



Presented by:
Tatiana Akinfiyeva Dance Academy
School of Diamond Dance Company

Tutu Trot

5K Run/Walk



When: Saturday, October 9, 2021 9 a.m., Rain or Shine. Healthy Kids Run (kids 8 & under) starts at 8:55 a.m.

Where: TADA/Diamond Dance Company, 121 N. Washington St. Milford, DE (Registration location)

Course: 5K run/walk will take place one block from dance studio at Milford's Bicentennial Park

Registration: \$25 until Oct 2, \$30 after and on event day. Registration starts 8 a.m. Kiddie K race is FREE! Make checks payable to TADA/DDC & mail to TriSports, 2772 Hazletville Rd, Dover, DE 19904. Contact Ray at 302-674 3213 or email: Races4u@TriSportEvents.Com. Register online at TriSportsEvents.Com.

Silent Hero: Can't make the race but would still like to support this event? Register as a Silent Hero!

Awards: Unique awards for overall male, female and master's winners and top 3 male & female runners in 10 year age groups starting with 14 & under, thru 70 & over. 5K walk awards for top 5 male & female finishers. AWARDS to most festive male & female participants. Ribbons to all Kiddie K finishers.

Amenities: Quality "Tutu Trot 5K" TECH SHIRTS to all participants and volunteers. Post-race festivities include free food and beverage. Results/photos posted at TriSportsEvents.Com

Benefits: Diamond Dance Company is a nonprofit organization comprised of ballet students in the Kent and Sussex County areas and is in its 18th season. Over these past years, Diamond Dance has enabled thousands of school children to share in the magic of the seasonal favorite, The Nutcracker.

This is a TriSports Events Chip Timed Production

-----ENTRY FORM-----

WAIVER AND RELEASE OF LIABILITY: I know that running/walking a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I assume all risks associated with running/walking this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, extreme cold, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry to participate in the 2021 Tutu Trot 5K & Kiddie K Run/Walk, I, for myself and anyone entitled to act on my behalf, waive and release the TriSports Events Management, Tatiana Akinfiyeva Dance, School of Diamond Dance Company, the City of Milford, The State of Delaware and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I hereby give my permission to the event organizers and sponsors to use my name and/or picture in any publication, broadcast, telecast or other account of this event without limitation or obligation of further compensation thereof. By signing this waiver and release I certify that I fully understand its significance. No refunds will be issued.

Age Day of Race _____ Sex: M F T-shirt Size: XS S M L XL XXL

Print Name: _____ Email: _____

Address: _____
 (Street or P.O. Box) City State Zip

Phone: () _____ Circle One: 5K Run 5K Walk Silent Hero

Signature: _____

(All participants must sign waiver - parent or guardian signature required if entrant is under 18)