

# IROQUOIS HILL RUNNERS

## *Thanksgiving Day Run*

Runners or walkers can pick their date during Thanksgiving week (Monday, 11/23-Sunday 11/29) and run or walk the five-mile course of their choosing. We'll have the traditional course in Iroquois Park marked, but feel free to make your own. For more information regarding packet pickup, time submission, and other race details, please visit [www.iroquoishillrunners.org](http://www.iroquoishillrunners.org)

Please note: there is a possibility of having an in-person race if we are able to get permission from local authorities. If that's the case, we will notify all participants via email. Those wishing to still to do a virtual race will still have that option.

First name: \_\_\_\_\_ Last name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Birth date (month, date, year): \_\_\_\_\_ Age on race day: \_\_\_\_\_ Sex: \_\_\_\_\_

Shirt size (choose one): XS: \_\_\_\_\_ S: \_\_\_\_\_ M: \_\_\_\_\_ L: \_\_\_\_\_ XL: \_\_\_\_\_ XXL: \_\_\_\_\_

Would you like your shirt and medal (available for the first 300 participants) mailed to you after the race? Yes: \_\_\_\_\_

(If yes, please add \$5 to your registration fee.)

### **IROQUOIS HILL RUNNERS THANKSGIVING DAY RUN 2020 WAIVER**

In consideration of and as a consideration of my participation in the IHR Thanksgiving Day Run, November 23-29, 2020 for myself, my heirs, executors and administrators, I waive and release any claims against the Iroquois Hill Runners, DC Timing, and any and all sponsors and supporters for all claims and damages, demands of actions whatsoever in any manner, as a competition of the event. I hereby grant full permission to any and all of the foregoing to use my name and likeness for any publicity and/or promotional purposes without obligation of liability.

Participant's signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/guardian signature (required if participant is under 18 years of age):

\_\_\_\_\_ Date: \_\_\_\_\_

Entry fees:

\$20 (or \$25 for shipping on shirt and medal) if postmarked by 11/11/2020

\$25 (or \$30 for shipping on shirt and medal) by 11:59 p.m. on 11/25/2020

Please send entry form and payment to:

Iroquois Hill Runners

P.O. Box 14115

Louisville, KY 40214

All mail-in registrations

MUST be

postmarked by 11/11.

Late mail-ins will not be processed.