

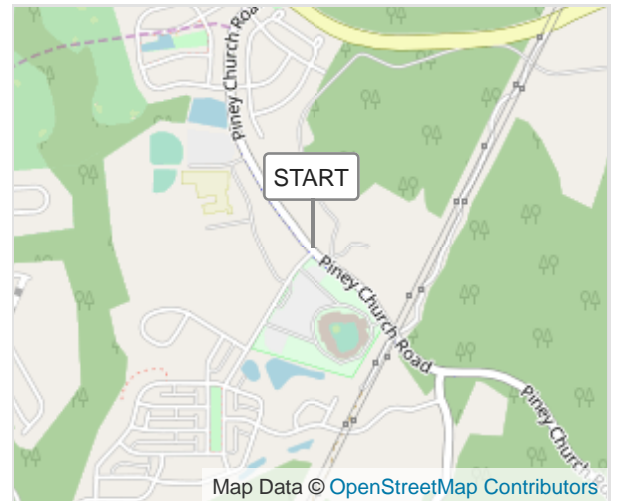


# Norwegian Ruck March

## ROUTE INFORMATION



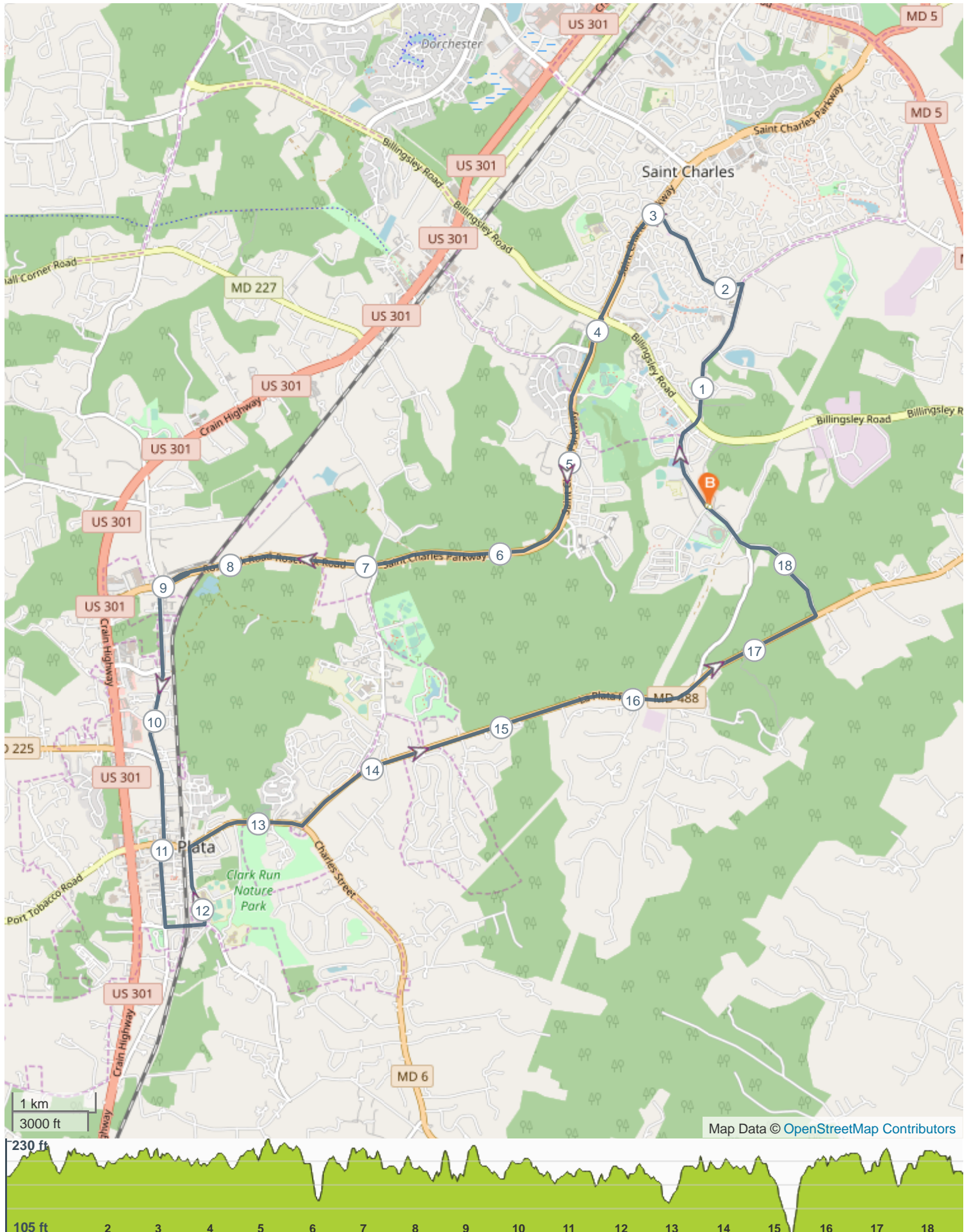
LENGTH	18.704 miles
ASCENT	902 ft
DESCENT	902 ft
HILLS	⬆ 38.0%   ⬇ 37.1%   ➡ 24.9%
TERRAIN	Road <b>A</b>
START	<b>LAT:</b> 38.565162, <b>LNG:</b> -76.904448



## NOTES

Route 1

# Norwegian Ruck March



## ROUTE DIRECTIONS

No	Miles	Turn	Directions
1	0.000		Start on Piney Church Road
2	0.000	←	Turn left onto Piney Church Road
3	1.851	→	Turn right onto Saint Pauls Drive
4	2.760	↩	Make a U-turn onto Saint Pauls Drive
5	2.849	↓	Turn sharp left onto Saint Pauls Drive
6	2.948	←	Turn left onto Saint Charles Parkway
7	3.596		Make a U-turn onto Saint Charles Parkway
8	3.884	↩	Make a U-turn onto Saint Charles Parkway
9	8.521	↓	Make a U-turn onto Rosewick Road
10	8.750	↩	Make a U-turn onto Rosewick Road
11	8.999	←	Turn left onto Washington Avenue
12	10.912	→	Turn right onto Charles Street, MD 6
13	10.923	←	Turn left onto Saint Marys Avenue
14	11.571	←	Turn left onto Glen Albin Road
15	11.846	←	Turn left onto Oak Avenue
16	12.452	→	Turn right onto Charles Street, MD 6
17	13.333	→	Turn sharp right onto La Plata Road, MD 488
18	17.518	←	Turn left onto Piney Church Road
19	18.680		