



## Volunteer Registration 2020 Run, Walk 'n' Roll

As a volunteer, you'll have fun and feel a personal satisfaction in helping runners and walkers achieve their goals and support the Coalition for Independent Living, INC and Achilles International. We couldn't do this without you. (Students will be eligible for 3 Community Service hours for race day and 1 hour for mandatory training for a total of 4 hours, unless otherwise noted).

**Deadline to turn in form is January 3, 2020.**

**Volunteer Training and explanation of assignments Sunday, February 23, 2020 4:00-5:00 PM** at Whole Foods

This is so you are informed before the race where to report on race day.

### **Pre Race Marketing: TBA on Saturdays/Sundays**

Attend assigned races that occur before our race to hand out promotional flyers and put on car windshields-we will get cards to you

### **Race Day Parking**

Saturday, February 29, 6:00-7:30 AM

### **Race-Day Registration and Packet Pick-Up**

Register entrants and distribute shirts and numbers.

Saturday, February 29, 5:45 AM-8:30 AM

### **Course Monitors**

Help keep the runners on course and safe. Cheer on runners.

Saturday, February 29, 6:00-9:30 AM

### **Volunteer and Sponsor Check-In**

Setup tables, check in/out sheets, give badges & directions

Saturday, February 29, times 5:45-9:00 AM

### **Race Day Tear Down/Clean Up All Areas**

Breakdown tables and chairs following the event.

Saturday, February 29, from 8:30-10:00 AM

### **Fluid Stations**

Keep the runners fueled.

Saturday, March 7, 6:30-8:30 AM

### **Donation/Raffle Table**

Help arrange items on tables, Monitor items

Encourage people to purchase tickets, Clean Up

Saturday, February 29, 6:30-9:00 AM

### **Race Day Set Up**

Setup tables, tents, Shirts, Donation areas and chairs

Saturday, February 29, times 5:15-8:00 AM

### **Post-Race Refreshments**

Prepare and Serve food and fluids at refreshment tent

Saturday, February 29, 7:00-9:00 AM

### **Finish Line:**

Water and Medal

Saturday, February 29, 7:00-8:30 AM

### **To volunteer for 2020 Run, Walk, n' Roll:**

PLEASE USE: <https://runsignup.com/runwalknroll> to sign up online!

If you don't have access to a computer Please complete & return below form

\*\*\*\*\*REQUEST: PLEASE USE REGISTRATION ON WEBSITE: <https://runsignup.com/runwalknroll> to sign up or print

**Run, Walk 'n' Roll Volunteer Registration Form: Must type or print legible - ALL information is required and must be received by**

Email to [annettejohnson4095@gmail.com](mailto:annettejohnson4095@gmail.com) before **January 3, 2020**

Name \_\_\_\_\_ Age \_\_\_\_\_

School or Organization \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_

Your Email – \*\*\*Mandatory \*\*\* \_\_\_\_\_

**Area(s) I'd like to help. If more than one, indicate preference by number. Please be flexible if you do not get your 1st choice.**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> No Preference, I'll work anywhere!                | <input type="checkbox"/> Post-Race Refreshments      | <input type="checkbox"/> Pre Race Day Marketing         |
| <input type="checkbox"/> Race-Day Registration/Packet Pick-Up              | <input type="checkbox"/> Mid Fluid Station           | <input type="checkbox"/> Race Day Set Up                |
| <input type="checkbox"/> Finish Line-water station (PBD Academy)           | <input type="checkbox"/> Race Day Tear Down/Clean Up | <input type="checkbox"/> Donation/Raffle Areas          |
| <input type="checkbox"/> Race Day Student Photographer (limit 2) 7 AM-9 AM | <input type="checkbox"/> Race Day Parking            | <input type="checkbox"/> Volunteer/Sponsor Check in-out |
| <input type="checkbox"/> Course Monitor                                    |  |   |

**Volunteer Training: Sunday, February 23, 4:00-5:00 PM** - Please arrive 15 minutes before training begins – Details above

Student Signature \_\_\_\_\_

Parent/Legal Guardian's Signature \_\_\_\_\_

**Please check one:**      **Adult** \_\_\_\_\_ **Student** \_\_\_\_\_ **Parent or Legal Guardian MUST sign if under age 18**