

helpers.

SIGNATURE: _____

44th Annual Ron Shields Perry 5000 5k & One-Mile Walk & Fun Run September 9th 2023 - 9:30 a.m New Bloomfield, PA 17068

We have permanently changed the race to Ron Shields Perry 5000, in honor of Ron Shields! LOCATION: STARTING/ENDING AT CENTER SQUARE, NEW BLOOMFIELD, PA (Routes 34 & 274) MAIN SPONSOR: CENTRAL PENNSYLVANIA REHABILITATION SERVICES (CPRS) **BENEFIT:** The New Bloomfield Fire Company RACE DIRECTORS: Scott Kerstetter - Robert Nickel 5K AWARDS: Medals to the top two of each age group. CASH REWARD for breaking the course record. COURSE RECORDS: Male: Kevin Ruch (15:14) - Female: Iulie Bowers (17:54) AGE GROUPS FOR BOTH MALE & FEMALE: 13 and under, 14-19, 20-29, 30-39, 40-49, 50-59, 60+ ONE MILE WALK – Starts at the same time as the Fun Run, after the 5k. FUN RUN – Medals to all the participants. **ENTRY FEE:** \$25 without shirt or \$35 with shirt while they last. Active Military have free registration or \$10 with a shirt. Late Registration: \$30 without shirt or \$40 with shirt while they last. WALK RACE - Same as above. FUN RUN - free for kids without shirt or \$10 with shirt FOR INFORMATION EMAIL: pecoroadrunners@gmail.com Make checks payable to Perry County Road Runners P.O. Box 472 MAIL TO: PCRR Total amount enclosed: \$_____ New Bloomfield, PA 17068 STREET: _____ STATE: ____ ZIP: _____ PHONE: _____ SHIRT SIZE: Small () Medium () Large () XL() RACE SELECTION: 5K() Walk() Fun Run() Email Address: ______ PARTICIPATION AND WAIVER STATEMENT I hereby assume all risks to my participation in this Perry 5000. I release myself, my heirs, and executives from any claim against the Perry County Road Runners Club, New Bloomfield Fire Company, and all sponsors and

(Parent's signature if participant is under age 18)