

## **NOTICE:**

The second annual Race 4 Recovery will be held Sunday on September 29, 2019. Runners will be running through downtown Rockville and the West End neighborhood during the race.

The Race 4 Recovery 5K is an annual run/walk event that is based on providing immediate action to those threatened from addiction and overdose. This run/walk is to promote awareness, break down stigmas associated with addiction, honor those that have been lost, and support those who currently are in the fight.

For the safety of our participants, we will be using road closures but with the aim to disrupt traffic and operations in the area as minimally as possible. The race starts at 8:00am all roads will be re-opened by approximately 9:30am.

To allow for safety of runners and volunteers in the start and finish area, Gibbs Street between Middle Lane and Beall Avenue will be closed to vehicle traffic from 6:00am to approximately 9:30am.

In addition, the following roads will be used during the race. All roads will close at 7:30am and will re-open as soon as runners and volunteers have cleared through each section of the course. Course marshals will assist residents needing access to their homes and egress from the neighborhood to do so in a manner that ensures the safety of runners, volunteers and motorists. Please review the attached map for more detail.

- Beall from Gibbs to Nelson
- Owens Street from Beall to Wilson
- Carr from Mannakee to Owens
- Mannakee from Carr to Wilson
- Wilson from Mannakee to Owens

We are sorry for any inconvenience this may cause and will return traffic to normal as quickly as possible.

Please contact us with any questions.

Karen Kincer, Race Director

http://www.theknight-foundation.org/the-race-4-recovery-5k/racedirector@TheKnight-Foundation.org
301-910-2997

## 5K

Sunday, September 29, 2019 \* 8:00 AM Rockville Town Center

Course Map and Description

The Race4Recovery will start and finish on Gibbs Street in Rockville Town Center. Runners will make a left turn onto Beall Avenue and proceed west on Beall, through Henderson Circle, to Owens Street. At Owens Street, runners will turn right and proceed to Carr Avenue, turning right onto Carr. Runners will then turn left onto Mannakee Street, utilizing the left-hand side of the street and will turn left onto Wilson Avenue. From Wilson, runners will take an almost immediate left onto Owens Street, proceeding back to Beall. At Beall, runners will take a left and proceed east on Beall back to Gibbs and finish on Gibbs, near the square.



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