



3rd Annual JSHS Heart Club 5K COSTUME Run!



- **WHEN:** October 26, 2019 at 9:30 AM
- **WHERE:** Jersey Shore High School Soccer/Track Field
- **COURSE:** The race will start out on Shaffer Lane and then continue onto River Road. Runners will then proceed toward Pine Creek Avenue following it all the way around to Bardo Ave. The race will conclude with runners returning to Shaffer Lane and finishing at the High School Soccer/Track Field.
- **REGISTRATION:** Sign up online at:
parunners.com
Day of the race registrations are from 8:30-9:15 AM
- **FEES:** \$20.00 until October 19th, 2019
\$25.00 Race Day

Pumpkin guaranteed if pre-registered by October 19th, 2019

Make checks payable to JSHS Heart Club and mail to 701 Cemetery Street, Jersey Shore, PA 17740; Attention: Sheena Armbruster

Name: _____ **Age:** _____ **Gender:** M or F

Address: _____ **City:** _____ **State:** _____ **ZIP:** _____

Awards: Prizes will be given to the overall top male and female as well as the top male and female in age categories: 5 and under, 6-10, 11-15, 16-19, 20-29, 30-39, 40+

Waiver: In consideration of you accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I thereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature: _____ **Date:** _____