

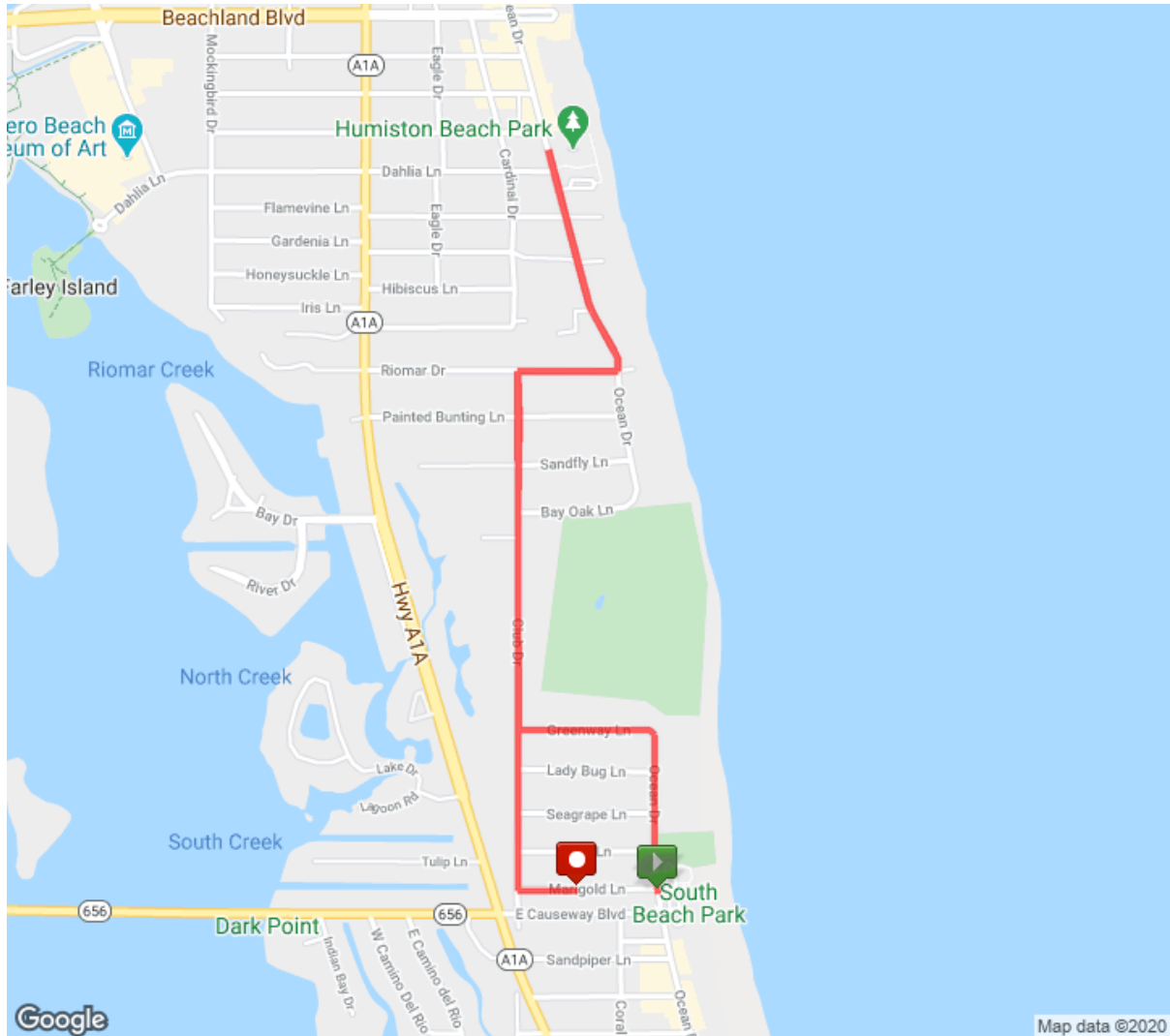


## VB Tri Sprint Run

Distance: 5K (3.10 mi)

