

VILLE TO VILLE[®]

EXTREME

Leg Difficulty and Ratings

Each leg has been rated using a complex proprietary formula that takes into account the mileage, total ascent, total descent, and ascent per mile. It is recommended that teams use the below chart to decide the order of their team based on strengths, weaknesses, and desires of your runners.

Ratings of 1 are the hardest, 12 the easiest.

Leg #	Distance (miles)	Distance Rating	Total Ascent (ft)	Total Descent (ft)	Difficulty Rating
1	8.10	1	524	370	6
2	6.22	5	400	547	7
3	3.73	10	360	242	10
4	5.33	8	492	485	8
5	6.94	4	1525	278	1
6	3.52	12	246	495	12
7	4.64	9	656	485	5
8	5.74	7	265	364	9
9	7.57	2	770	744	2
10	7.20	3	521	387	4
11	6.00	6	810	882	3
12	3.63	10	347	406	11