USATF-NJ Open & Masters 5k Cross Country Championships



Sunday – August 25, 2019 Natirar Park/Peapack Gladstone

Registration: 7:00am USATF-NJ Open/Masters Championship: 9:00am Awards: 10:30am

Pre-Entry received by August 21st Race Day:

USATF-NJ Members: \$27 USATF-NJ Members: \$30

All Others: \$35

(NO SERVICE FEES)

Online Registration Link: https://www.simplyregister.net/register/?e=117010

USATF-NJ Championship Awards to USATF-NJ members and USATF-NJ clubs

Individual: Top 8 Open (16-39 years) Men & Women

Top 3 Masters in 40+ 5-year age groups Men & Women

Top 3 Junior (14-19) Men & Women

Team: Top 3 Open and Masters Age Group Teams in each division

Men: Open, 40's, 50's (declare up to 10; score 5); Men's 60's, Men's 70's, 80's (declare up to 6; score 3)

Women: Open (declare up to 10; score 5); 40's, 50's, 60's, 70's, 80's+ (declare up to 6; score 3)

Directions to Natirar Park: From Route 78 to 287

Follow Route 78 west to Route 287 North (Exit 29)

Take Route 287 North to Exit 22B (Route 202/206 North)

Take Route 202/206 North to the split and bear right to stay on Route 202

Take Route 202 to the first light

At the light make a left onto Main Street (still Route 202)

Take Main Street approximately ½ mile across the North Branch River to the first light

Make a left onto Peapack Road (Route 512)

Take Peapack Road approximately 1 mile to the main entrance

287 South: Take Exit 22 and follow above directions

For information or questions: <u>managingdirector@newjersey.usatf.org</u> or 973-334-8900 No Headphones allowed during this race!

Check or Money Order <u>MUST</u> accompany entry form Mail Entries Payable to: USATF-NJ XC 5k, 150 River Road, Suite N-3, Montville, NJ 07045

Last Name:	First Name: _		Gender:
Address:		Date of Birth:	
Town/City:	State:	Zip:	Age on Race Day:
2019 USATF-NJ#:			
Signature (Parent or Guardian if under 18 years old)		Date	