Elevation Gain: 31 ft

Elevation Max: 45 f



### Route Directions:

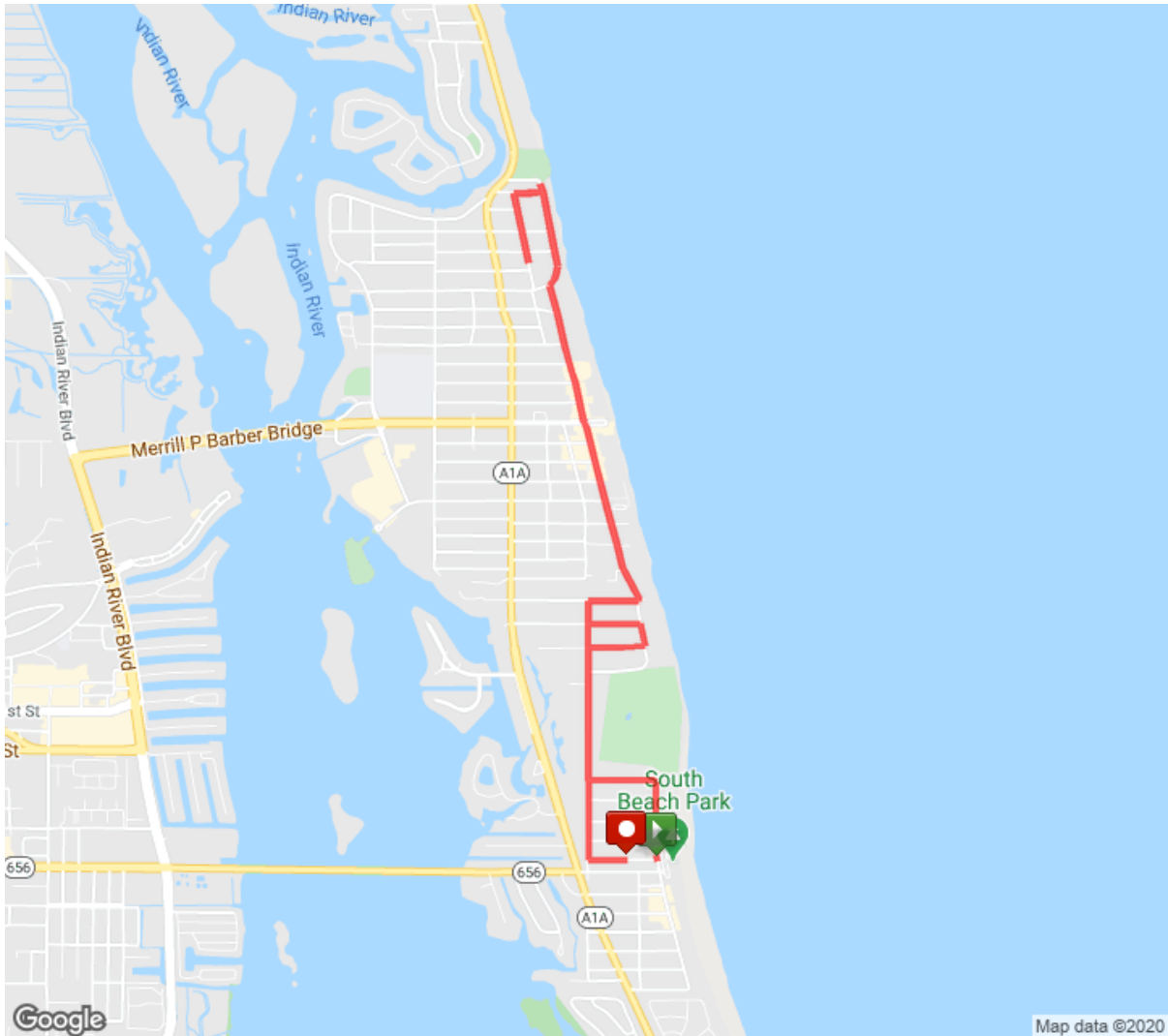
- Start on Ocean Dr. near Marigold
- Head north through cul de sac
- Turn left on Greenway Lane (west)
- Turn right on Club Drive (north)
- Turn right on Riomar Drive (east)
- Turn left on Ocean Drive (north)
- Turn around between Dahlia Lane and Camelia Lane
- Head south on Ocean Drive
- Turn right on Riomar Drive (west)
- Turn left on Club Drive (south)
- Turn left on Marigold Lane to finish

## VB Tri Olympic Run

Distance: 10K (6.2 mi) mi

Elevation Gain: 66 ft

Elevation Max: 45 ft



### Route Directions:

- Start on Ocean Dr. near Marigold
- Head north through cul de sac
- Turn left on Greenway Lane (west)
- Turn right on Club Drive (north)
- Turn right on Riomar Drive (east)
- Turn left on Ocean Drive (north)
- Turn around at Mango Road
- Head south and turn right on Live Oak Road
- Turn left on Silver Palm Drive (south)
- Turn around just before Holly Road
- Head north on Silver Palm Drive
- Turn right on Live Oak Road (east)
- Turn right on Ocean Drive (south)
- Turn right on Riomar Drive (west)
- Make left on Club Drive (south)
- Make left on Painted Bunting Lane (east)
- Make right on Ocean Drive (south)
- Make right on Sandfly Lane (west)
- Make left on Club Drive (south)
- Make a left on Marigold Lane to finish