



April 22

8:00 AM

**Start and finish on Cocoa Beach
High School track
In Person and Virtual Race Options**



- **Finisher medals for all 5k participants**
- **Overall & age group awards**
- **CBHS award categories**
- **Unisex technical race shirt**
- **Post-race refreshments**

Race proceeds will purchase Pole Vault equipment. Help us keep the winning tradition alive at Cocoa Beach High School!

For More Information:
Call or Text 321-288-5388
Email minutemenmuster@cfl.rr.com



Register by Mail, On-Line, In Person			
Entry Fee	By	After	Race
	3/26/23	3/26/23	Day
5k Run/Walk	\$25	\$30	\$35
5k Run/Walk - No Shirt	\$20	\$25	\$30
5k Run/Walk - Virtual	\$25	\$30	
<i>(Race fees are non-refundable)</i>			
Kids Free Fun on the track after the 5k			
Race results will be posted at https://runsignup.com/minutemenmuster			

Mail with check payable to
Cocoa Beach XC Booster Club
 30 Country Club Road
 Cocoa Beach, FL 32931

On-Line
<https://runsignup.com/minutemenmuster>

Packet Pickup & Registration at
Cocoa Beach Friday Fest
 April 21 from 6:00 to 9:00 pm

Race Day
 1500 Minutemen Causeway, Cocoa Beach
 6:30 to 7:50 am at the stadium

(circle one race) Minutemen Muster 5k / Virtual Run

Name _____ M / F Age on 4/22 _____ Email _____

Address _____ City _____ State _____ Zip _____

Phone _____ Race Shirt: YM YL XS S M L XL XXL XXXL

CBHS Alumnus Grad Year _____ CBHS Student Grad Year _____ CBHS Employee Yes / No

In consideration of you accepting this entry, I, the participant, intending to be legally bound and hereby waive or release any and all right and claims for damages or injuries that I may have against the Event Director, Cocoa Beach Cross Country Booster Club, Sommer Sports, and all of their agents assisting with the event, sponsors and their representatives and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. *(Race fees are non-refundable)*

Signature (Parent or guardian if under 18) _____ Date _____

