



USATF Certification

South Mingo Trail 5k Tulsa, OK – 5,000 meters

Effective Dates



Start/Finish: In TTCU parking lot, in line with the light pole where the parking lot begins to curve around the lawn (GPS 36.0475 -95.8660)

1k: On Cancer Center of America Trail, 24 m N of the Cancer Center of American marquee sign. (GPS 36.0508 -95.8600)

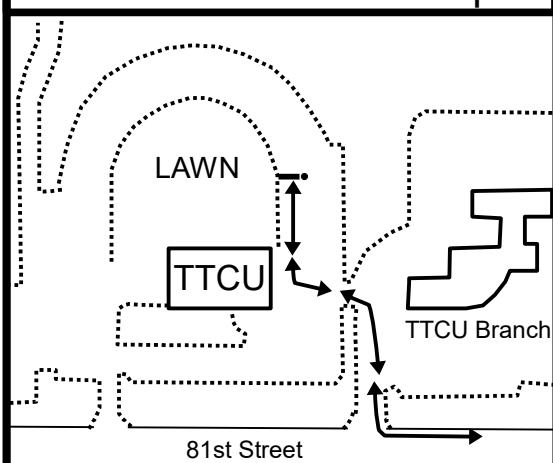
2k: On Cancer Center of America Trail,, 5 m S of the Y where the trail loop starts (GPS 96.9511 -96.8601)

3k: On Mingo Trail, going north, 35 m before the culvert that goes under the trail (36.0588 -96.8601)

4k: On Mingo Trail, 24 m N of the Cancer Center of American marquee sign. (GPS 36.0507 -95.8599)

Turnaround: On Mingo Trail, 2.5 m N of the center of the the culvert that goes under the trail (GPS 36.0593 -95.8603)

Start/Finish Detail Map



Measured by: Martin Updike, I:40 Race Service
Service Measured on 7/10/2019
918-577-1956, martin@i40raceservice.com

Elevations:

Start: 226 m Finish: 226 m
Lowest: 213 m Highest: 226 m

Race Contact: Alisa Andrews
aandrews@upliftedschools.com
918-518-1719

Turnaround Detail Map

