



2022 Mighty Matapeake Multisport Festival Athlete Guide

WELCOME

Welcome to the 2022 Mighty Matapeake Multisport Festival, consisting of a ½ mile swim, , 12 mile bike ride and 3.1 mile run. We are excited that this event has gained so much attention, and that we will have a field of almost 50 duathletes, our largest of the season!

The Mighty Matapeake course is a very flat and super fast course, and we can't wait to see what you can do out there!

LOCATION

The Matapeake Beach Club is our home for the event, and can be found by looking up 1112 Romancoke Rd, Stevensville, MD. If you are coming from across the Bay Bridge, it is your first exit to the right (then turn right). If you are coming from Westbound Route 50, it will be last exit (Route 8) before the Bay Bridge. Parking for the event will be public parking lot to the south of the Beach Club. We will be building up transition the night before and creating the Bike In/Bike Out chutes, as well as Swim In/Swim Out, so please don't block those with your vehicles



TIMES

Packet Pickup will start at 630 am on Saturday, 9/24. We encourage participants of the events to be prepared to start at 8am. When you arrive, bring your ID to the BIKE IN/BIKE OUT portion of transition, and we will get you your swag!

We will be breaking up our swimmers in to 2 waves. Wave 1 will be all male competitors (triathlon and Aquabike swimmers). Wave 1 will also be the official start time for the Duathlon run, which will start from the Bike Mount/Dismount line. **THE SWIM WILL START AT 8AM!!**

Wave 2 will be all Female competitors, and all relay swimmers (regardless of gender).

All athletes will be in the water by 8:20 am.

We will be following USAT temperature guidelines for wetsuits, meaning that if the water is above 78 degrees, wetsuits will be allowed (up to 84 degrees) but you will not be eligible for awards.

We will be monitoring the jellyfish situation, but the numbers are rapidly decreasing!!

ESSENTIAL GEAR

Please be sure to bring your helmet for the bike portion of the course. Athletes WITHOUT A HELMET WILL NOT BE ALLOWED TO CONTINUE.

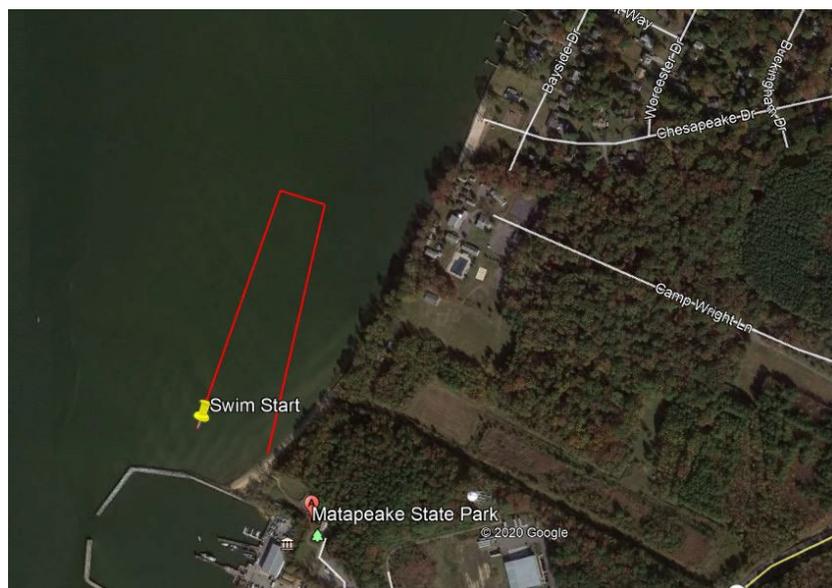
You will be provided with a swim cap and bib and timing chip at Packet Pickup. You will only need to wear your bib on the run portion of the course.

Please be sure to bring your photo ID to transition for verification. This event is a USA Triathlon sanctioned event and all participants must have a valid USA Triathlon membership. This was verified when you signed up for the event.

COURSE

SWIM

Our swim course will be an in water start. Most athletes will find that they are able to touch for a majority of the swim. We will have multiple lifeguards on course, as well as our friends at the Kent Island Volunteer Fire Department. Athletes will find there are TWO turns on the course (right hand u-turn, keep buoy to your right). All other buoys will be placed for sighting.



