

SATURDAY, MAY 17, 2014

REGISTER TODAY!

PEAK 5K

RUN AGAINST HUNGER



**A FAST, RELATIVELY FLAT COURSE ON THE
PERRYVILLE PATH AND QUIET RESIDENTIAL STREETS**



**FREE 1/4 MILE
KIDS FUN RUN**



**THIS RACE BENEFITS THE ROCK RIVER VALLEY PANTRY
NORTHERN ILLINOIS' LARGEST COMMUNITY FOOD PANTRY
CANNED GOODS WILL BE COLLECTED ON RACE DAY**

**LOCATION; PEAK SPORTS CLUB, 4401 PEAK DRIVE, LOVES PARK, IL 61111
TIME: 8:00AM - 5K RACE; 9:00am FREE KIDS FUN RUN (1/4 OF A MILE)**

The race starts and finishes at Peak Sports Club. CHIP TIMING provided by Tri-3 Events
Overall awards for the top 3 males and females and Master's overall male and female. Age group awards 3 deep with 5 year increments!

2014 ROCKFORD ROAD RUNNERS CIRCUIT RACE

**TO REGISTER, VISIT WWW.IMATHLETE.COM OR
FILL OUT THE FORM ON THE BACK OF THIS BROCHURE.**

**NEW THIS YEAR:
\$10 RACE FEE FOR
ANYONE 14 AND UNDER!**

REGISTRATION FORM

PEAK 5K AND FREE 1/4 MILE KIDS FUN RUN RUN AGAINST HUNGER

Name _____ M or F (circle one) Date of Birth _____ Age _____
Address _____ City/State _____ Zip _____
Email _____
Phone _____

Shirt Size (circle one) | ADULT (ages 14 and up): XS S M L XL XXL
YOUTH (ages 14 and under): S M L

Accident Waiver and Release of Liability

I, the undersigned, hereby acknowledge and understand that the athletic event commonly known as the Peak Run for Relief held on Saturday, May 17, 2014, at Peak Sports Club in the City of Loves Park, Winnebago County, Illinois (the "Event"), is an extreme test of individual physical and mental limits and carries with it certain risks including, but not limited to, death, serious injury and property loss, caused by such things as nutrition, hydration, terrain, facilities, weather conditions, equipment, vehicular traffic, actions of other people such as participants, volunteers, spectators, coaches, officials, and/or organizers of this Event. I acknowledge that these risks are inherent in athletic events of this type. I hereby assume all of the risks of participating and/or volunteering in this Event. I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released hereby and/or from dangerous or defective equipment or property owned, maintained or controlled by them. I certify that I am physically fit and prepared to participate in this Event and have not been advised otherwise by qualified medical personnel. I acknowledge that this Accident Waiver and Release of Liability form will be used by the event holders, sponsors and organizers of the Event and that it will govern my actions and responsibilities at the Event. In consideration of my application and allowing me to participate in the event, I hereby take action for myself, my executors, administrators, heirs, next of kin, successors, and assigns as follows:

I expressly and voluntarily Waive, Release and Discharge from any and all liability for my death, disability, personal injury, property damage, and/or property theft, the following entities and/or persons: Winnebago County, City of Loves Park, Peak Fitness, Inc. (d/b/a Peak Sports Club), Peak Real Estate, LLC, Banz Real Estate, LLC, Rockford Road Runners, the Rock River Valley Pantry, the Event organizers, directors, sponsors, volunteers, and any and all equity-holders, officers, directors, employees, volunteers and agents of the foregoing entities/organizations (collectively, the "Released Parties"). Further, I expressly and voluntarily Indemnify and Hold Harmless the Released Parties from any and all liabilities or claims made as a result of participation in the event, whether resulting from one's negligence or otherwise.

I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and/or illness during the Event. I understand that during the Event or related activities, I may be videotaped and/or photographed. I agree to allow my photo, video, film and/or other electronic likeness to be used for any legitimate purpose by the Event holders, producers, sponsors, organizers and their assigns.

This Accident Waiver and Release of Liability shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law. I hereby certify that I have read this document, and I understand its content.

Participant's Signature _____ Printed Name _____ Date _____
Parent or Legal Guardian _____ Printed Name _____ Date _____
(for anyone under the age of 18)

EVENT DETAILS:

Location:

Peak Sports Club, 4401 Peak Dr.
Loves Park, IL 61111

Schedule of Events:

8:00am – 5k Race
9:00am – FREE Kids Fun Run (1/4 of a mile)
9:15am – Awards Ceremony

Entry Fee:

\$25 for pre-registration through May 16th
(\$2 discount for RRR members)
\$30 for race day registration
Technical shirt included
\$10 for children 14 and under
Cotton race shirt included

Send entries and checks payable to:

Rock River Valley Pantry
421 S. Rockton Ave.
Rockford, IL 61102

Awards:

Special awards to the top 3 male and female individuals in each age division & top male and female masters finishers

Age Divisions:

Male & Female: 0-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+

Packet Pickup:

Friday, May 16th inside Peak Sports Club from 5-7pm or on race day at Peak Sports Club from 6:30-7:30am

YOU MAY ALSO SIGN UP AT WWW.IMATHLETE.COM

Brochure design by:
Opus Creative Studio, Inc.