

# PIONEER DAY 3rd ANNUAL 5K RUN/WALK and KIDS RUN

**Come support the  
Theresa WI  
American Legion Post 270 Veterans  
as they raise money to put up a Veterans  
Memorial**

**Date: 09/08/2013**

**Time: 8:30-8:50am registration  
9am 5K start  
10:15am Kids run**

**Pre-register by: 08/30/2013**

## Entry fees:

- \$25.00 for pre-registered adult/children run/walkers (13 and older)
- \$20.00 for pre-registered kids run (12 and younger)
- \$30.00 for day of event registration

**We have no age limit, but we do ask for no roller blades, "heelies," or skateboards. Strollers welcome.**  
**There will be a 1/2 mile kids run again this year to follow the 5K**

**The run/walk will start and end at The Theresa Fireman's Park, which is the same location as the Annual Pioneer Day Spanfarkel. Rain or shine.**

**All pre-registered participants are guaranteed a t-shirt that is specially designed for our third annual run/walk. T-shirts for day-of-race registrants will be distributed on a first-come, first-served basis.**

## For more information, contact

**Abby Sauer at [abbylub@yahoo.com](mailto:abbylub@yahoo.com)  
or call 414-737-3211**



## Awards

- Top overall 5K male and female finisher
- Age-group awards in 10 year increments; 19 and under, 20-29, 30-39, 40-49, 50 and older
- Kids awards age groups; 6 years old and under, 7-9 years old, and 10-12 years old
- First male and female veteran to cross finish line
- Everyone gets a T-shirt and meal ticket for the spanfarkel/chicken-on-a-spit dinner

## Refreshments:

Complimentary snacks and beverages will be available for all participants following the race

**Mail registration form  
Or  
Online registration available  
at:  
[https://www.runsignup.com/  
Race/WI/Theresa/  
PioneerDay5Krunwalkroll](https://www.runsignup.com/Race/WI/Theresa/PioneerDay5Krunwalkroll)**

## Mail form and entry fee to:

Miller-Justman-Guelig  
American Legion Post 270  
101 Church Street  
Theresa, WI 53091

Are you a veteran? Yes ☐ No ☐

Race: 5K ☐ Kid's run ☐

Name

Address

Phone

T-Shirt Size: YS, YM, YL, S M L XL XXL

Gender

Age on race day

**Consent and Liability Waiver:** I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in the event, including, but not limited to, falls, contact with other participants, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, waive and release any and all sponsors, their representatives and successors, from all claims or liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of, my participating in this event whether same be caused by negligence or fault. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. Minors accepted only with a parent or guardians signature.

Signature

Date

Signature of parent or guardian if under 18 years of age.

Date