BIKE – HELMETS MANDATORY

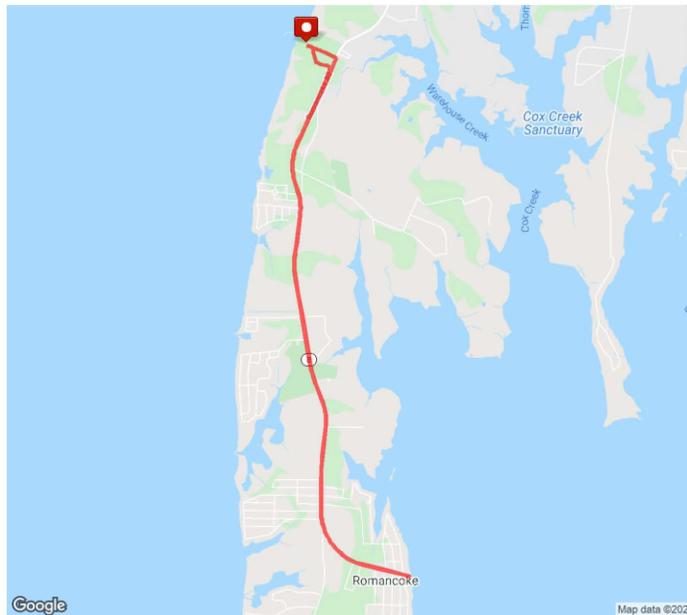
This is an open bike course, so there will be vehicle traffic on the course. The Maryland State Police and Queen Anne’s County Sheriff’s Office will be there to provide you with a safe entrance and exit to Route 8 and from there it is GO GO GO!!! You will ride to the Romancock Fishing Pier and turn around at the Trooper. Return back up the roadway on the shoulder for the fastest out-and-back that you’ve ever had! . The course will be marked with ORANGE arrows on the roadway. You will see arrows at approximately 50 yards, 25 yards and 5 yards before any turns.



Matapeake Bike Course

Distance: 11.97 mi
Elevation Gain: 212 ft
Elevation Max: 47 ft

Notes



0.00 mi	Head southeast on Sonny Schulz Blvd toward Aquaculture
0.12 mi	Head east on Sonny Schulz Blvd toward Romancock Rd
0.31 mi	Turn right onto Romancock Rd Destination will be on the right
0.38 mi	Head southwest on MD-8 N/Romancock Rd toward Marine Academy Dr
6.01 mi	Head west on MD-8 N/Romancock Rd toward Brick House Rd
11.49 mi	Turn left onto Woodmoor Rd
11.50 mi	Turn right
11.75 mi	Turn right onto Aquaculture
11.90 mi	Turn left onto Sonny Schulz Blvd

You can also see the course at <https://www.mapmyrun.com/routes/view/3416482540>

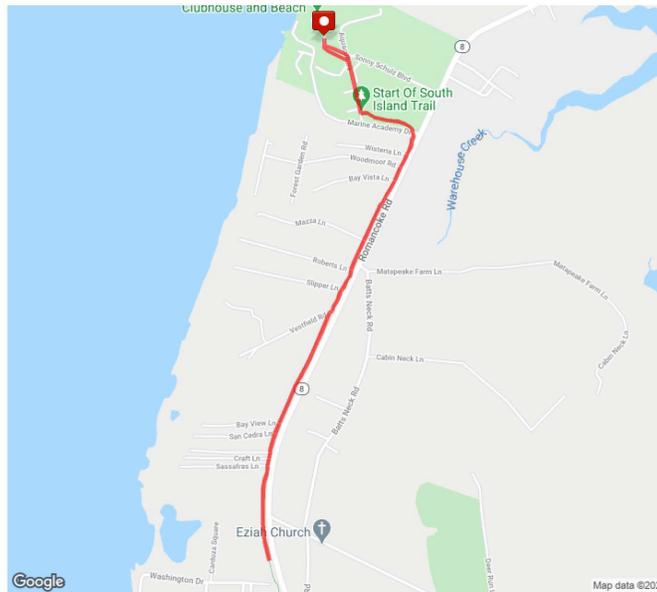
RUN

The Run will consist of a 3.1 mile out and back run on the Rails to Trails system. **This is an open run course, so please use caution when running. There are a few areas where you will cross small roadways. Vehicles will be warned of your presence**



Matapeake Run
Distance: 3.09 mi
Elevation Gain: 45 ft
Elevation Max: 46 ft

Notes



0.00 mi	Head south on Clubhouse Dr toward Sonny Schulz Blvd
0.02 mi	Turn left onto Sonny Schulz Blvd
0.04 mi	Head southeast on Sonny Schulz Blvd toward Aquaculture
0.08 mi	Turn right onto Aquaculture
0.19 mi	Head south on Aquaculture
0.23 mi	Turn left
0.33 mi	Head east toward Marine Academy Dr
0.38 mi	Slight right at Marine Academy Dr
0.88 mi	Turn right onto Vestfield Rd

There will be AT LEAST one aide station with Water and Gatorade on the run course. If temperatures dictate, an additional aide station will be added.

