Greetings Sisters Network Inc. 11th Annual Stop the Silence Run/Walk Participants, thank you for your participation. We are so excited to walk/run virtually with you! Please use your social media to repost your Social Media Engagement!

BEFORE, DURING AND AFTER YOUR WALK PLEASE DO THE FOLLOWING:

- Take lots of fun photos or short videos during your walk or run!
- Give us a shout out! Let everyone know you are walking today to support Sisters Network Inc. 11th Annual Stop the Silence 5k Walk/Run.
- Tell us your name or team name.
- Are you a member of a Sisters Network Affiliate Chapter? Let us know which one.
- Who are you walking in honor or in memory of today?
- What city are you representing?

POST AND TAG SISTERS NETWORK INC.

INSTAGRAM @sistersnetwork
TWITTER @sistersnetwork
FACEBOOK @sistersnetwork

#HASHTAGS- PLEASE USE ONE OR TWO OF THE FOLLOWING:

#stopthesilence
#sistersnetworkinc
#sistersnetwork
#beatblackbreastcancer
#snivirtualwalk
#blacksisiterhood
#blackhope
#blackadvocacy
#iHelpedFightBreastCancer

*Please note: You do not have to use all the #Hashtags, one or two is okay.

Tell everyone to stop the silence, so black women can beat breast cancer odds.

Not Social Media Saavy? That's okay, please email your photo or videos to stopthesilencewalk@sistersnetworkinc.org and we will post to our social media platforms.