



5k, 10K & Half Marathon Trail Races

Sunday, October 11, 2020 7:30AM

Two Rivers Mountain Bike Park, 5055 2 Rivers Rd, Highlandville, MO 65669.

Free Hoodie, Post race food and beer/root beer, Bonfire

Awards to top 3 overall M/F

Entry fees: **5k:** \$35 through Aug. 12, \$40 through Oct. 10, **10K:** \$50 through Aug. 12, \$60 through Oct. 10
Half Marathon: \$65 through Aug. 12, \$75 through Oct. 10

Make Checks payable to: Fleet Feet, 1254 E Republic Rd, Springfield, MO 65804

First Name: _____ Last Name: _____

Address: _____ City/State/Zip: _____

Phone: _____ E-mail: _____

Emergency Contact: _____ Emergency Contact Phone: _____

Gender: Male Female Circle: *5k, 10k, Half* Age on 10/12/2020: _____

Shirt Size: XS *Small Medium Large XL XXL* Date of Birth: _____



FLEET FEET
SPRINGFIELD

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all right and claims for damages or injuries that I may have against the Event Director, Springfield Brewing Company, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typical found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition.

In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization.

By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver.

Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes.

Participant Signature: _____ Date: _____

