



# 2013 City of Lenoir Triathlon

Lenoir, NC • August 31, 2013 • 8:00am

ONLINE REGISTRATION AVAILABLE at [www.lenoirtri.leetiming.com](http://www.lenoirtri.leetiming.com)

## TRIATHLON ENTRY FORM

Please write legibly and fill in all blanks. Failure to fully and accurately complete this form may adversely affect the timeliness and accuracy of the race results. We're sorry, but entries deemed incomplete or illegible by the organizers of this event may be declined.

**Registrations postmarked by 08/26: \$65 Individual / \$95 team; Day of Race: \$75 ind. / \$115 team**

**Shirts are guaranteed only to participants registered on or before August 23**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Birth Date \_\_\_\_\_  
MM/DD/YYYY

Street Address \_\_\_\_\_ City/State/ZIP \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_ E-Mail Address \_\_\_\_\_

☐ Male ☐ Female Shirt Size ☐ S ☐ M ☐ L ☐ XL Age on Race Day \_\_\_\_\_

Weight \_\_\_\_\_ (For Clydesdale and Athena Awards eligibility) 100 Meter swim time: \_\_\_\_\_  
(MM:SS)

### TEAM REGISTRATION

Each team will consist of one swimmer, one cyclist, and one runner. Each participant must complete his or her own entry form, and identify which leg he or she will take. The swimmer must indicate an expected 100 meter swim time for proper seeding. All three forms must be submitted together with one check for the team entry fee.

Team Name \_\_\_\_\_ Leg ☐ Swim ☐ Bike ☐ Run

Team Captain \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Emergency Telephone No. (\_\_\_\_) \_\_\_\_\_

*WAIVER: I fully understand that running a road or trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained to safely complete the event for which I am submitting this entry form and fee. I agree to abide by any decision of a race official relative to my ability to safely complete this run within the designated time limit. I further agree to surrender my race bib and timing chip (if timing chips are assigned to participants in this event) to any race official if directed to do so for any reason. I assume all risks associated with participating in this race, including, but not limited to: falls; contact with other participants; runners; bikers; horses and other animals; the effects of weather, including heat, cold, or precipitation; vehicular traffic; the condition of the roads and/or trails; all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone for whom I am entitled to act waive, release, and hold harmless the City of Lenoir, all other sponsors and property owners, Lee Timing LLC, and all the agents, employees, officers, directors, and volunteers working for those entities from all claims and liabilities of any kind arising out of or related to my participation in this event. I also understand that baby joggers or strollers, roller skates, and pets are not allowed on the course at any time during this event. I understand and acknowledge that in exchange for my acceptance into this event I am willingly assuming full responsibility for the care of the timing chip I am assigned for this event, and promise to return it to finish line officials immediately upon completion or withdrawal from the event. I understand and agree to be held personally responsible and pay the race organizer a \$30 replacement fee for the timing chip if I fail to return it to finish line officials or Lee Timing LLC within 48 hours of the event.*

Signature of Entrant \_\_\_\_\_ Date \_\_\_\_\_ Signature of Parent or Guardian if under 18 \_\_\_\_\_

**Make checks payable to LAFC and mail to:**  
Lee Timing LLC • PO Box 2178 • Morganton, NC 28680

Amount Enclosed: \$