## Erwin Wilderness Challenge/Triathlon

## **Individual Triathlon Participant**

June 1st - Erwin, NC

Join us on June 1<sup>st</sup> for our 8th Annual Wilderness Challenge/Triathlon! This course will run through the countryside, down the Cape Fear River and into Downtown Erwin. All proceeds are used to support our local military men & women in the United States Air Force stationed at Pope Army Airfield.

<u>Course:</u> The competition begins with a 10 mile bicycle ride through the countryside to a Wildlife Landing on the Cape Fear River.

Here you will begin the 8 mile Kayaking trip down the Cape Fear River to the Cape Fear River Park in Erwin. The competition will finish up the triathlon with a 3.1 mile run along the Extension to the Dunn-Erwin Rail Trail & will end in Downtown

Erwin. A map of the course can be accessed at www.erwin-nc.org.

Event: Triathlon: 10 mile cycling, 8 mile kayaking and 3.1 mile run - Individual Competition

Awards: First, Second & Third place: Male & Female

Registration: Registration and payment: www.clockworkracetiming.com. Pre-registration deadline is May 15th. Registration begins at

7:00 am at The Erwin Business Complex, 200 North 13<sup>th</sup> Street, Erwin, NC where participants will sign in and pick up race numbers. Kayaks should be dropped off at NC Wildlife Boating Access Area, 640 Wildlife Road, Lillington, NC prior to the start of the race. Bikes and kayaks will be transported back to the finish line area where they can be retrieved after the

race. NO REFUNDS! Race begins at 8:00 am.

**Entry fees:** \$80 registration for Individual Competition in the Triathlon

\$70 for Military Participants

Scoring: Scoring based on overall event time. Chip timing provided by The Clock Work Race Timing Company. All participants must

complete the bike and kayak portion of the event within 2:30 (10:30 am) of their start. Any participants who arrive to the

2<sup>nd</sup> transition point after this will not be listed in race results."

More Contact: Sharon Stevens - Sharon@dunntourism.org 910-892-3282 office 910-985-0354 cell

<u>Information:</u> Patsy Carson – erwinmayor1@gmail.com 910-891-6981

Dottie Womack - womackdottie@gmail.com 910-514-8003

Payment should be sent to: Erwin Wilderness Challenge, PO Box 218, Erwin, NC 28339 (if not doing online)

First Name:		MI:	Last Name:		Birthdate:	Gende	r:	Age:	
					/ /	M or	F		
Mailing Address:						State:	Zip	):	
T-Shirt Size (M, L, XL, XXL)	Email Address and Phone Number				Please check: Civilian - \$80 Military - \$70				

## **Entrant Release**

Safety Flotation Devices must be worn at all times while on the water. Helmets are required on bicycles. Portable music players are allowed but discouraged. I acknowledge that competitive events can be a hazardous activity, and I and my heirs, executors, administrators, and assigns do release the organizers, sponsors, all race personnel, Clock Work Race Timing Co., Town of Erwin, County of Harnett, and Pope Army Air Field from responsibility for any damages suffered by me as a result of my participation in this event. I also attest that I believe I am healthy and fit enough to safely participate in the event on June 1, 2019 and that I will take full responsibility for my own safety before, after, and during the event. I also give permission for the free use of my name and picture to any broadcast, telecast, or written account of the event.

If you need to rent a kayak contact Cape Fear River Adventures 919-495-5555 (They will deliver and pick up)

Entrant Signature:	
Signature:	
Date:	
Parent/Guardian Signature: (if participate is under 18)	
Taleny Saaraan	
Signature:	
(if participate is under 18)	