

Main Line Animal Rescue & Pennsylvania SPCA Handlebarks Virtual Cycling Challenge 2021 Week 1 - Suggested Suburban Ride								
100K Route								
Total	63 Miles							
L=Left, R= Right, X=Crossing, TSO=To Stay On								
L=Left, R= Right, X=Crossing, BR=Bear Right, BL=Bear Left, STR=Straight								
0	STR	LEAVE MLAR	0.3		37.7	R	LAURELWOOD bec NEIMAN RD	0.3
0.3	L	PICKERING RD	1.0		38.0	X	UNDER RT 100	0.1
1.3	R	MERLIN RD	1.8		38.1	L	S HANOVER ST	0.1
3.1	R	YELLOW SPRINGS RD	2.2		38.2	R	KEMP RD	0.5
5.3	X	RT 113	0.5		38.7	L	SO KEIM	0.5
5.8	L	ART SCHOOL RD	1.5		39.2	R	EAST CEDARVILLE RD	0.4
7.3	R	HORSESHOE TRAIL	0.7		39.6	R	MILLER RD	0.7
8.0	X	ST. MATTHEWS ROAD	0.4		40.3	L	KULP RD	0.8
8.4	R	HOLLOW ROAD	1.2		41.1	R	SCHOOLHOUSE RD	0.4
9.6	R	FLOWING SPRINGS RD.	0.2		41.5	L	FULMER RD	0.8
9.8			0.0		42.3	L	PIGEON CREEK RD	0.1
9.8	L	BACK DOWN FLOWING SPRINGS TO STOP SIGN	0.2		42.4	L	HALTERMAN RD	0.8
10.0	L	HOLLOW ROAD	0.2		43.2	L	HARD LEFT ONTO KULP RD	0.7
10.2	BR	BIRCHRUN RD	2.7		43.9	R	SCHOOLHOUSE RD	0.1
12.9	L	HORSESHOE TRAIL	0.9		44.0	R	SAWMILL RD	0.3
13.8	R	FELLOWSHIP RD	0.7		44.3	R	TSO SAW MILL RD	0.6
14.5	R	WESTOVER LANE	0.6		44.9	R	ELLIS WOOD RD	1.0
15.1	R	BIRCHRUN RD	0.6		45.9	L	CREAMERY	0.6
15.7	L	HORSESHOE TRAIL	0.4		46.5	STR	ONTO STONY RUN RD	0.7
16.1	X	CROSS RTE 100 TSO HORSESHOE TRAIL	1.2		47.2			0.8
17.3	BR	COVENTRYVILLE RD	0.2		48.0	R	7 STARS RD	1.3
17.5	R	PRIZER RD	1.2		49.3	X	RTE 23 TSO 7 STARS RD	2.6
18.7	L	HARD LEFT ONTO MURRAY SCHOOL RD	0.5		51.9	R	HARES HILL RD	0.1
19.2	R	COVENTRYVILLE RD	1.0		52.0	BL	PRIZER RD	0.4
20.2	L	WARWICK FURNACE RD	1.7		52.4	R	KIMBERTON RD	0.1
21.9	L	IRON BRIDGE RD	0.6		52.5	X	HARES HILL RD TSO KIMBERTON RD	0.1
22.5	R	NANTMEAL RD	0.5		52.6	L	VALLEY DELL RD	0.2
23.0	STR		1.4		52.8	R	VALLEY RD	0.2
24.4	R	JAMES MILL RD	1.5		53.0	L	OLD KIMBERTON RD	1.9
25.9	R	READING FURNACE RD	1.4		54.9	R	ART SCHOOL RD	1.2
27.3	R	HARD RIGHT ONTO MINE HOLE RD	0.8		56.1	L	YELLOW SPRINGS RD	0.7
28.1	L	MORNINGSIDE RD	0.1		56.8	X	RTE 113 TSO YELLOW SPRINGS RD	0.5
28.2	X	RTE 23 TSO MORNINGSIDE RD	0.1		57.3	STR		0.9
28.3	L	WARWICK RD	0.2		58.2	R	BODINE RD	0.8
28.5	R	RTE 345	1.5		59.0	L	FOSTER RD	0.9
30.0	R	HARMONYVILLE RD	0.0		59.9	R	YELLOW SPRINGS RD	0.1
30.0	BR	TSO HARMONYVILLE RD	3.1		60.0	L	MERLIN RD	1.7
33.1			0.0	61.7	L	PICKERING RD	1.1	
33.1	CONT	HARMONYVILLE RD	3.9	62.8	R	MLAR ACCESS RD	0.3	
37.0	L	AT "T" LAURELWOOD RD	0.7	63.1	END	MLAR - CONGRATULATIONS!!!!!!		