

ATHLETE GUIDE

2025



# MIGHTY MATAPEAKE

**REV3 MIGHTY MATAPEAKE:**

SPRINT TRIATHLON, DUATHLON, AQUABIKE  
SEPT 27, 2025



# WELCOME

Welcome to the 205 Rev3 Mighty Matapeake Triathlon! This event consists of a 1/2 mile swim, 12 mile bike ride, and 3.1 mile run. Should there be any information that you do not find in this guide, please be sure to check the website for updates.



# LOCATION

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Rev3 Mighty Matapeake will take place on Saturday, September 27th, 2025 at the Matapeake Clubhouse & Beach located at 2010 Sonny Schulz Blvd, Stevensville, MD US 21666. If you're coming from across the Bay Bridge, it is your 1st exit to the right (then turn right). If you are coming from WB Rte 50, it will be last exit (Rte 8) before the Bay Bridge

## PARKING

Parking for the event will be located at 1112 Romancoke Rd, Stevensville, MD



# RACE DAY

## SCHEDULE

**6:30am - 7:45am** PACKET PICKUP

**7:45am** National Anthem & Welcome

**8:00am** Wave 1 - All Males/Duathlon

**8:05am** Wave 2 - All Females/Relay

Note: All Aquabike will start with their appropriate gender

**10:15am** Projected Awards Ceremony

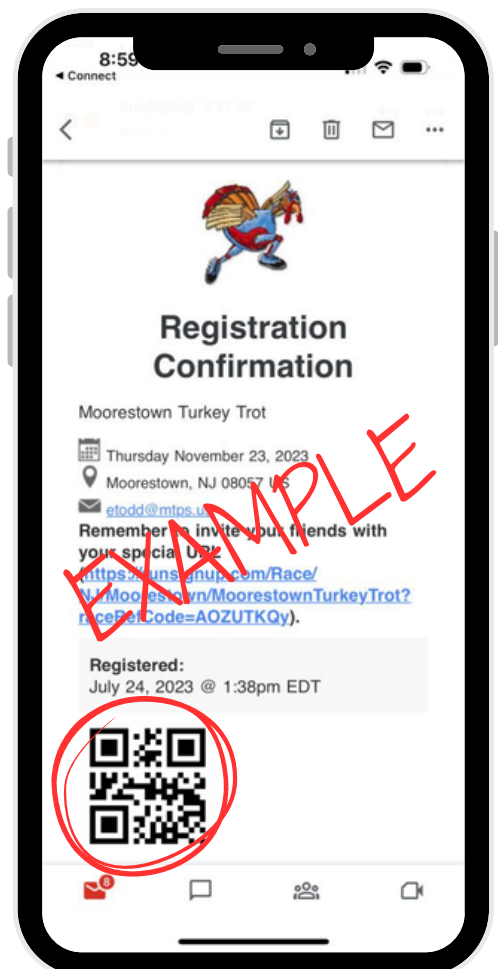
## PACKET PICKUP

**\*\*PLEASE HAVE YOUR QR CODE  
READY AT PACKET PICKUP\*\***

Your QR code can be found at the bottom of your Registration Confirmation email. Please come to packet pickup with your QR code ready to be scanned, this ensures a smooth process.

## DOUBLE-CHECK THAT YOU HAVE A SWIM CAP & TIMING CHIP IN YOUR RACE PACKET.

Athletes will be given a timing band to place on their ankle. All athletes **MUST** wear the timing band for the entirety of the race. These bands will be collected at the end of the race. Failure to return the strap can lead to the replacement cost of the timing chip (approximately \$100) to be charged to the athlete.



