Pro Tips

- While this is the shortest leg, runners will spend the last 2.5
 miles running uphill to the transition area, which will make
 this leg a lot tougher than it looks on paper.
- Runners and vehicles will be traveling the same course for this leg. Because of the short distance, vehicles should proceed directly to Talisman Camp so the next runner can be ready to go; however, please do not speed.
- Talisman Camp is located on the NC/SC Border. Say goodbye to North Carolina for the day!



Mileage Rating - #5
Difficulty Rating - #7
Overall - Moderate

Start - Talisman Programs Camp, 64 Gap Creek Rd, Zirconia, NC 28790 Finish - Dover Farm, 1098 Old Hwy 25, Travelers Rest, SC 29690 https://www.plotaroute.com/route/1369984



Runner Directions

Exit transition on Old Hwy 25 and head into South Carolina

Continue on Old Hwy 25 for the entire route. Transition on the left (6.28)

*Number listed is total mileage of leg to that point.

Did you know?

The North Saluda Reservoir, on your left as you drive down the mountain, was man-made in 1961 and has a watershed area of 19,000 acres. The watershed is entirely owned by Greenville Water System and the final product is known to be some of the best water in the United States.

Please do not touch, lean or stand on the fence around the farm property.

Driving Directions

Exit Transition.

Turn right on Old Hwy 25 (0.1)

Continue on Old Hwy 25 for the entire route. Transition on left (6.3)

*Approximate driving time = 11 min

Pro Tips

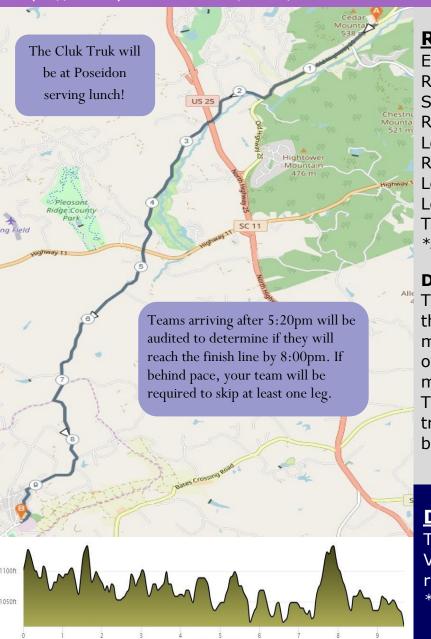
- This leg pretty much falls down a mountain. With over 1200' of elevation drop, runners should prepare their quads and knees before hitting the road.
- Welcome to South Carolina, and what many will argue, is the most beautiful section of the entire course. Enjoy the scenic views to your left of the North Saluda Reservoir that provides many Greenville County residents with fresh, clean drinking water.
- Team vehicles are not allowed to stop in the watershed area, please use caution and proceed to the transition area.



Mileage Rating - #1
Difficulty Rating - #2
Overall - Hard

Start - Dover Farm, 1098 Old Hwy 25, Travelers Rest, SC 29690 Finish - Poseidon Advanced Materials, 101 Slater Rd, Slater, SC 29683

https://www.plotaroute.com/route/1369987



Runner Directions

Exit transition on Old Hwy 25
Right on River Rd (1.7)
Stay straight and cross Hwy 11 (4.7)
River Rd becomes Hart Cut Rd (4.7)
Left on Hannon Rd (7.3)
Right on Talley Bridge Rd (8.3)
Left on Whitney St (9.1)
Left on Slater Rd (9.6)
Transition on Left (9.69)
*Number listed is total mileage of leg to that point.

Did you know?

This area of Greenville County was named after the Slater family, who started the first textile mill in America in Rhode Island in 1790. They owned many mills in the northeast before moving operations to South Carolina in 1927. The Slater family built the mill located at this transition and many of the community buildings, including Slater Hall, in the village.

Driving Directions

Turn left out of parking area on Old Hwy 25 Vehicles will follow the same route as the runners for this leg. Please use extra caution. *Approximate driving time = 18 min

Pro Tips

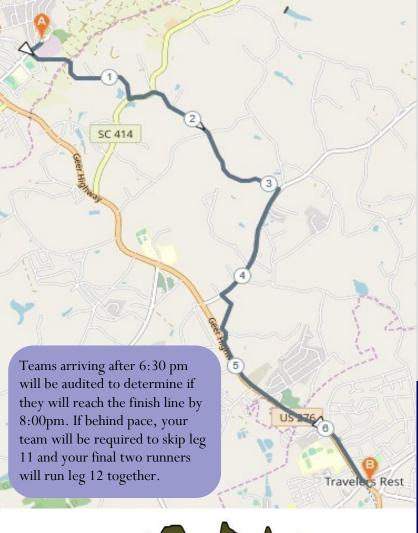
- This is one of the most difficult legs of the day and should be a challenge for even the most seasoned runners.
- With this leg being long and later in the day, please carry any necessary hydration that you may need during the run. Team vehicles can stop at the US-25 Underpass (mile 2.6) and/or Cox Chapel Baptist Church (mile 6) to cheer on runners and provide hydration for your teammate. Please pull completely off the road if you stop at the underpass.
- Runners should use caution and follow police instruction to cross Hwy 11.



