

# 10<sup>th</sup> Annual Parma Run-Walk for Pierogies

5K Run/Walk and 1 Mile Fun Walk

Saturday, July 3, 2021 - 7:30 am

Tri-C Western Campus - 11000 Pleasant Valley Road



**University Hospitals**  
Parma Medical Center



**CHIP TIMED RACE!!**

*First 600 pre-registered are guaranteed a t-shirt, as well as a certificate for pierogies from Perla's.*

Please follow us on Facebook and Twitter: @pierogie5k



**5K Run Award Age Groups:** Top overall male and female 11 and under, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, and 70 Over - Pierogie awards to top three male and female finishers in each division.

Mail entries must be received by Wed., June 30.

Make checks payable to: Hermes Sports & Events

2425 W. 11<sup>th</sup> Street Suite 2, Cleveland, OH 44113

\*Pre-Registration \$25

\*Day of Registration \$30

\*Ages 11 and Under: \$15

Register online at: [www.hermescleveland.com](http://www.hermescleveland.com)

On-Site Registration/Check-In:

Online registration closes Friday, July 2 at 9:00 am.

6:30 am - 7:30 am

Race Director: Parma City Council President Sean Brennan: 440-885-8091 [pierogie5k@gmail.com](mailto:pierogie5k@gmail.com)

Bring non-perishable food donations to benefit the CCC student foodbank for raffle entries.

Proceeds benefit local charities. Sponsorship opportunities available!

## Run/Walk for Pierogies

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Race Day Age: \_\_\_\_\_; Gender: M F

Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State and Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Signature (Parent/Guardian, if under 18): \_\_\_\_\_

**Shirt Size:** YS YM YL S M L XL XXL XXXL **Circle One:** 5K Run, 5K Walk or 1 Mile Walk



I hereby understand that upon my entry into the Pierogies 5K race/walk or 1 mile fun walk, I waive any and all claims for damages that I may have against University Hospitals, Cuyahoga Community College, Perla Pierogies, the City of Parma, the Parma Charitable Fund, Hermes Sports & Events, promoters, sponsors or anyone involved in the production of this race, regarding any and all injuries suffered by me while running, traveling to and from, or participation in this event, for myself, my heirs and/or assignors. I also understand that refunds will not be available for entry fees. Due to COVID restrictions, we will not be serving food at the event this year.