

RACE DAY INFORMATION

Welcome to the 23rd Annual YMCA Turkey Dash. Please take a few moments to review the following information. For complete race details, visit the race website by scanning the QR Code.



RACE DAY SCHEDULE

6:45-8:45 am	Packet Pick Up (YMCA Group Exercise Studio – Enter Side Door)
7:30 am	10K
7:50 am	5K
9 am	1 Mile Kids Race
9 am	1 Mile Walk/Run (starts after the 1 mile kids race)
9:15 am	10K Award Ceremony
9:30 am	5K Award Ceremony
7-10:45 am	Post Race Party and Kids Zone



PARKING

Three (3) overflow parking shuttles will run from 6:45-10:50 am on race morning. Overflow parking is located at Super Target (corner of Hwy. 99 and Westheimer Parkway). A bus will leave every 8-10 minutes or as the bus fills and will drop runners off near the west parking lot of the YMCA. Additional parking is available in the The Villagio parking garage and The Fellowship.

****Please refrain from parking in the Kolache Factory lot as they are open for business on Thanksgiving Day and will need their spaces for customers.**

START LINE

10K and 5K participants will be grouped into corrals by registered pace time. Your corral will be listed on your race bib. You may switch to a lower corral, but you may not switch to a higher one.

5K HOLDING AREA

In our ongoing effort to provide you and your family the best race experience, we have a 5K holding area located in the parking lot of Williams Elementary, which will serve several purposes:

- Ensures you are running in the right race and corral
- Provides a designated meeting location before the race for 5K runners, family and friends
- Minimizes crowding during the preparation and start of the 10K
- ** Additional Port-o-Potties will be available ****

All 5K participants should enter the 5K holding area by 7:30 am. Participants will line up in the 5K holding area by corral assignments and led by volunteers to the starting line.

10K HOLDING AREA

In our ongoing effort to provide you and your family the best race experience, we have a 10K holding area located in the west parking lot of the YMCA, which will serve several purposes:

- Ensures you are running in the right race and corral
- Provides a designated meeting location before the race for 10K runners, family and friends
- ** Additional Port-o-Potties will be available ****

All 10K participants should enter the 10K holding area by 7:10 am. Participants will line up in the 10K holding area by corral assignments and led by volunteers to the starting line.

1 MILE KIDS RUN

Participants will start in waves (by grade) as announced over the loud speaker. Please walk your child to the 5K start line and have them in place by 8:50 am. The 1 Mile Kids Run will NOT be timed but all finishers will receive a medal.

TIMING, RESULTS AND AWARDS

10K and 5K participants: Your timing chip is adhered to the back of your race bib and is registered to you so please be sure that you wear your assigned bib on race day. Do not remove the timing chip from your bib. Please be careful not to bend or fold your bib or your chip may not work. Wear your bib on the front of your shirt or shorts. The 10K awards ceremony will begin at approximately at 9:15 am and the 5K ceremony at approximately 9:30 am. The overall male and female of each race will get an award. Top three finishers in each age group will also receive an award. Results will be posted at runsignup.com.

RESTROOMS

Restrooms will be available inside the YMCA (including locker rooms). Port-o-Potties will also be available on the east side of the YMCA and in the 5K and 10K holding areas.

MEDICAL

There will be medics on the course and at the finish line, as well as uniformed police officers on site for your safety.

PHOTOGRAPHY

Event photography will be provided by Race Shots. Check the online photo gallery at RaceShots.net a few days after the race.

BAG DROP

Good Times Running will operate a participant bag drop in the Monty Ballard YMCA Gymnasium from 6:30-10:30 am. Please use the tear tab from your race bib to drop your bag with the Good Times Running team on race day.

YMCA TURKEY DASH COURSE MAP