DUATHLON RUN 1 – 9/10th of a mile3



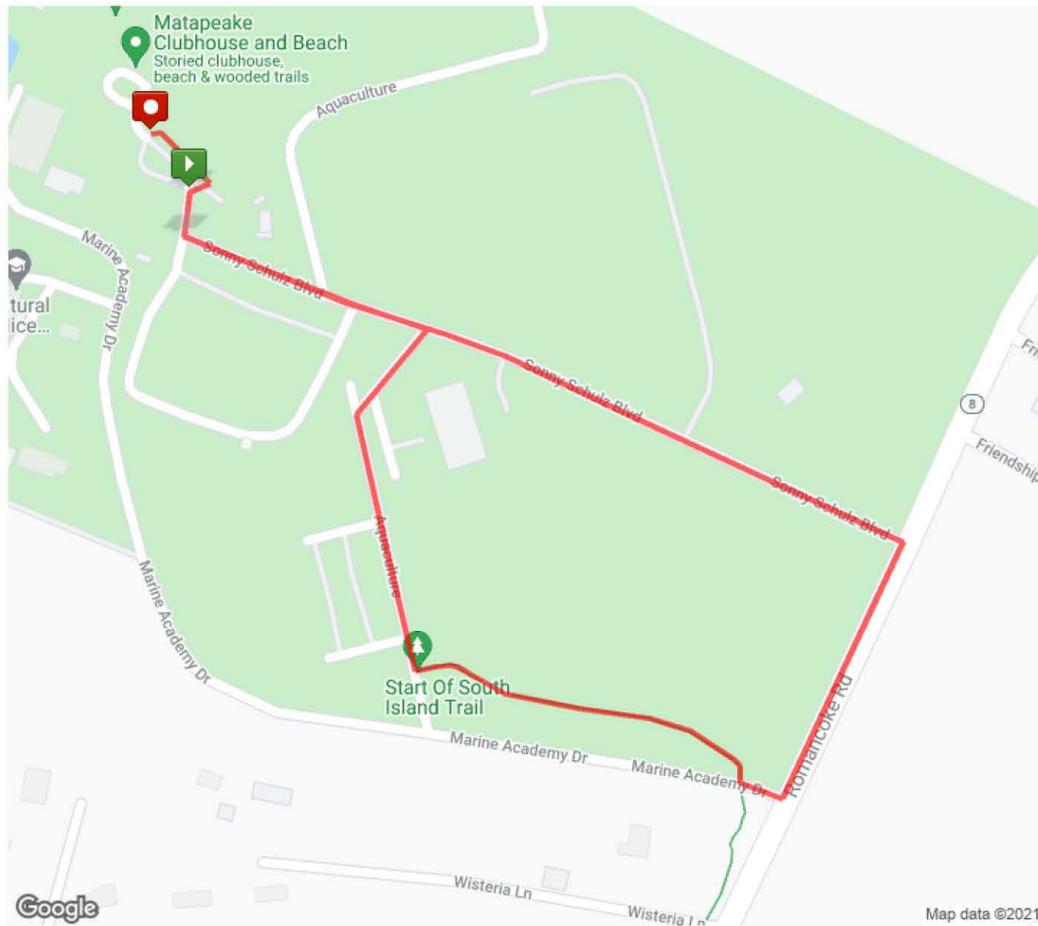
Duathlon Run

Distance: 0.92 mi

Elevation Gain: 14 ft

Elevation Max: 46 ft

Notes



AWARDS

All finishers will receive a medal, commemorating their achievement.

Awards for both Sprint TRIATHLON AND DUATHLON this year!!!

TOP 3 MALE, TOP 3 FEMALE, And Top 3 Male and Female:

- 19 and under
- 20-24 25-29
- 30-34 35-39
- 40-44 45-49
- 50-54 55-59
- 60 -64 65-69
- 70 and Over

Awards for Top 3 Aquabike (Male and Female separate)

Awards for 3 Top Relays

Awards for Top 3 First Responder

Awards for Top 3 Athena

Awards for Top 3 Clydesdale

QUESTIONS?

Any additional questions, please reach out to Jason at Jason@TCREventManagement.com and we look forward to seeing you all on Saturday morning at 6:30am!! Race Starts at 8!!!