



5k Virtual Run

Deadline: August 16

Contact: 417-890-7200

info@fleetfeet.springfield.com

Entry fee: \$20 T-Shirts: \$15

The Meteor Run 5k, celebrates the Perseid Meteor shower, one of the brightest and most numerous meteor showers of the year.

What is a Virtual Run? It's a race you complete whenever and wherever you want but you still get an awesome medal. Participants can walk, run or use a treadmill on their own time or with friends. Virtual runs also have a strong charitable component; Meteor Run will donate 10% of each entry fee to the Discovery Center.

T-shirts are available for an additional \$15 during signup.

Post the number of meteors sighted during your run, and your Garmin/Strava/Runkeeper time on the Facebook page for bragging rights.

We will be doing an un-official late evening fun-run to nab the mileage for Meteor Run Thursday, August 15; anyone who is interested can find more information on the Meteor Run website.

You can pick up your medal (and shirt if you purchase one) at Fleet Feet Springfield, or have them shipped to you if you are running in a different city. Medals will be available for pickup starting Saturday, August 17th. Shirts will be available for pickup starting Saturday, August 30. See the T-shirt and medal designs below.



First Name: _____ Last Name: _____

Address: _____ City/State/Zip: _____

Phone: _____ E-mail: _____

Emergency Contact: _____ Emergency Contact Phone: _____

Gender: Male Female

Age: _____

T-shirt Size (unisex): *XS Small Medium Large XL XXL* Date of Birth: _____

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all right and claims for damages or injuries that I may have against the Event Director, RunSignUp.com, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typical found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition.

In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization.

By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver.

Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes.

Participant Signature: _____ Date: _____



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