

WOODFOREST CHARITY RUN®



DATE

Saturday, September 14, 2019

PLANNED PACKET PICK-UP & REGISTRATION

Fleet Feet

1925 Hughes Landing Blvd.

The Woodlands, TX 77380

Thursday, September 12; 10 am – 7 pm and Friday, September 13; 10 am – 7 pm

Packets may also be picked up race day morning.

START TIME

7:40 am — 10K Run | 8:00 am — 5K Run | 9:00 am — Barkley Shoe Dash

WHERE

Heritage Place Park (Newton and Simonton) | Parking located at parking garage on Hwy 105 and North San Jacinto

DISTANCE

10 Kilometers (6.2 miles) | 5 Kilometers (3.1 miles) | Barkley Shoe Dash (100 yds)

COURSE

10K/5K Course: A challenging course that is certified and sanctioned by the USA Track and Field. **Barkley Shoe Dash:** Run held on Simonton Street in front of Heritage Place Park. Runners will begin the race with one shoe, dash 50 yards to retrieve and put on their other shoe from a pile of competing runners' shoes, then dash 50 yards back across the finish line.

ENTRY FEE (per runner)

PRE-REGISTER before August 23

REGISTER on or after August 23

5K Run

\$30

\$35

10K Run

\$35

\$40

Shoe Dash

\$10

\$10

**Registration limited to the first 500 entries. Registration fees are non-refundable and entries cannot be transferred.*

RACE SCORING

Race scoring for the 5K and 10K will be done by Do More. You will not be considered an official finisher if you do not wear your bib and timing device. Race bibs and tags will be with your race packet. You will not need to return the tag at the conclusion of the race. Note: No personal timing chip may be used for this race.

WATER STATIONS

Water will be provided at the Start, Finish and along the course.

POST RACE PARTY & AWARDS CEREMONY

After the race, enjoy refreshments and music in Heritage Place Park until 11 am. The Awards Ceremony begins at 9:15 am.

AWARDS

Timing chip must be worn for verification on the 5K and 10K race.

5K and 10K: Overall Male and Female Winner | Overall Master Male and Female Winner (40 & over)

5K and 10K Age Groups (Awards presented to the top 3 male and female finishers in each age group):

• 9 & under • 10 – 19 • 20-29 • 30-39 • 40 - 49 • 50 - 59 • 60 - 69 • 70+

Barkley Shoe Dash: All runners will receive a participation award. The top finisher in each age group (5-7 and 8-12) receives a trophy.

Awards will be given for the best themed and/or costumed runners in each of the following categories: Individual and Group.

COURSE TIME LIMIT

The finish line will be open for 2 hours and 30 minutes (a 24 minute per mile pace). The course will reopen to traffic at 10:15 AM.

SECURE CHECK-IN

Secure Check-In will be available prior to the race. Check the park directory for the tent location.

SWEAT WICKING T-SHIRTS

First 250 entries into the 5K and 10K are guaranteed t-shirts and goodie bags. T-shirts will be included with packet pick up. Only adult size shirts will be available. Limited to 1 t-shirt and goodie bag per runner.

RESTRICTIONS

With the exception of wheelchairs and strollers, the course is closed to all wheels including bicycles, rollerblades and skateboards. No pets allowed. Shoes must be worn during the 5K and 10K races.

RACE REASON

All net proceeds will benefit the Woodforest Charitable Foundation®.

- The Woodforest Charitable Foundation was founded in 2005.
- Primary purpose is to provide funding to qualifying 501(c)(3) charities in the communities that are served by Woodforest.
- Program areas focus on social services.