



Hello Team Be Happy and aspiring new members! We're down to a month and a half to [race day](#)! I couldn't be more excited to have August 15th coming up so soon. As a runner and competitor myself it has been so exciting to have live racing coming back "full speed" ahead..pun intended... And whether you [run everyday](#) or [have never run](#) in your life there's no time like the present to get out there and start! All levels are welcome to join: walk, run, jog, or get pushed in a stroller...our goal is to give you a great experience and to raise money for cancer while doing it! The Team Be Happy message is that of [HOPE and support](#) - we hope you will join us and help support those who need it most.



We're marking the third year for our event! As Team Be Happy grows



we want to get to know YOU! Tell us about yourselves. Why do you run? What inspires you? Has cancer touched your life in some way? Is there someone in your life you want to honor by running with us, [email me](#) or message us on social media. Follow us on [Facebook](#) and [Instagram](#) to hear our stories and to see your stories featured!

Each week we'll spotlight one of the OG's of Team Be Happy and a new member of the crew so we can get to know each other a little better. Plus, stay tuned for tips from Landen Paul, our junior race ambassador, as he documents his race day training for [his mommy's](#) race on [YouTube](#)!



In addition to raising money to support those living with cancer and those working to fight cancer, we also strive to give you a great race experience. We listen to your feedback and try to build upon past years' races so that, whether this is your first race with us or you're a dedicated team member, each year provides something new and exciting.

Stay tuned for a sneak peak at some of our awesome race swag, and to learn more about our other Be Happy community events!!
For now, get your [registration](#) in - We are looking forward to seeing you!