## **PACKET PICKUP**

**THERE IS RACE DAY PACKET PICKUP ONLY FOR THIS EVENT. THERE WILL NOT BE DAY OF REGISTRATION.**

**PACKET PICKUP BEGINS AT 6:30 AM ON SATURDAY, SEPTEMBER 27, 2025**

**WE ENCOURAGE PARTICIPANTS OF THE EVENTS TO BE PREPARED TO START AT 8AM.**

**PLEASE BE SURE TO BRING IDENTIFICATION. YOUR USAT NUMBER HAS BEEN VERIFIED PRIOR TO PACKET PICKUP, BUT WE WILL NEED A PHOTO ID TO VERIFY YOUR IDENTITY.**

## **ESSENTIAL GEAR**

**PLEASE BE SURE TO BRING YOUR HELMET FOR THE BIKE PORTION OF THE COURSE. ATHLETES WITHOUT A HELMET WILL NOT BE ALLOWED TO CONTINUE.**

**YOU WILL BE PROVIDED WITH A SWIM CAP AND BIB AND TIMING CHIP AT PACKET PICKUP. YOU WILL ONLY NEED TO WEAR YOUR BIB ON THE RUN PORTION OF THE COURSE.**

**PLEASE BE SURE TO BRING YOUR USA TRIATHLON CARD AND IDENTIFICATION FOR VERIFICATION. THIS EVENT IS A USA TRIATHLON SANCTIONED EVENT AND ALL PARTICIPANTS MUST HAVE A VALID USA TRIATHLON MEMBERSHIP.**

# COURSES

## SWIM

We will be following USAT temperature guidelines for wetsuits, meaning that if the water is above 78 degrees, wetsuits will be allowed (up to 84 degrees) but you will not be eligible for awards.

Our swim course will be an in water start. Most athletes will find that they are able to touch for a majority of the swim. We will have multiple lifeguards on course, as well as our friends at the Kent Island Volunteer Fire Department. Athletes will find there are TWO turns on the course (right hand u-turn, keep buoy to your right). All other buoys will be placed for sighting.

## BIKE

This is an open bike course, so there will be vehicle traffic on the course. The Maryland State Police will be there to provide you with a safe entrance and exit to Route 8 and from there it is GO GO GO!!! You will ride to the Romancoke Fishing Pier and turn around at the Trooper. Return back up the roadway on the shoulder for the fastest out and-back that you've ever had! The course will be marked with ORANGE arrows on the roadway. You will see arrows at approximately 50 yards, 25 yards and 5 yards before any turns.

# RUN

## RUN

The Run will consist of a 3.1 mile out and back run on the Rails to Trails system. This is an open run course, so please use caution when running.

There are a few areas where you will cross small roadways. Vehicles will be warned of your presence.

There will be AT LEAST one aide station with Water and Gatorade on the run course.

# DUATHLON RUN

The Duathlon Run will consist of a looped, 1 mile run, on the run course. You will begin your run from an area directly in front of the finish line.

## AQUABIKE

Your finish is when you enter in to transition. We invite you to rack your bike, take off your helmet, and come outside of transition and run across the finish line, so that you can receive your finisher's medal and get a finish line photo. THIS PROCESS DOES NOT ADD ON TO YOUR FINISH TIME.

## RELAY

Relay participants will make their exchange of their chip in transition, at the bike rack area. Each team will only have ONE chip per team, and it must be passed along to the other member of the team.

## COMMON RULE VIOLATIONS

This is a USA Triathlon sanctioned event, and all USA Triathlon rules will be applied. Please make sure that you make yourself familiar with the most common rules Eight Commonly- Violated USAT Rules.

### DRAFTING

USA Triathlon rules state that bicycles should stay 3 bike lengths away.

### HELMETS

All participants MUST wear a helmet. No helmet, no ride. The chin strap for the helmet MUST be fastened.

### HEADPHONES

As this is a USA Triathlon sanctioned event, the use of headphones is prohibited. You will be asked to remove the headphones, should you be seen wearing them.

### ASSISTANCE ON COURSE

There will be very little motor assistance on course. Please ensure that you have the materials necessary to change a flat tire, in case you have a puncture. If there is an emergency on course, please let a law enforcement officer on course know the emergency and approximate location.



