

Family Service & Children's Aid 17th Annual 5K RUN for FUN



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Contact Kayla @ Family Service & Children's Aid
kdavid@strong-families.org
517-787-7920

Saturday, Oct 5, 2019

5K Run and Walk / Kids Fun Run

Cascade Falls Park, 1401 S. Brown St.

Start Time: 8:30 a.m.

Awards for Run & Walk

Awards given to the overall male and female winners, plus the top 3 male and female finishers in each age group.

****BONUS!** TEAM/FAMILY DIVISION AWARDS**

To encourage participation, awards will be given to the top three teams/families in both events. Two or more team/family members must compete in same event (Run or Walk) to qualify. The two fastest times of all team/family members participating will be averaged to determine winner. Please check the Team/Family Division box on registration form to enter.

ENTRY FEES (All fees non-refundable)

- **Postmarked by September 20, 2019**
\$25.00 - Individual 5K Run/Walk \$3.00 Kids Fun Run
- **Late Registration (after September 20)**
\$30.00 - Individual 5K Run/Walk \$5.00 - Kids Fun Run

PACKET PICK-UP & LATE REGISTRATION

Packet pick-up Friday, Oct 4th from 9:00 am - 3:00 pm at Family Service & Children's Aid (330 W. Michigan Ave, Jackson), and on race day beginning at 7:30 a.m.

Race day registration: 7:30-8:15 a.m.

Register online @ www.fscarunforfun.org



Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: (____) _____ E-mail: _____

Age on Race Day: _____ D.O.B.: _____

Category:

(Check One) ☐ Male ☐ Female

(Check One) ☐ 5K Run ☐ 5K Walk ☐ Kids Fun Run

We cannot guarantee a T-shirt to late or race-day registrants

T-Shirt (check one): Adult: ☐ S ☐ M ☐ L ☐ XL ☐ XXL

Child: ☐ S ☐ M ☐ L

☐ Team/Family Division:

Each Team/Family Member must participate in the same event (i.e. Run or Walk). Each team/family member must fill out a separate registration form and submit them at the same time.

List Name(s) of other family member(s) participating below:

Entry Fees: *Must be postmarked by September 20*

☐ \$25.00 - Individual Run/Walk ☐ \$3.00 - Kids Fun Run

Late Entry Fees (after Sept. 20): *(T-shirt cannot be guaranteed)*

☐ \$30.00 - Individual Run/Walk ☐ \$5.00 - Kids Fun Run

Waiver: In consideration of accepting my entry, I, the undersigned, in intending to be legally bound, do hereby for myself, my heirs, and executors waive and release forever any and all claims for damages that I may have against the sponsors, race officials, Family Service & Children's Aid, the County of Jackson and Jackson County Parks, and any person or entity associated with this event for any and all injuries suffered by me in this race/walk. I attest that I am physically fit and have prepared for this race/walk accordingly.

signature

date

As a parent or guardian of the above named minor, I hereby certify that I have read all of the above document, that I give my permission for my child to participate in this event, and that I agree on behalf of myself and my child/ward to the terms of the document.

signature

date

Mail completed entry form(s) payment to:

(Check payable to:) Family Service & Children's Aid
C/O Teresa Proctor
P.O. Box 6128. Jackson, MI 49204