Mileage Rating - #4 Difficulty Rating - #5 Overall - Moderate

Start - Poseidon Advanced Materials, 101 Slater Rd, Slater, SC 29683 Finish - Swamp Rabbit Brewery, 26 S Main St, Travelers Rest, SC 29690

https://www.plotaroute.com/route/1369992



Runner Directions

Exit transition

Left onto Bates Bridge Rd (0.1)

Left onto Bates Crossing Rd (1.3)

Right onto Pleasant Retreat Rd (1.5)

Right onto White Horse Rd Ext (3.1)

Left onto Tate Rd (4.2)

Right onto Swamp Rabbit Trail (4.3)

Stay on Swamp Rabbit Trail until the Center St intersection (6.6)

Continue straight on sidewalk past Center St to the Swamp Rabbit Brewery and transition on left (6.7)

*Number listed is total mileage of leg to that point. *Follow police directions to cross the at red light at Center St.

Driving Directions

Exit transition and turn left on US 276 (0.6) Transition on left (5.7)

*Approximate driving time = 12 min

*No parking at the brewery.

Parking Options near brewery:

TR United Methodist, 19 S Main St - 0.1 miles TR Family Medicine, 9 McElhaney Rd - 0.1 miles Gateway Park, 25 Center St - 0.2 miles

TR Sargent Library, 17 Center St - 0.3 miles

Pro Tips

1100ft

1000ft

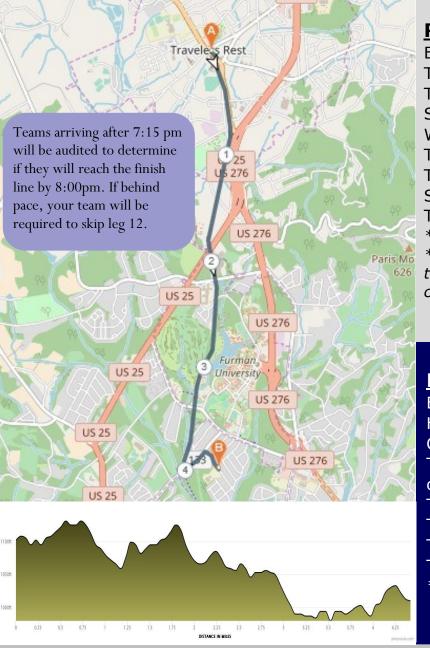
- Downtown Travelers Rest is very popular on Saturday afternoons and there will be no parking at the brewery. We have multiple parking options that include TR United Methodist Church (preferred location with plenty of spots), TR Family Medicine, Gateway Park and TR Sargent Library. Do not park at Anytime Fitness or you may be towed.
- Have a cold beer from Swamp Rabbit Brewery ready for your teammate if they finish their last leg of the day here!



Mileage Rating - #10 Difficulty Rating - #11 Overall - Easy

Start - Swamp Rabbit Brewery, 26 S Main St, Travelers Rest, SC 29690 Finish - Enoree Career Center, 108 Scalybark Rd, Greenville, SC 29617

https://www.plotaroute.com/route/1279714



Runner Directions

Exit transition and head South on Main St
Turn right to cross Main St
Turn left on Swamp Rabbit Trail (0.1)
Stay on Swamp Rabbit Trail until you reach
Watkins Bridge Rd
Turn left on Watkins Bridge Rd (3.9)
Turn right on Scalybark Rd (4.2)
Stay to the right on the sidewalk
Transition on right (4.4)

*Number listed is total mileage of leg to that point. *The Swamp Rabbit Trail has multiple intersections to cross where vehicles have the right of way. Use caution.

Driving Directions

Exit transition

Head South on Main St/276 in Travelers Rest Continue on US 276, Stay left (1.2)

Take the Old Buncombe Rd exit and turn right on Old Buncombe Rd (4.3)

Turn right on Duncan Chapel Rd (4.4) Turn left on Watkins Bridge Rd (5.4)

Turn left on Scalybark Rd (5.6)

Transition on right (5.7)

*Approximate driving time = 11 min

Pro Tips

- Follow police directions to cross Main Street in Travelers Rest and jump on the popular Swamp Rabbit Trail.
- The Swamp Rabbit Trail has multiple intersections to cross where vehicles have the right of way. Use caution and be prepared to stop for traffic.
- Runners will run right through the heart of Furman University, enjoy the views of this beautiful campus.
- Enjoy this relatively flat leg and one of the easiest routes of the day.