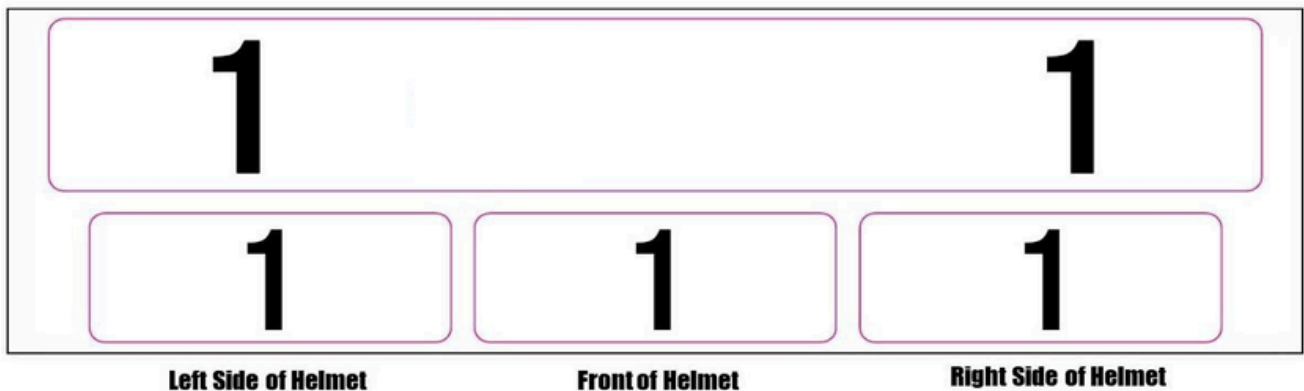
# TIMING CHIP, STICKERS & BODY MARKING

## TIMING CHIP

- Must be worn during the race
- Fasten to your **LEFT** ankle

## STICKERS

### Around Seat Post

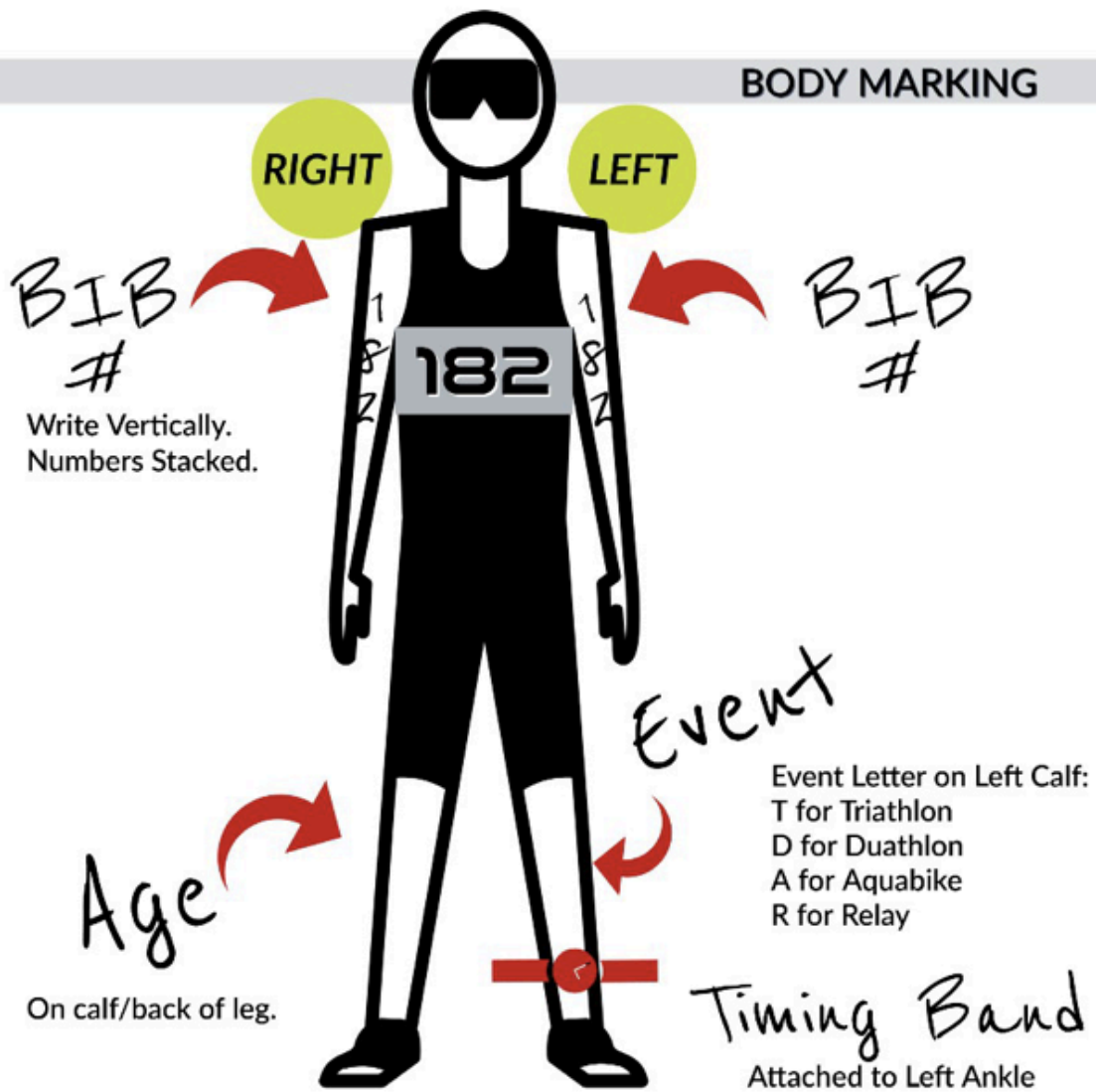


## BODY MARKINGS

You are welcome to Mark yourself before you arrive to expedite coming into transition. Please carefully review your marking locations and information below:

- **Race Number:** Both Arms
- **Age:** Right Calf
- **Event:** Left Calf (T = Triathlon, D = Duathlon, A = Aquabike, R = Relay)
- Use a **BOLD BLACK MARKER**, like a **Sharpie®**.
- Wipe your skin clean to remove any oily residue prior to marking. Visibility is important. If you mark yourself incorrectly, use eye makeup remover, makeup remover or baby oil to erase and try again. Lotion or coconut oil on a cotton ball may work as well.

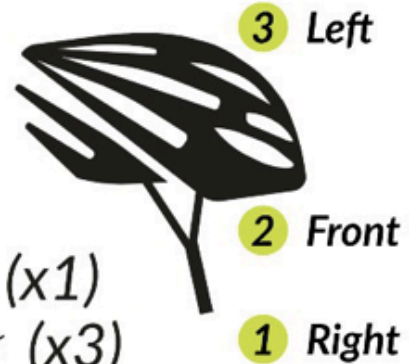
## BODY MARKING



## EQUIPMENT STICKERS



Bike (x1)  
Helmet (x3)



# AWARDS - MULTISPORT

All finishers will receive a medal, commemorating their achievement.

TOP 3 MALE

TOP 3 FEMALE

Top 3 Male and Female:

19 & under

20-24

25-29

30-34

35-39

40-44

45-49

50-54

55-59

60-64

65-69

70 & Over

Top 3 Duathlete (Male and Female separate)

Top 3 Aquabike (Male and Female separate)

Top 3 Relays

Top 3 Clydesdales (Males 220 lbs+)

Top 3 Athena (Females 165 lbs+)

Top 3 Military/Law Enforcement/First Responder (Male and Female separate)

# OUR PROMISE TO YOU

- Support the healthy lifestyle choices of swimmers!
- To help provide smooth events for organizers and athletes alike. By taking care of the details, events are enjoyable and athletes continue to come back to support the organizations that host them.

## QUESTIONS?

Contact Jason with Revolution3 at [info@rev3tri.com](mailto:info@rev3tri.com) for more information.



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