

USAT Wetsuit Rules

All NCTS Series events will follow the wetsuit guidelines set forth by USA Triathlon. Those guidelines state:

- USAT rules state that competitors may wear wetsuits if the water temperature is 78 degrees or lower.
- USAT rules also state that if the water temperature is between 78.1 – 83.9 degrees, competitors may wear wetsuits but will not be eligible for awards and will not receive any USAT ranking points.
- If the water temperature is 84 degrees or above, participants may NOT wear wetsuits.

For Series scoring purposes:

- If the water temperature is 78 degrees or lower everyone will receive series scoring points.
- If the water temperature is between 78.1 – 83.9 degrees and you elect to wear a wetsuit, you will officially receive “0” points for that event. The event will count towards the minimum number of required events to become eligible for awards.
- If the water temperature is 84 degrees or higher, no one may wear wetsuits and everyone will receive series scoring points.

Wetsuit requirements and recommendations for temperatures below a certain number are for safety reasons.

- If the water temperature is below 65 degree a wetsuit is recommended for any competitor. Any type of wetsuit may be worn, (Long John or Full Suit).
- If the water temperature is below 58 degree a wetsuit will be mandatory for any competitor. Any person who is not wearing a wetsuit will not be allowed to compete. (any wetsuit is acceptable)