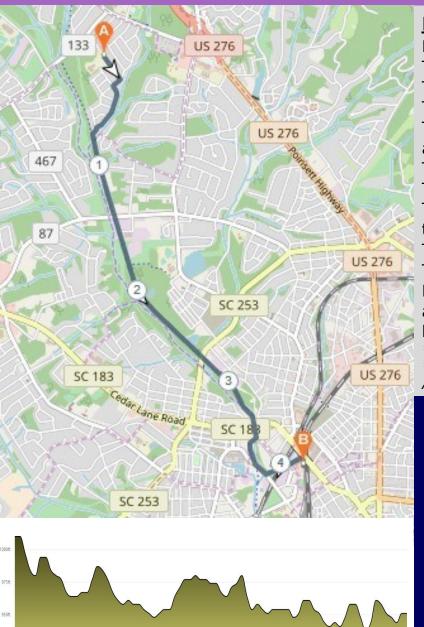


LEG #12 - Hampton 4.28 Miles

Mileage Rating - #11 Difficulty Rating - #12 Overall - Easy

Start - Enoree Career Center, 108 Scalybark Rd, Greenville, SC 29617 Finish - Hampton Station, 1320 Hampton Ave, Greenville, SC 29601

https://www.plotaroute.com/route/1279717



Runner Directions

Exit transition and head South on Scalybark Rd Turn right on Elkhorn Dr (0.2)

Turn left on Plano Dr (0.3)

Turn left on Vinson Dr (0.7)

Take immediate right on Swamp Rabbit Trail access trail (0.7)

Turn left onto Swamp Rabbit Trail (0.75)

Turn left on W Washington St to exit trail (3.7) Turn left to get back on Swamp Rabbit Trail extension (3.8)

Turn right on Hampton Ave (4.0)

Turn left on Swamp Rabbit Trail (4.05)

Find your team members at the gathering area and continue behind the buildings to the finish line!

*Number listed is total mileage of leg to that point.

Driving Directions

Turn left out of transition parking area
Turn right on Watkins Bridge Rd (0.2)
Turn right on Duncan Chapel Rd (0.4)
Turn right on Old Buncombe Rd (1.1)
Turn right on W Blue Ridge Rd (3.8)
Turn left on Old Bleachery Rd (4.2)
Turn left on Hampton Ave (5.1)
Follow parking signs and instructions from the parking staff.

*Approximate driving time = 12 min

*Directions for finish line parking are on the next page.

Pro Tips

- The finishing leg is also one of the easiest leg and spends most of its time on the Swamp Rabbit Trail. The trail has multiple intersections to cross where vehicles have the right of way. Use caution and be prepared to stop for traffic.
- Teams should park their vehicle and proceed to the team gathering area (on trail behind Hampton Station) approximately 10 minutes before their runner is scheduled to arrive so that you can all celebrate the last portion of the course together. Celebrate with music, food trucks, fun and of course, local craft brew at our finish line!



^{*}Follow volunteer and police directions to cross Hampton Ave.

Finish Line Celebration

Location - Hampton Station, 1320 Hampton Ave, Greenville, SC 29601

Parking Directions

All team vehicles will have reserved parking at Hampton Station. You must have your team hangtag displayed to gain access to the reserved team parking areas.

Vehicles should proceed on Hampton Ave towards Hampton Station. Prior to arriving at Hampton Station, look for Team Parking Signs and Event Parking Staff. Staff will direct you to the designated team parking areas.

What to bring to the Finish Line

- · Bring your ID and money if you plan to purchase anything.
- Your tear off beer ticket at the bottom of the bib. You will use this to redeem your first beer near the finish line.
- Blanket, chairs, or anything you might need to sit down and relax.
- Phone for photos! #villetoville

Timeline

Finish Line Celebration Begins: 2:00pm Finish Line Opens for Team Vans: 2:15pm Finish Line Opens for Runners: 2:30pm

Award Announcements: 7:00pm

Finish Line Closes for Runners: 8:10pm Finish Line Celebration Ends: 9:00pm Finish Line Sponsored By:

HAMPTON

STATION -

Post-Race Off-Site Greenville Suggestions

Music: Aloft Greenville Downtown, Smiley's, Southernside, Velo Fellow, FireForge, Jack N' Diane's

Food: Cazbah, Tsunami, Jianna, Tako Sushi, GB&D, Sidewall, Pomegranate, Pita House, Soby's, Trappe Door, Halls Chophouse, Paloma, Barley's, Henry's, Gather GVL, Coastal Crust, Anchorage

Beer: Fireforge Brewery, Southernside Brewery, Quest Brewery, Carolina Bauernhaus, The Whale, Hoppin', The Community Tap

Cocktails & Wine: Vault & Vator, Oak & Honey, SIP, Up on the Roof

FINISH



EXTREME September 25, 2021