Mother's Day 5K

Sunday, May 10, 2015 @ 9 am 450 W 100 N, Valparaiso, IN



Register by May 1, 2014 to be guaranteed a MD5K t-shirt!

After May 1, shirt is on a first come, first serve basis.

Register online for only \$20 at Taltree.org!

Mail-in registrations are \$25 and must be postmarked by April 24. Day of registration is \$25.

5K Awards

Top overall male & female finishers; Top male & female masters; Top three finishers in each age group: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-75, 76-79, 80+

Packet pick-up: Advanced pick-up on Saturday, May 9 from 11 am-7 pm at Extra Mile Fitness Co, 1330 E Lincolnway, Valparaiso. Race Day pick-up begins at 7:30 am.

FITNESS ECOMPANY

Family friendly 3.1-mile trail run/walk. Computerized timing provided by T&H Timing. Event proceeds go to support Taltree Arboretum & Gardens environmental restoration, conservation and education initiatives. No dogs. No strollers, bicycles, in-line skates, scooters or other vehicular traffic allowed on the course.

For more information, call 219.462.0025 or use the QR code to access <u>Taltree.org</u>. >>>>

Runner Registration Form & Waiver

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Address:				_
City:		State:	Zip:	
Phone:	Email:		Age: Gender: M F	
Shirt Size (circle or	ne): Sm Med Lg	XL No Shirt (save \$4)		

In signing this form, I assume all risk and responsibility associated with running this event. I agree to waive any responsibility for injury or loss for the race organizers, sponsors, volunteers, or any other entity associated with this event. I grant permission to the above use of my image via photographs, video recordings or any other record of this event for any legitimate event purpose. I verify that I am physically fit and have trained sufficiently for this event.

Signature:	Date:	
Signature:	Date:	
Parent's Signature, if participant is under 18 years old.		

Mail-in registrations must be postmarked by April 24. Make check payable to: Taltree Arboretum. Mail to: 71 North 500 West, Valparaiso, IN 46385.