



12TH Annual Bulldog 5K Run & Walk

Date: Sunday, September 1, 2019

Where: Village Green, Terrace Park, Ohio

\$25 pre-registration, RACE ONLY, by 8/15/19 ~ \$12 Youth Registration (12 and under)

Registration: **7:00 AM** \$30 (adult) \$15 (kids) race day registration after 8/15, RACE ONLY

5K Run/Walk: **9:00 AM** Start location is at the Gazebo on Elm Avenue

Awards: **10:00 AM**

Race Categories

- Male Runners: 10/Under, 11-16, 17-19, 20-20, 30-39, 40-49, 50-59, 60-60, 70/Over
- Female Runners: 10/Under, 11-16, 17-19, 20-20, 30-39, 40-49, 50-59, 60-60, 70/Over
- Overall Male and Female Finishers
- Top Two Terrace Park Finishers
- Big Bulldog Men: 220 lbs. & Over

All proceeds support the Terrace Park Recreation Commission, Inc.

Make checks payable to TERRACE PARK RECREATION COMMISSION

Mail to: 806 Princeton Drive, Terrace Park, OH 45174

FOR COMPLETE RACE INFO OR TO REGISTER ONLINE, GO TO:

<https://runsignup.com/Race/OH/TerracePark/TheBulldog5KatTerracePark>

Only one entrant per entry form. You can register on-line between 2 and 8 people in a single transaction.

Name _____ Age (As of race day) _____

Address _____ City _____ Zip _____

Email _____ Sex: M or F

Age Division (Run) _____ Age Division (Walk) _____ Men's Big Bulldog _____

\$18 T-Shirt (Performance T-Shirt until 8/15/19)

Circle Shirt Size: S M L XL YS YM YL

THE FOLLOWING MUST BE SIGNED:

IN CONSIDERATION FOR THE ACCEPTANCE OF MY ENTRY, I, FOR MYSELF, MY EXECUTORS, ADMINISTRATORS AND ASSIGNEES DO HEREBY RELEASE AND DISCHARGE TERRACE PARK RECREATION COMMISSION, THE VILLAGE OF TERRACE PARK, TPRC BOARD MEMBERS AND ALL SPONSORS AND INDIVIDUAL ASSISTING IN THE PRESENTATION OF THIS RACE FROM ALL CLAIMS OF DAMAGES, DEMANDS AND ACTIONS WHATSOEVER IN ANY MANNER OR GROWING OUT OF MY PARTICIPATION IN THIS EVENT. I HEREBY ATTEST AND VERIFY THAT I HAVE FULL KNOWLEDGE OF THE RISKS INVOLVED IN THIS RACE, THAT I ASSUME AND PAY MY OWN MEDICAL AND EMERGENCY EXPENSES IN THE EVENT OF ACCIDENT ILLNESS OR OTHER INCAPACITY, REGARDLESS OF WHETHER I HAVE AUTHORIZED SUCH EXPENSES, AND THAT I AM PHYSICALLY FIT AND SUFFICIENTLY TRAINED TO PARTICIPATE IN THIS RACE.

Signature _____ Date _____ Under 18 Parent Signature _____

In Case of Emergency, Contact/Phone: _____