



4th of
July

Mini-Marathon 2.6 mile Fun Run/Walk

Tuesday July 4th 2023
11:30am

Race from Monmouth to
Independence, OR

Race proceeds used to support:
Central Lions Club
Ella Curran Community Food Bank
Central High School Athletics
Kelsy Oldham Scholarship

Race Sponsors:



BROOKS & TERRY'S
ESPRESSO



Curves



MONMOUTH
FITNESS CLUB



4th of July Mini-Marathon

First Name: _____ Last Name: _____ Date: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ E-mail: _____ Gender: M or F

Age on July 4th, 2023: _____ Birthdate: _____

Fees: Pre-register before June 15, 2022 Adult: \$20 Youth (9 & under): \$10 June 15—July 3rd Adult: \$25 Youth (9 & under): \$10

Day of Race = \$30 Adults & \$10 (Youth 9 & under) Make checks payable to WVRR. Payment must accompany registration form.

Official Waiver: I know that participating in a road race is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with other participants, the effects of the weather, including chilling conditions, high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and know these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the State of Oregon, Polk County, City of Monmouth, City of Independence, Monmouth Fitness Club, Brooks and Terry's Espresso, Willamette Valley Road Runners, Anytime Fitness, Curves and all other sponsors, their representatives, and successors from all claims and liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, videos, recordings, or any other record of this event for any legitimate purpose. I understand entry fees are non-refundable. No on may enter without signing this waiver.

Signed: _____ Date: _____ (Must be signed by parent or guardian if under 18 years of age).



2.6 mile (mostly downhill) one way race along the route of Independence Day 4th of July Parade. Course starts near the Monmouth City Park area & ends at the Independence Library.

Start time & place: 11:30am Monday July 4th 2023
@ Monmouth City Park Area, near 151 W Main Street, Monmouth OR

Finish location: Independence Library, 175 Monmouth St. Independence, OR

Age divisions:

9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79 & 80+

Dri-fit winner shirt awarded to:

Top Overall Male & Female Runners
Ribbons for top 3 finishers each age group

All other finishes will be announced/ recognized online. No awards ceremony following the race in order to accommodate watching the parade.

Participant Benefits

Finisher Swag Bag
Post Race Snack & Hydration
Water at the start line & half-way point

To Register:

On-Line: <https://runsSignup.com/Race/OR/Monmouth/4thofJulyMiniMarathon>

Mail in: Mini Marathon, 833 N High St.
Monmouth OR 97361

Drop-off locations: Anytime Fitness (Independence), Brooks & Terry's Espresso stands, Monmouth Fitness Club, Curves

Printable registration forms also available online @ www.wvroadrunners.org & www.independencedays.org & drop off locations

Day of race registration only @ Monmouth Fitness Center on Monday, July 4th 8—11am (sharp)
165 Main St. W Monmouth

Bib Pick-up (for pre-registered)

Early pick-up July 3rd(Monday) @ Independence Anytime Fitness from 12—7pm
1369 Monmouth St. Independence, OR

Day of race packet pick up (pre-registered) @ Monmouth Fitness Club 8am—11am
165 E Main St Monmouth, OR

Race Cost

Register before 6/15/23
\$20 Adults & \$10 Youth
(9 & under)

June 16 - July 3rd: \$25 adults & \$10 youth
Day of Race: \$30 Adults & \$10 Youth
(9 & under)



All race proceeds go to support the following local charities & organizations

Central Lions Club

Central High School Athletics

Ella Curran Community Food Bank

Kelsy Oldham Scholarship

Special thanks to:

Race volunteers
Monmouth & Independence Police Departments
Terry Cable, Race Director

Race Results Available @ the Mini-Marathon Facebook Page



www.facebook.com/minimarathonfunrun

Questions?

e-mail us @
4thofjuly@wvroadrunners.org

