



2015 Meleah Mikeal Half Marathon

Lenoir, NC • November 14, 2015 • 9:00am

ONLINE REGISTRATION AVAILABLE at <http://www.racingtoes.com>

HALF MARATHON ENTRY FORM

Please write legibly and fill in all blanks. Failure to fully and accurately complete this form may adversely affect the timeliness and accuracy of the race results. We're sorry, but entries deemed incomplete or illegible by the organizers of this event may be declined.

Special Early Bird Rate (postmarked by May 21) -- \$25; May 22-July 31 -- \$35; Aug 1-Sep 30 -- \$40; Oct 1-Nov 13 -- \$45; Race Day Registration -- \$50

*** Shirts guaranteed to all participants who complete the race ***

Last Name _____ First Name _____ Birth Date _____
MM/DD/YYYY

Street Address _____ City/State/ZIP _____

Telephone (____) _____ E-Mail Address _____

Male Female Shirt Size S M L XL Age on Race Day _____

Emergency Contact _____ Emergency Telephone No. (____) _____

WAIVER: I fully understand that running a road or trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained to safely complete the event for which I am submitting this entry form and fee. I agree to abide by any decision of a race official relative to my ability to safely complete this run within the designated time limit. I further agree to surrender my race bib and timing chip (if timing chips are assigned to participants in this event) to any race official if directed to do so for any reason. I assume all risks associated with participating in this race, including, but not limited to: falls; contact with other participants; runners; bikers; horses and other animals; the effects of weather, including heat, cold, or precipitation; vehicular traffic; the condition of the roads and/or trails; all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone for whom I am entitled to act waive, release, and hold harmless the City of Lenoir, all other sponsors and property owners, Racing Toes, and all the agents, employees, officers, directors, and volunteers working for those entities from all claims and liabilities of any kind arising out of or related to my participation in this event. I also understand that baby joggers or strollers, roller skates, and pets are not allowed on the course at any time during this event. I understand and acknowledge that in exchange for my acceptance into this event I am willingly assuming full responsibility for the care of the timing chip I am assigned for this event, and promise to return it to finish line officials immediately upon completion or withdrawal from the event. I understand and agree to be held personally responsible and pay the race organizer a \$30 replacement fee for the timing chip if I fail to return it to finish line officials or Racing Toes within 48 hours of the event.

Signature of Entrant _____ Date _____ Signature of Parent or Guardian if under 18 _____

Make checks payable to LAFC and mail to:
LAFC, Attn: Zack Carter • PO Box 958 • Lenoir, NC 28645

Amount Enclosed: \$

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